

# 2013 FALL RECREATION GUIDE

*Creating Community  
Through People,  
Parks & Programs*

**FALL  
CAMPS!**

See pages 38-41

## SKATEBOARDING

SEE PAGE 29



Platinum Sponsorship

# AQUA ADVENTURE SCHOLARSHIP SPONSORS



## City of Fremont Parks and Recreation 2013 Scholarship Program

*Aqua Adventure Waterpark would like to thank these organizations for their support of our scholarship program. Through their donations, scholarships were available for low income children living in the City of Fremont so they could enjoy the Aqua Adventure Waterpark and swim lesson programs.*



Gold Sponsorship



Jack Jweinat  
[YourGlenmoorRealtor.com](http://YourGlenmoorRealtor.com)  
(510) 378-8580



onys  
DENTAL HEALTH PLAN

Silver Sponsorship



### "Wags & Whiskers"

Aug 2 - 31  
Opening Reception  
Friday, Aug 2  
7:00-9:00 p.m.

### "Some Assembly Required"

Sept 13- October 12  
Opening Reception:  
Friday, Sept 13  
7:00-9:00 p.m.



## Olive Hyde Art Gallery Exhibition Schedule

123 Washington Blvd. (corner of Mission Blvd.)  
Hours: Thursday - Sunday, 12:00-5:00 p.m.  
510-791-4357 / [www.fremont.gov](http://www.fremont.gov)

### "Perceptions"

Works in Photography  
Oct 25- Nov 16  
Opening Reception:  
Friday, Oct 25  
7:00-9:00 p.m.

Olive Hyde Art Guild

### "Holiday for the Arts"

Gala Reception:  
Friday, Dec 5  
5:30-9:00 p.m.

### Show & Sale

Saturday / Sunday | December 7 & 8  
10:00 a.m. - 5:00 p.m. | Free Admission



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### Fall Recreation Guide 2013

**Creating Community  
Through People,  
Parks & Programs**

**For general registration  
Information, call  
(510) 494-4300**

The program listings and fees in this publication are subject to change.

*Project Coordinator*  
**Mary Lou Gardner**

*Assistant Project Coordinator*  
**Tracey Leung**

## Trick or Treat on Safety Street

**Ages up to 9**

**For more info, call (510) 494-4344**

Come visit a trick or treat wonderland, where children can travel to miniature houses in Halloween Town gathering goodies without the worries of being out in the streets. Enjoy snacks at Alice's Wonderland Tea Party, car crafts at the Radiator Springs Auto Repair shop, kids carnival booths at Super Hero City (home of the Avengers and Justice League), and play in the Where the Wild Things Are pre-school rumpus room. Bring your camera for family photos throughout the building. Tickets are required for children. Two adults per family have free entry but must accompany children with paid admission. Additional adults are \$2. At the Door tickets (if not sold out in advance) are \$15 per child. Limited enrollment per time period.

BAR	AGE	LOC	DATE	TIME	DAY	FEE
189742	Up to 9	CCC	Oct25	5:00PM-7:00PM	F	\$9
189743	Up to 9	CCC	Oct25	5:30PM-7:30PM	F	\$9
189744	Up to 9	CCC	Oct25	6:30PM-8:30PM	F	\$9
189745	Up to 9	CCC	Oct25	7:00PM-9:00PM	F	\$9

### ADDITIONAL ADULT TICKETS

BAR	AGE	LOC	DATE	TIME	DAY	FEE
197576	All Ages	CCC	Oct25	5:00PM-7:00PM	1 F	\$2
197577	All Ages	CCC	Oct25	5:30PM-7:30PM	1 F	\$2
197578	All Ages	CCC	Oct25	6:30PM-8:30PM	1 F	\$2
197579	All Ages	CCC	Oct25	7:00PM-9:00PM	1 F	\$2



# ACADEMIC ENRICHMENT

## Nurture Kids After School Program

K-8th grade NEW

For more information call (510) 791-4351

See Barcode for ages

Nurture Kids will provide your children with academic activities afterschool at its Fremont Hub location. They have both academic and enrichment and extra-curricular activities and will cover 2-3 activities each day. The classes are grouped according to age range and each class varies from 45 min. to 1 hour. The following activities are done each week. Homework help, reading club, fun with science, Bollywood dance, math club, arts and crafts, theatre, chess, yoga, and much more. One-time, non-refundable \$75 material fee paid directly to Nurture Kids.

The City can also provide your child with 4 and 5 day a week options each month (please call the number listed above for more information). No class on Sept.2, Nov.28, 29 and Dec.24,25,31. During Thanksgiving Week(Nov.25,26,27) and Winter break (Dec. 23,26,27,30) there will be a day camp program from 9:00 a.m.- 3:00 p.m. that will be \$25 per day for participants currently registered in that month's afterschool program. Call the number above to register with camp priority.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197427	K	Nurture Kids	Aug28-Sep30	11:45AM-6:00PM	13	W,F,M	\$515
197428	K-6th	Nurture Kids	Aug28-Sep30	3:00PM-6:00PM	13	W,F,M	\$369
197429	7th-8th	Nurture Kids	Aug28-Sep30	2:30PM-6:00PM	13	W,F,M	\$389
197432	K-6th	Nurture Kids	Oct2-30	3:00PM-6:00PM	13	W,F,M	\$369
197431	K	Nurture Kids	Oct2-30	11:45AM-6:00PM	13	W,F,M	\$515
197433	7th-8th	Nurture Kids	Oct2-30	2:30PM-6:00PM	13	W,F,M	\$389
199376*	K	Nurture Kids	Nov1-Nov27	11:45AM-6:00PM	13	W,F,M	\$515
199377*	K-6th	Nurture Kids	Nov1-Nov27	3:00PM-6:00PM	13	W,F,M	\$369
199378*	7th-8th	Nurture Kids	Nov1-Nov27	2:30PM-6:00PM	13	W,F,M	\$389
199379	K	Nurture Kids	Dec2-Dec30	11:45AM-6:00PM	13	W,F,M	\$515
199380	K-6th	Nurture Kids	Dec2-Dec30	3:00PM-6:00PM	13	W,F,M	\$369
199381	7th-8th	Nurture Kids	Dec2-Dec30	2:30PM-6:00PM	13	W,F,M	\$389

\*Includes Tuesday, Nov. 26

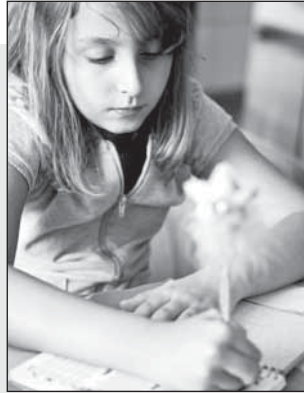
## Introductory Chess for Beginners

Ages 5-13 NEW

For more information, call (510) 791-4318

This course provides instruction for students brand new to chess. Participants will be instructed in the movement and value of each chess piece along with the fundamental concepts of check, checkmate, and stalemate. By the end of the session, children will have a firm grasp on the core principles of chess; controlling the center, developing pieces, and protecting the king. Students will also learn special rules such as castling, pawn promotions, and en passant, all in a fun, learning-conducive environment. This class provides the skill sets necessary to advance into the intermediate class. No class Nov 11 & 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198726	5-13	CPVSC	Sep4-Dec4	4:30PM-5:30PM	13	W	US Chess Mates	\$169
198704	5-13	WSSC	Sep9-Dec16	4:30PM-5:30PM	13	M	US Chess Mates	\$169



## Intermediate Chess for Beginners

Ages 5-13 NEW

For more information, call (510) 791-4381

This course provides students, already familiar with the basic elements of chess, with a platform by which to expand their chess skills. Participants will learn to utilize special tactics such as forks, pins, skewers, discovered attacks and smothered mates. Chess players will study well-known openings and traps, using them to expand their capabilities into advanced level play. No class Nov. 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198727	5-13	WSSC	Sep6-Dec6	4:30PM-5:30PM	13	F	US Chess Mates	\$169

## Chinese Immersion

All ages

For information call (510) 790-5546

The City of Fremont Recreation Department is teaming up with United Education Youth Schools to bring you a comprehensive Chinese Immersion Program. We provide your children Mandarin classes in a complete Chinese environment that your children are able to master a new language and a new culture. The classes center around particular themes. Through singing, dancing, drawing, playing games, listening stories, and doing hands-on projects, the students will have a good idea of Chinese language and culture. For information about United Education, or in depth information about the curriculum, contact United Education at [www.uyes.org](http://www.uyes.org) or administrator@uyes.org or (510) 386-5828.

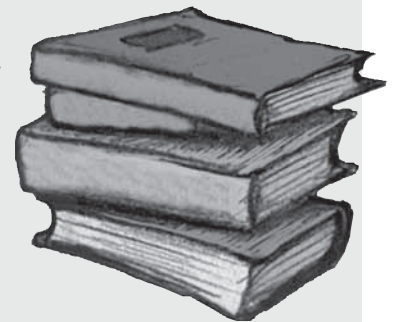
BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196623	All Ages	CWEC	Sep7-Oct19	9:30AM-11:30AM	7	Sa	\$159
196624	All Ages	CWEC	Oct26-Dec7	9:30AM-11:30AM	7	Sa	\$159

## Warm Springs After School Care and Homework

Grades K-6th

For more information, call (510) 791-4318

Worried that your child is not getting enough academic support in after school care? Here is your solution! Our enthusiastic and experienced staff provides students quality care and homework support. This unique program's low student/tutor ratio provides daily homework assistance, well-structured daily curriculum, nutritious snacks, and exciting fun activities at the Warm Springs Community Center. Free pick up from James Leitch Elementary School and Warm Springs Elementary School (including early release days). No class Sept. 2, Nov. 11, 25-29, Dec. 23-Jan. 3.



BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198686	Grades K-6th	WSSC	Aug28-Sep25	3:00PM-6:00PM	20	M-F	\$349
198687	Grades K-6th	WSSC	Sep26-Oct23	3:00PM-6:00PM	20	M-F	\$349
198688	Grades K-6th	WSSC	Oct24-Nov21	3:00PM-6:00PM	20	M-F	\$349
198689	Grades K-6th	WSSC	Nov22-Jan9	3:00PM-6:00PM	20	M-F	\$349

# COMMUNICATION ACADEMY

For registration questions, call (510) 494-4344.

For curriculum questions, call (408) 777-8876 or check out [communicationacademy.com](http://communicationacademy.com) for details.

## FREE Communication Academy Open House

BAR	LOC	DATE	TIME	#	DAY	INST	FEE
197594	IRCC	Sep14	1:00PM-2:00PM	1	Sa	CA	\$0
197595	IRCC	Sep28	1:00PM-2:00PM	1	Sa	CA	\$0

## Academic Writing and STAR Prep: Narrative

Ages 5-11

Tackle that STAR test with confidence! Narrative Writing is specifically designed to prepare students for the STAR test while strengthening their writing skills. Students learn the elements of narrative composition and practice narrative writing in various styles. They focus on six skills: organization, voice, content, clarity, sentence fluency, and grammar/mechanics. The curriculum features directed writing strategies, examples from past STAR tests, and a strong grammar component. Experienced educators, detailed feedback! \$25 material fee due first class. No class Oct. 31, Nov. 27 and 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197587	5-6	IRCC	Oct2-Dec11	4:00PM-5:00PM	10	W	CA	\$255
197588	7-8	IRCC	Oct2-Dec11	5:15PM-6:15PM	10	W	CA	\$255
197589	9-11	IRCC	Sep26-Dec12	5:15PM-6:15PM	10	Th	CA	\$259

## Math Olympiad & Enrichment

Ages 7-8 and 9-11

Math Olympiad stimulates a student's love for math while introducing and sharpening analytical skills. Featuring challenging word problems from previous Math Olympiad tests, our ongoing Math Olympiad Series is designed to help students strengthen math intuition and master creative problem solving strategies. Students become proficient in problem solving techniques, discover the fun of math, and increase Math Olympiad scores. DIFFERENT TOPICS covered each quarter. Taught at age-appropriate level. Experienced instructors, small classes. \$30 material fee due at first class. No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197590	7-8	IRCC	Oct5-Dec14	1:00PM-2:00PM	9	Sa	CA	\$255
197591	9-11	IRCC	Oct5-Dec14	2:15PM-3:45PM	9	Sa	CA	\$390

## Combination Classes

These combination classes, offering two fun and valuable courses back-to-back from Communication Academy. Parents maintain peace of-mind by dropping children off only once for an extended period of time so students can learn two important skills in one sitting. Space is limited. See individual class descriptions for more specific information. Save up to \$49 when you enroll in the combo class option. Material fees range between \$40-\$50.

## Pre-Public Speaking and Academic Writing

Ages 5-6 and 7-8

\$40 material fee due at first class. No class Nov. 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197596	5-6	IRCC	Oct2-Dec11	4:00PM-6:15PM	9	W	CA	\$459
197597	7-8	IRCC	Oct2-Dec11	4:00PM-6:15PM	10	W	CA	\$459



## Pre-Public Speaking: Confident Speech

Ages 5-6 and 7-8

Want your child to be an effective class participant and successful public speaker? Confidence is the key! Confident Speech lays the foundation for strong speech skills. Students learn how to overcome nervousness, speak loudly and clearly, use nonverbal communication, organize ideas, recognize the structure of a speech, and utilize effective visual aids. With continuous practice and personal guidance, students build confidence and reduce anxiety. Small class, detailed feedback, and professional coaches! \$15 material fee due first class. No class Nov. 27 and 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197584	5-6	IRCC	Oct2-Dec11	5:15PM-6:15PM	10	W	CA	\$255
197582	5-6	IRCC	Oct5-Dec14	1:00PM-2:00PM	9	Sa	CA	\$255
197585	7-8	IRCC	Oct2-Dec11	4:00PM-5:00PM	10	W	CA	\$255
197583	7-8	IRCC	Oct5-Dec14	2:15PM-3:15PM	9	Sa	CA	\$255

## Public Speaking: Informative Speech

Ages 9-11

What is crucial to success in school and personal life? Good communication! Informative Speech drills the essentials of clear and effective presentation. While students create a speech on a topic of their choice, they learn how to manage public speaking anxiety, research thoroughly, develop informative content, organize ideas clearly, achieve excellent vocal and physical delivery, utilize powerful visual aids, and practice effectively. Most importantly, students develop the confidence they need to excel inside and outside the classroom. Small class, detailed feedback, and professional coaches! Final speeches on DVD. \$25 material fee due at first class. No class Oct. 31 and Nov. 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197586	9-11	IRCC	Sep26-Dec12	4:00PM-5:00PM	10	Th	CA	\$259

## Pre-Public Speaking and Math Olympiad

Ages 7-8

\$50 material fee due at first class. No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197598	7-8	IRCC	Oct5-Dec14	1:00PM-3:15PM	10	Sa	CA	\$449

## Public Speaking and Academic Writing

Ages 9-11

\$50 material fee due at first class. No class Oct. 31 and Nov. 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197601	9-11	IRCC	Sep26-Dec12	4:00PM-6:15PM	10	Th	CA	\$465



## ACADEMIC ENRICHMENT, Continued

**PE made EZ for Homeschoolers** Ages 6-15

For more information, call (510) 791-4334

This class is NOT your typical P.E. class. Sign up today for this unique experience. We will incorporate all of the essentials needed for a structured Physical Education class along with non-stop FUN! Come join in a variety of sports and games! Everything your child needs to stay active and be healthy!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196680	6-15	IRCC	Sep10-Oct17	1:00PM-2:00PM	12	Tu,Th	\$75
196681	6-15	IRCC	Oct22-Dec5	1:00PM-2:00PM	12	Tu,Th	\$75

**Wealthy & Healthy Kids**

Ages 8-14

For information call (510) 790-5546

Offered through MaxMoney Academy! Give your child a head start in life with an opportunity to learn a skill set that no school education can offer. In this course, kids will learn practical ways to make and manage money. Students will learn the very basic financial education skills needed to survive in the real world, through hands on exercises and games, simple but essential concepts about money, bank accounts, debt, including stocks and the stock market. Basics of debt traps, importance of savings, borrowing, credit card traps and tips among other topics. Instructors Rubina and Karen of MaxMoney Academy are finance professionals with a combined 25 years of teaching experience.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196643	8-14	TNC	Oct1-22	4:00PM-6:00PM	4	Tu	\$225

**LEKHA PUBLISHERS**

For more information, call (510) 494-4349

**Fundamentals of Creative Writing I**

Ages 7-12

Students will learn the time-tested methods to overcome writer's block. As they do so, they will write short stories, poems, and short skits. They will take home a portfolio of their written work. Classes will be divided by grade level once enrollment reaches 12.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198284	7-12	IRCC	Sep17-Nov5	5:30PM-6:30PM	8	Tu	Lekha	\$145

**The Fundamental Essay** Ages 8-12

Students will learn the art of writing essays. Depending upon their grade level, they will write three or five paragraph essays, with engaging beginnings and concise thesis statements. Students will learn to use supporting points and relevant examples to make their body paragraphs powerful. They also will learn how to plan and outline their essays properly before writing, as well as how to revise their essays. Classes will be divided by grade level once enrollment reaches 12.

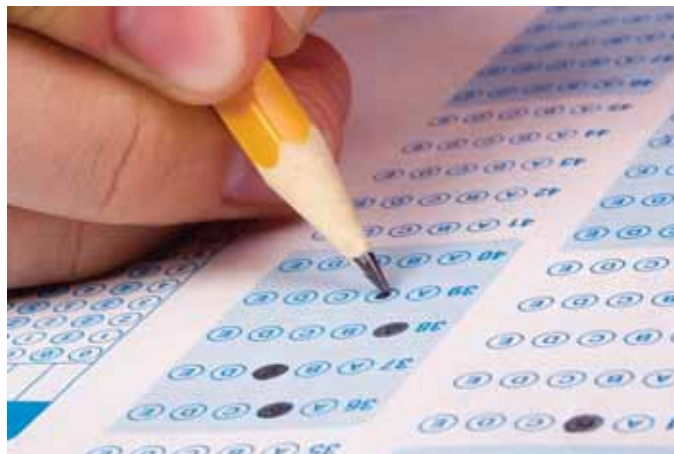
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198283	8-12	CPVSC	Sep10-Oct29	4:00PM-5:00PM	8	Tu	Lekha	\$145

**SAT PREPARATION**

Any questions about specifics of the class:

dsw12@hotmail.com

For more information, call (510) 494-4349

**Critical Reading and Writing**

Ages 13 &amp; up

Tips + practice + personalized feedback = a higher score on one of the most important exams of a student's life. Students will learn the basic concepts of and strategies for the Critical Reading and Writing sections. Each session includes a practice exam essay and 5 other practice exam sections graded with personalized feedback from the instructor. This class also prepares students for the PSAT. College admissions requirements and target score strategies will also be discussed. Upcoming SAT Exam Dates: Nov. 2, Dec. 7, and Jan. 25, 2014. No material fee-FULL SET of handouts (strategy sheets, worksheets, practice exam sections, homework, and some class notes) included in class fee. No class Oct. 31 and Nov. 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198076	13 & up	CPVSC	Oct17-Nov21	4:30PM-6:30PM	5	Th	Wang	\$139
198077	13 & up	WSCC	Sep7-Oct5	10:00AM-12:00PM	5	Sa	Wang	\$139

**Math**

Ages 13 &amp; up

An in-depth review of all 4 math topics covered by the SAT. This class also helps students review/relearn all the important math topics that should be mastered for future math classes. Sample problems-both multiple choice & 'grid-ins'-will be demonstrated in class. Practice exam sections will be given and graded in class and personalized feedback will be given to the students. This class also prepares students for the PSAT. College admissions requirements and target score strategies will also be discussed. Upcoming SAT Exam Dates: Nov. 2, Dec. 7, 2013 and Jan. 25, 2014. No material fee-FULL SET of handouts (strategy sheets, worksheets, mini-practice exam, homework, and some class notes) included in class fee. Any questions about specifics of the class: dsw12@hotmail.com. No class Oct. 31.



BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198078	13 & up	WSCC	Oct12-Nov9	10:00AM-12:00PM	5	Sa	Wang	\$139
198079	13 & up	CPVSC	Sep12-Oct10	4:30PM-6:30PM	5	Th	Wang	\$139

## PLAY-WELL

For more information, call (510) 791-4318

### Engineering FUNdamentals with LEGO for Homeschoolers! **Ages 7-12 NEW**

Power-up your engineering skills with Play-Well TEKnologies and over 100,000 pieces of LEGO®! Kids apply real-world concepts in physics, engineering, and architecture through projects designed by engineers. Instructors provide inspiration for students to take their creations further, and each day's projects are geared uniquely to challenge each student's abilities. We will explore motorized, mechanized, and architectural projects in a fun way.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198695	7-12	WSCC	Oct9-Nov13	12:00PM-1:30PM	6	W	Play-Well	\$185

### Parent and Me Robot Building with LEGO **Ages 7-12 NEW**

Have your child become a Play-Well Engineer! Even better yet, join him/her in the fun of building and playing with robots! Students explore concepts in physics, architecture, mechanical and structural engineering as they create a new robot every weekend with a parent by their side. The engineer-designed curriculum challenges new and returning students to reach higher levels of engineering comprehension while having fun!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198692	7-12	WSCC	Oct4-25	6:15PM-7:45PM	4	F	Play-Well	\$129

## ART

For more information, call (510) 494-4322

### Fine Art Studio—Masters Painters

**Ages 4-6 NEW**

This class invites your child to paint amazing art: your child's creative thought is a process that can be learned with practice and inspiration. Master Painters prepares your child for the next class of Master Painters II and Advance Master Painters. Your child will experience artist's style and history basics of color theory and applications. Our mediums are tempera and glazes. This class encourages creativity and enhances coordination, imagination and fine motor skills. Mrs. Christina, BFA, Studio Art.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196611	4-6	WSCC	Sep14-Oct5	9:00AM-10:30AM	4	Sa	Mrs. Christina	\$135
196612	4-6	WSCC	Oct12-Nov2	9:00AM-10:30AM	4	Sa	Mrs. Christina	\$135
196613	4-6	WSCC	Nov9-30	9:00AM-10:30AM	4	Sa	Mrs. Christina	\$135
196614	4-6	WSCC	Dec7-28	9:00AM-10:30AM	4	Sa	Mrs. Christina	\$135

### Fine Art Studio—Masters Painters II Continuing **Ages 6-9**

Advanced Master Painters II is an advanced painting class for children who already have basic skills of color theory and composition. This class is an advanced painting class for children who have completed the Junior and Master Painting Classes II. We will create fantastic art together while using mediums of acrylic and glaze paints on canvas. Your child's creative thought is a process that can be learned with practice and inspiration. While in class, we will experience a fun loving atmosphere encouraging creativity, imagination and fine motor skills. Your child will produce 'amazing art'—be it expressive, geometric or naturalistic in style. If you would like to paint on canvas this class is for you! Mrs. Christina, BFA, Studio Art.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196615	6-9	WSCC	Sep14-Oct5	11:00AM-12:30PM	4	Sa	Mrs. Christina	\$135
196616	6-9	WSCC	Oct12-Nov2	11:00AM-12:30PM	4	Sa	Mrs. Christina	\$135
196617	6-9	WSCC	Nov9-30	11:00AM-12:30PM	4	Sa	Mrs. Christina	\$135
196618	6-9	WSCC	Dec7-28	11:00AM-12:30PM	4	Sa	Mrs. Christina	\$135



### Young Rembrandts — FUNdamental Drawing **Ages 4-6**

Young Rembrandts FUNdamental drawing classes teaches children the skills necessary to draw complex images. As they learn to draw with our step-by-step method, children develop observations skills, increase their fine motor skills, handwriting readiness and attention to detail. In Young Rembrandts weekly classes, young children learn how to follow directions, hold and use a pencil, increase their attention span and grow their self-confidence so they will be successful in kindergarten.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198526	4-6	CPVSC	Sep7-28	11:00AM-12:00PM	4	Sa	Young Rembrandts	\$79
198530	4-6	CPVSC	Oct4-25	11:00AM-12:00PM	4	F	Young Rembrandts	\$79
198532	4-6	CPVSC	Nov8-Dec6	11:00AM-12:00PM	4	F	Young Rembrandts	\$79

### Educational Paint Out! **Ages 6 & up NEW**

Celebrate 20 years of art and conservation and paint while others are painting at the 20th Annual Celebration & Fundraiser at the Ocean Institute in Dana Point, CA. Art activities will encourage kids to explore their connection to the environment in creative and conscientious ways encouraging kids to bring their individual creative sensibilities and unique experiences to a group collaboration highlighting environmental themes and issues. Artwork from this event will be showcased at the Olive Hyde Gallery from December 13-15.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197178	6 & up	FCC	Nov17	5:00PM-7:00PM	1	Su	\$15

## ART, Continued

### Cartooning on the Cutting Edge

**Ages 6-14**

Hone your cartooning skills; learn how to draw all kinds of cartoons, including manga and graphic novel illustrations. Learn about head and body proportion and how to create motion in your cartoons. If you are into drawing and cartooning, don't miss this opportunity!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196776	6-14	SHP	Sep11-Oct9	6:00PM-7:00PM	5	W	Amanda	\$119
197737	6-14	OHAC	Sep12-Oct17	6:00PM-7:00PM	4	Th	Haroon	\$105
196778	6-14	SHP	Oct16-Nov13	6:00PM-7:00PM	5	W	Amanda	\$119
196779	6-14	SHP	Nov20-Dec18	6:00PM-7:00PM	5	W	Amanda	\$119
197738	6-14	OHAC	Oct24-Nov14	6:00PM-7:00PM	4	Th	Haroon	\$105

### Balloon Twisting Workshop

**Ages 7-11**

Explore and discover some of the basics of 'one balloon animal' twisting in this NEW special workshop! Participants will learn a simple three-step method to make the balloon animals and decorate them. The instructor has done animal balloon twisting for 20+ years and began teaching groups this art six years ago. \$3 lab fee is due at the workshop.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197276	7-11	CPVSC	Nov15	3:30PM-5:00PM	1	F	Wertman	\$19

### Sewing and Needlecraft

**Ages 7 & up**

Participants will learn embroidery and be introduced to knitting and crocheting, needlepoint, and machine sewing. At the end of the class, participants will have a sampler and patchwork pillow top.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196784	7 & up	SHP	Sep10-Oct8	7:00PM-9:00PM	5	Tu	Kieft	\$99
196786	7 & up	SHP	Oct15-Nov12	7:00PM-9:00PM	5	Tu	Kieft	\$99
196787	7 & up	SHP	Nov19-Dec17	7:00PM-9:00PM	5	Tu	Kieft	\$99

### Art Studio Intensive

**Ages 9-13**

In this art studio intensive class, students will have the opportunity to experiment with paint, drawing, collage, and sculpture using various mediums such as acrylic, watercolor, paper, canvas, and clay. Students will learn relevant terminology, gaining additional knowledge and insight during critique. Students will examine modern and historical artists focusing on composition and color theory. At the end of our final session students will have the opportunity to hold an impromptu gallery showing for family and friends.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196780	9-13	SHP	Sep9-Oct7	6:00PM-8:00PM	5	M	Green	\$129
196782	9-13	SHP	Oct14-Nov11	6:00PM-8:00PM	5	M	Green	\$129
196783	9-13	SHP	Nov18-Dec16	6:00PM-8:00PM	5	M	Green	\$129

### Drawing & Painting

**Ages 11 & up**

Learn to paint realistic or imaginary subjects while studying color theory and mixing, light and shadow, and design and composition. We will cover techniques in drawing, painting, brushwork, detailing and shading.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197080	11 & up	OHAC	Sep10-Oct8	6:00PM-8:00PM	5	Tu	Ansary	\$119
197082	11 & up	OHAC	Oct15-Nov12	6:00PM-8:00PM	5	Tu	Ansary	\$119
197376	11 & up	CCC	Nov21-Dec19	6:00PM-8:00PM	4	Th	Ansary	\$89

### Bobbin Lace Making-Beg/Int

**Ages 12 & up**

Bobbin Lace is a fascinating type of fiber art that has been around for centuries. This unique craft makes a great hobby that is fun to learn. Beginners' projects follow a clear, step-by-step course and include a series of specially selected designs. Intermediate students gain more experience by moving up to the next level. Starting class members will purchase a supply kit (\$39.00) at the first meeting. No class Oct. 16, Nov. 6 and 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195853	12 & up	WSCC	Sep18-Dec4	7:30PM-9:30PM	9	W	Colgan	\$109

### Bobbin Lace Making-Continuing

**Ages 12 & up**

Continuing Bobbin Lace students will be able to refine their skills while working on larger and more intricate patterns. Class projects include a variety of designs with both traditional and contemporary applications. A supply list will be given in class. No class Oct. 16, Nov. 6 and 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195854	12 & up	WSCC	Sep18-Dec4	7:00PM-9:30PM	9	W	Colgan	\$125

### Bead Like an Egyptian

**Ages 13 & up NEW**

Explore beading with the clay used by the Egyptians 7,000 years ago. Make beads and other small objects like those found in the pyramids with this self-glazing low-fire clay body. Egyptian Paste contains soluble salts that rise to the surface while the work is drying glazing the surface when the work is fired creating a unique look. Egyptian Paste provided but students will want to bring own embellishments such as small beads, clasps and cording.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196236	13 & up	LCCC	Sep11-Oct9	6:00PM-9:00PM	5	W	Bettencourt	\$129
196237	13 & up	LCCC	Oct16-Nov13	6:00PM-9:00PM	5	W	Bettencourt	\$129
196238	13 & up	LCCC	Nov20-Dec18	6:00PM-9:00PM	5	W	Bettencourt	\$129

### Painting with Pastels

**Ages 13 & up NEW**

In this class, students will learn the basics of painting with pastels. We will cover basic shapes, light and shadow, texture, and mixing colors. Each class will have a different assignment and challenge. These creative assignments will include your own creativity. We will paint from life, photographs, and your imagination.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197078	13 & up	OHAC	Sep16-Oct14	6:00PM-8:00PM	5	M	Ansary	\$109
197079	13 & up	OHAC	Oct21-Nov18	6:00PM-8:00PM	5	M	Ansary	\$109

### Stained Glass

**Ages 14 & up**

In this class for beginning and continuing students, each person will create his/her own beautiful stained glass projects. Learn glass cutting, foiling and soldering techniques of this timeless craft to create boxes, lamps and more-light box and grinders available for use. Approximate cost of supplies is \$75. Most suppliers give students discounts; many are on-line. No class Nov. 11.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195874	14 & up	CCC	Sep16-Oct21	6:30PM-9:30PM	6	M	Benoit	\$159
195875	14 & up	CCC	Nov4-Dec16	6:30PM-9:30PM	6	M	Benoit	\$159





## Watercolor

**Ages 15 & up**

In this class, Instructor Grudsky will take an Initial assessment of the students' skills at the beginning of class. Class curriculum will include an introduction to watercolors and art materials required for watercolor painting, how to apply a basic watercolor wash, how to bleed one color wash into another using two complimentary colors, how to use masking fluid for highlights, and how to develop shadows by mixing complimentary colors.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195872	15 & up	OHAC	Sep11-Oct9	6:00PM-8:00PM	5	W	Grudsky	\$119
195873	15 & up	OHAC	Oct16-Nov13	6:00PM-8:00PM	5	W	Grudsky	\$119

## Beg./Int. Drawing & Painting for Adults

**Ages 18 & up**

Have you ever wanted to draw and only come up with 'stick figures'? Do you want to improve your drawing skills? What about learning basic painting techniques? In this class, we will study color, light and shadows while looking at works by the Masters for inspiration. No class Oct. 29, 30 and Nov. 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195848	18 & up	CCC	Sep10-Oct8	7:30PM-9:30PM	5	Tu	Benoit	\$119
195847	18 & up	CCC	Sep11-Oct9	10:00AM-12:00PM	5	W	Benoit	\$119
195850	18 & up	CCC	Oct15-Nov12	7:30PM-9:30PM	4	Tu	Benoit	\$95
195849	18 & up	CCC	Oct16-Nov13	10:00AM-12:00PM	4	W	Benoit	\$95
195852	18 & up	CC	Nov19-Dec17	7:30PM-9:30PM	5	Tu	Benoit	\$119
195851	18 & up	CCC	Nov20-Dec18	10:00AM-12:00PM	4	W	Benoit	\$95

## Fine Art Studio—Ladies Night Out

**Ages 16 & up**

This class is for you ladies who just want to have 'Me Time' this is your time away from the family, work and a busy life. Do you secretly want to paint on canvas and think only artist can. If you are a beginner and want to paint, this class is for you! While in the art studio you will study artists from around the world and their styles of application and color. Your creative thought is a process that can be learned with practice, and inspiration. Our medium for this class are tempera, glaze and textured gel paints. This class is designed for the young at heart and we will experience a fun loving atmosphere, which encourage creativity and imagination. You will produce amazing art, be it expressive, geometric or naturalistic. Critique and social. Mrs. Christina, BFA, Studio Art.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196604	16 & up	WSSC	Sep20-Oct11	6:00PM-8:00PM	4	F	Mrs. Christina	\$89
196605	16 & up	WSSC	Oct25-Nov15	6:00PM-8:00PM	4	F	Mrs. Christina	\$89



## CERAMICS

### Creative Claywork

**Ages 4-7**

This popular class presents traditional clay working techniques including coiling, sculpting, slab building and free-form modeling. Children learn basic hand-building skills and complete a variety of fun projects while developing perceptual ability, motor skills and artistic confidence. Parents do not participate in this class. \$10 materials fee due at first class (please make checks payable to 'City of Fremont').

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195867	4-7	LCCC	Sep4-Oct2	3:45PM-4:45PM	5	W	Bettencourt	\$95
195866	4-7	LCCC	Sep5-Oct3	3:45PM-4:45PM	5	Th	Bettencourt	\$95
195869	4-7	LCCC	Oct9-Nov6	3:45PM-4:45PM	5	W	Bettencourt	\$95
195868	4-7	LCCC	Oct10-Nov7	3:45PM-4:45PM	5	Th	Bettencourt	\$95
195871	4-7	LCCC	Nov13-Dec11	3:45PM-4:45PM	5	W	Bettencourt	\$95
195870	4-7	LCCC	Nov14-Dec19	3:45PM-4:45PM	5	Th	Bettencourt	\$95

### Hands Together Ceramics

**Ages 4 & up**

Roll, pinch and pound! Explore ceramics with your child! Together your child will enjoy a tactile experience using clay, as we hand build playful projects and create personal treasures and memories that will last a lifetime. This is a parent/child class. Fee is per adult/child pair. \$20 glaze and firing fee due at first class (please make checks payable to 'City of Fremont'). Additional clay may be purchased at class \$12 per bag.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195861	4 & up	LCCC	Sep15-Oct13	1:00PM-3:00PM	5	Su	Bettencourt	\$135
195862	4 & up	LCCC	Oct20-Nov17	1:00PM-3:00PM	5	Su	Bettencourt	\$135
195864	4 & up	LCCC	Nov24-Dec22	1:00PM-3:00PM	5	Su	Bettencourt	\$135

### Ceramics

**Ages 7-14**

Late registrations accepted! Create three-dimensional art projects, both practical and artistic! You will learn handcrafted ceramic techniques while sculpting figures and pots. Build using slab procedures including scoring and slip techniques. Create vases and free forms using coil techniques. Pottery will be medium-fired with use of white clay and non-toxic glazes. \$20 material fee due at first class to cover glazes, and clay (please make checks payable to 'City of Fremont').

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195841	7-14	LCCC	Sep5-Oct3	5:00PM-7:00PM	5	Th	Bettencourt	\$135
195843	7-14	LCCC	Sep6-Oct4	5:00PM-7:00PM	5	F	Bettencourt	\$135
195842	7-14	LCCC	Oct10-Nov7	5:00PM-7:00PM	5	Th	Bettencourt	\$135
195845	7-14	LCCC	Oct11-Nov8	5:00PM-7:00PM	5	F	Bettencourt	\$135
195844	7-14	LCCC	Nov14-Dec19	5:00PM-7:00PM	5	Th	Bettencourt	\$135
195846	7-14	LCCC	Nov15-Dec20	5:00PM-7:00PM	5	F	Bettencourt	\$135

### Ceramics for Adults

**Ages 15 & up**

Perfect for both beginners and those with experience! Beginning participants will learn hand-building techniques: building a pinch pot, coil pot and slab-built vessel, glazing and an introduction to wheel throwing. Intermediate/continuing students will receive instruction on current works and continuing instruction on the wheel. \$20 materials glaze and firing fee due at first class (please make checks payable to 'City of Fremont'). Students will purchase clay at class \$12 per bag.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195855	15 & up	LCCC	Sep12-Oct17	7:00PM-9:30PM	6	Th	Bettencourt	\$179
195856	15 & up	LCCC	Sep15-Oct20	9:00AM-12:00PM	6	Su	Bettencourt	\$189
195858	15 & up	LCCC	Oct24-Dec5	7:00PM-9:30PM	6	Th	Bettencourt	\$179
195859	15 & up	LCCC	Oct27-Dec1	9:00AM-12:00PM	6	Su	Bettencourt	\$189

# AQUATICS

For more information, call (510) 494-4300

## AMERICAN SWIM ACADEMY SWIM LESSONS INDOOR POOL

All classes are taught in indoor heated pools heated to 92 degrees, creating a warm, inviting environment. All classes are 30 minutes each. No class all day Thursday, Nov. 28th for Thanksgiving or Thursday, Oct. 31st after 5:30 p.m. for Halloween. Classes have been prorated for these holidays. The required ASA \$30 registration fee is included in the price listed. Registration will close at 4:30 p.m. on Wed. Sept. 4. To withdraw after Sept. 4, you must contact the American Swim Academy directly. You will not receive a refund however; you will receive an American Swim Academy credit minus a \$25 cancellation fee.

### Swimming Ages 6 mos-2 years

Maximum 6 per class. This is a parent participation class and all students must be accompanied by an adult in the water. All classes are taught in indoor heated pools heated to 92 degrees, creating a warm, inviting environment. This class combines water adaptation and safety. Once comfortable in the water, your child will learn safety skills, including holding his/her breath, floating, kicking and climbing out of the water. Non/Newly potty trained children are required to wear a swim diaper.

#### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
197936	Sep8-Dec15	1:45PM-2:15PM	15	Su	\$300
197937	Sep9-Dec16	5:30PM-6:00PM	15	M	\$300
197938	Sep10-Dec17	6:30PM-7:00PM	15	Tu	\$300
197939	Sep11-Dec18	10:00AM-10:30AM	15	W	\$225
197940	Sep11-Dec18	6:00PM-6:30PM	15	W	\$300
197941	Sep12-Dec19	9:30AM-10:00AM	14	Th	\$212
197942	Sep12-Dec19	5:30PM-6:00PM	13	Th	\$264
197943	Sep13-Dec20	9:30AM-10:00AM	15	F	\$225
197944	Sep13-Dec20	11:00AM-11:30AM	15	F	\$225
197945	Sep14-Dec21	12:00PM-12:30PM	15	Sa	\$300

#### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
197946	Sep8-Dec15	1:00PM-1:30PM	15	Su	\$300
197947	Sep9-Dec16	6:00PM-6:30PM	15	M	\$300
197948	Sep10-Dec17	9:30AM-10:00AM	15	Tu	\$195
197949	Sep10-Dec17	6:00PM-6:30PM	15	Tu	\$300
197950	Sep11-Dec18	6:00PM-6:30PM	15	W	\$300
197951	Sep12-Dec19	10:00AM-10:30AM	14	Th	\$184
197952	Sep12-Dec19	5:00PM-5:30PM	14	Th	\$282
197953	Sep13-Dec20	10:00AM-10:30AM	15	F	\$195
197954	Sep13-Dec20	6:30PM-7:00PM	15	F	\$300
197955	Sep14-Dec21	1:00PM-1:30PM	15	Sa	\$300

### Swimming

Ages 3-4

Maximum 4 students per class. The ultimate goals for our preschool swimmers are water comfort, water movement, and water safety. Instructors incorporate games and positive reinforcement to get swimmers comfortable in the water. Heavy emphasis is placed on water safety.

#### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
197886	Sep8-Dec15	2:15PM-2:45PM	15	Su	\$300
197887	Sep8-Dec15	3:00PM-3:30PM	15	Su	\$300
197888	Sep9-Dec16	9:00AM-9:30AM	15	M	\$210
197889	Sep9-Dec16	10:00AM-10:30AM	15	M	\$210
197890	Sep9-Dec16	5:30PM-6:00PM	15	M	\$300
197891	Sep10-Dec17	4:15PM-4:45PM	15	Tu	\$300
197892	Sep11-Dec18	10:30AM-11:00AM	15	W	\$210
197893	Sep12-Dec19	10:00AM-10:30AM	14	Th	\$198
197894	Sep12-Dec19	4:30PM-5:00PM	14	Th	\$282
197895	Sep13-Dec20	9:00AM-9:30AM	15	F	\$210
197896	Sep13-Dec20	12:00PM-12:30PM	15	F	\$210
197897	Sep14-Dec21	1:45PM-2:15PM	15	Sa	\$300
197898	Sep14-Dec21	2:15PM-2:45PM	15	Sa	\$300

#### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
197899	Sep8-Dec15	1:00PM-1:30PM	15	Su	\$300
197900	Sep8-Dec15	2:00PM-2:30PM	15	Su	\$300
197901	Sep9-Dec16	11:00AM-11:30AM	15	M	\$195
197902	Sep9-Dec16	1:00PM-1:30PM	15	M	\$195
197903	Sep9-Dec16	7:30PM-8:00PM	15	M	\$300
197904	Sep10-Dec17	4:30PM-5:00PM	15	Tu	\$300
197905	Sep11-Dec18	10:30AM-11:00AM	15	W	\$195
197906	Sep12-Dec19	11:00AM-11:30AM	14	Th	\$184
197907	Sep12-Dec19	3:30PM-4:00PM	14	Th	\$282
197908	Sep13-Dec20	11:30AM-12:00PM	15	F	\$195
197909	Sep13-Dec20	12:00PM-12:30PM	15	F	\$195
197910	Sep14-Dec21	1:30PM-2:00PM	15	Sa	\$300
197911	Sep14-Dec21	2:30PM-3:00PM	15	Sa	\$300

### Swimming

Ages 5-9

Maximum 4 students per class. The ultimate goals for our beginner swimmers are water comfort, water movement and safety and to begin learning the fundamentals of freestyle. All steps are broken down for easy learning and instructors make the classes fun with games and positive reinforcement.

#### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
197912	Sep8-Dec15	2:15PM-2:45PM	15	Su	\$300
197913	Sep9-Dec16	8:30AM-9:00AM	15	M	\$225
197914	Sep9-Dec16	3:30PM-4:00PM	15	M	\$300
197915	Sep9-Dec16	5:00PM-5:30PM	15	M	\$300
197916	Sep10-Dec17	4:15PM-4:45PM	15	Tu	\$300
197917	Sep10-Dec17	5:15PM-5:45PM	15	Tu	\$300
197918	Sep11-Dec18	4:15PM-4:45PM	15	W	\$300
197919	Sep11-Dec18	5:15PM-5:45PM	15	W	\$300
197920	Sep12-Dec19	12:30PM-1:00PM	14	Th	\$212
197921	Sep12-Dec19	3:30PM-4:00PM	14	Th	\$282
197922	Sep13-Dec20	4:00PM-4:30PM	15	F	\$300
197923	Sep14-Dec21	2:15PM-2:45PM	15	Sa	\$300

#### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
197924	Sep8-Dec15	2:00PM-2:30PM	15	Su	\$300
197925	Sep9-Dec16	1:30PM-2:00PM	15	M	\$195
197926	Sep9-Dec16	3:30PM-4:00PM	15	M	\$300
197927	Sep9-Dec16	7:00PM-7:30PM	15	M	\$300
197928	Sep10-Dec17	4:30PM-5:00PM	15	Tu	\$300
197929	Sep10-Dec17	7:00PM-7:30PM	15	Tu	\$300
197930	Sep11-Dec18	3:30PM-4:00PM	15	W	\$300
197931	Sep11-Dec18	4:30PM-5:00PM	15	W	\$300
197932	Sep12-Dec19	12:30PM-1:00PM	14	Th	\$184
197933	Sep12-Dec19	3:30PM-4:00PM	14	Th	\$282
197934	Sep13-Dec20	4:00PM-4:30PM	15	F	\$300
197935	Sep14-Dec21	2:00PM-2:30PM	15	Sa	\$300



## Swimming

**Ages 10-14**

Maximum 4 per class. Grouped primarily by age, this class allows young teens to progress individually. Instructors determine their ability during the first class.

### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
197964	Sep9-Dec16	3:30PM-4:00PM	15	M	\$300
197965	Sep9-Dec16	5:00PM-5:30PM	15	M	\$300
197966	Sep10-Dec17	7:00PM-7:30PM	15	Tu	\$300
197967	Sep11-Dec18	4:00PM-4:30PM	15	W	\$300
197968	Sep12-Dec19	4:30PM-5:00PM	14	Th	\$282

### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
197969	Sep9-Dec16	4:30PM-5:00PM	15	M	\$300
197970	Sep10-Dec17	7:00PM-7:30PM	15	Tu	\$300
197971	Sep11-Dec18	4:30PM-5:00PM	15	W	\$300
197972	Sep12-Dec19	7:00PM-7:30PM	13	Th	\$264
197973	Sep13-Dec20	4:30PM-5:00PM	15	F	\$300

## Home-Schooled Swim Lessons **Ages 5-9**

We offer four levels of beginner classes ranging from first time in the water to perfecting the front crawl stroke. All steps are broken down for easy learning and instructors make classes fun with games and positive reinforcement. Earn Physical Education credits for your home-schooled child.

### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
197956	Sep9-Dec16	1:00PM-1:30PM	15	M	\$225
197957	Sep11-Dec18	1:00PM-1:30PM	15	W	\$225

### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
197958	Sep10-Dec17	1:00PM-1:30PM	15	Tu	\$195
197959	Sep12-Dec19	1:00PM-1:30PM	14	Th	\$184

## Home-Schooled Swim Lessons **Ages 10-14**

Maximum 4 per class. Grouped primarily by age, this class allows our young teens to progress individually. Instructors determine their ability during the first class meeting. Earn Physical Education credits for your home-schooled child.

### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
197960	Sep9-Dec16	1:00PM-1:30PM	15	M	\$225
197961	Sep11-Dec18	1:00PM-1:30PM	15	W	\$225

### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
197962	Sep10-Dec17	1:00PM-1:30PM	15	Tu	\$195
197963	Sep12-Dec19	1:00PM-1:30PM	14	Th	\$184



## Stroke

**Ages 7 & up**

Maximum 6 per class. Stroke training classes are for American Swim Academy graduates, students already competent in all 4 strokes and summer league swimmers. The program focuses on stroke technique and the importance of learning proper form. Students will perform drills that isolate specific fundamentals for each of the 4 competitive strokes.

### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
197980	Sep11-Dec18	5:45PM-6:15PM	15	W	\$300
197981	Sep14-Dec21	8:30AM-9:00AM	15	Sa	\$300

### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
197982	Sep8-Dec15	3:30PM-4:00PM	15	Su	\$300
197983	Sep14-Dec21	8:30AM-9:00AM	15	Sa	\$300

## Swimming

**Ages 15 & up**

Maximum 4 per class. Our adult classes are small, personal and self-paced. Classes meet the individual need of every adult ranging from those who have a life-long fear of water to students wanting to perfect their stroke.

### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
197876	Sep9-Dec16	11:30AM-12:00PM	15	M	\$225
197877	Sep9-Dec16	8:00PM-8:30PM	15	M	\$300
197878	Sep11-Dec18	11:30AM-12:00PM	15	W	\$225
197879	Sep12-Dec19	8:30AM-9:00AM	14	Th	\$212
197880	Sep13-Dec20	11:00AM-11:30AM	15	F	\$225

### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
197881	Sep9-Dec16	9:00AM-9:30AM	15	M	\$195
197882	Sep9-Dec16	8:00PM-8:30PM	15	M	\$300
197883	Sep11-Dec18	9:00AM-9:30AM	15	W	\$195
197884	Sep12-Dec19	8:00PM-8:30PM	13	Th	\$264
197885	Sep13-Dec20	9:00AM-9:30AM	15	F	\$195

## Swimming-Men Only

**Ages 15 & up**

Maximum 4 per class. Taught by male instructor, for Men only. These classes can help you get in shape, conquer a fear, or perfect your swimming technique.

### NEWARK LOCATION ONLY

BAR	DATE	TIME	#	DAY	FEE
197979	Sep13-Dec20	8:00PM-8:30PM	15	F	\$300

## Swimming-Women Only **Ages 15 & up**

Maximum 4 per class. Taught by female instructors, our Women Only classes are small, personal, and self-paced. Classes meet the individual need of every female, ranging from those with a lifelong fear of water to those wanting to perfect their stroke.

### FREMONT LOCATION

BAR	DATE	TIME	#	DAY	FEE
197974	Sep9-Dec16	7:45PM-8:15PM	15	M	\$300
197975	Sep11-Dec18	7:45PM-8:15PM	15	W	\$300

### NEWARK LOCATION

BAR	DATE	TIME	#	DAY	FEE
197976	Sep9-Dec16	8:45PM-9:15PM	15	M	\$300
197977	Sep10-Dec17	8:45PM-9:15PM	15	Tu	\$300
197978	Sep11-Dec18	8:45PM-9:15PM	15	W	\$300



# COOKING

For more information, call (510) 494-4322

## A-Z Cooking for Small Chefs Ages 3-5

This ABC cooking class will allow your child to discover cooking while learning their ABC's. The program begins in fall with 'A' and ends in spring with 'Z'; participants learning the alphabet throughout fall/winter/spring. Simple, nutritious and delicious projects will focus on 'special' letters of the alphabet. Letter identification, sound recognition and letter writing will be part of the fun! Additional skills include following directions, measuring, eye-hand coordination, kitchen safety, manners and etiquette. Please let instructor know of any food allergies. Fee includes all cooking ingredients and supplies. Each Small Chef receives their very own cookbook at the end of the session. Parents do not participate in this class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196583	3-5	SHP	Sep10-Oct18	4:00PM-5:30PM	5	Tu	Shultz	\$99
196584	3-5	SHP	Oct22-Nov19	4:00PM-5:30PM	5	Tu	Shultz	\$99



## Storybook Cooking for Small Chefs

Ages 4-7

This Storybook cooking class will focus on a favorite book from children's literature. In a small, intimate setting, the stories we read will inspire the recipes the kids learn to cook. Through hands on cooking, participants will learn how to follow directions, measure, mix and learn kitchen safety, manners and etiquette. Please let instructor know of any food allergies. Fee includes all cooking ingredients and supplies. Each Small Chef receives their very own cookbook at the end of the session. Parents do not participate in this class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196591	4-7	SHP	Sep11-Oct19	4:00PM-5:30PM	5	W	Shultz	\$99
196592	4-7	SHP	Oct23-Nov20	4:00PM-5:30PM	5	W	Shultz	\$99

## December Delights! Ages 4-7 NEW

In this NEW 3-week program, participants will enjoy creating special culinary seasonal delights. Dress for messy fun. Fee includes all supplies and ingredients.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196586	4-7	SHP	Dec4-18	4:00PM-5:30PM	3	W	Shultz	\$59

## Creative Chefs Ages 7-11

This hands-on cooking series offers participants an opportunity to develop skills throughout the school-year. Students will learn about food and cooking safety while developing their cooking skills. Participants learn to write grocery lists, organize inventory, prep for cooking projects and clean up. They will end the session the knowledge and confidence to cook for family and friends. The small group setting allows for complex projects, more individualized attention and hands-on opportunities. Please let the instructor know of any food allergies; recipes can be adapted for vegetarians. All participants receive a recipe book. Fee includes all ingredients and supplies.

### Breads, Muffins & More

This class will cover — quick breads, working with yeast, dough's, both sweet and savory.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196576	7-11	SHP	Sep12-Oct10	4:00PM-6:00PM	5	Th	Shultz	\$169

### Thanksgiving Everything But the Turkey

In this segment, participants make all the trimmings for Thanksgiving including mashed potatoes, dressing, fresh cranberry sauce and much more.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196579	7-11	SHP	Oct24-Nov21	4:00PM-6:00PM	5	Th	Shultz	\$169

## December Delights Ages 7-11

In this NEW 3-week program, participants will enjoy creating special culinary seasonal delights. Dress for messy fun. Fee includes all supplies and ingredients. Participants will enjoy creating special culinary seasonal delights from appetizers to cookies.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196577	7-11	SHP	Dec5-19	4:00PM-6:00PM	3	Th	Shultz	\$105

## Appetizers and Skinny Cocktails

Ages 21 & up

Sip and snack while learning to make quick and easy appetizers paired with skinny cocktails. This is a fun, hands-on class. Each session has a different focus; register for one or all!

### Fall Gathering

Enjoy integrating the tastes of the fall season into your culinary creations. \$10 material fee due at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196601	21 & up	SHP	Sep26	7:00PM-9:00PM	1	Th	Shultz	\$39

### Healthy Holidays

Healthy holiday appetizers and accompanying cocktails will be discussed. Bring your favorite holiday appetizer recipe to share with fellow students. \$10 material fee due at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196602	21 & up	SHP	Dec12	7:00PM-9:00PM	1	Th	Shultz	\$39

# DANCE

For more information, call (510) 791-4351

## Dancing Darlings

Ages 2-3

For both boys and girls. Does your little one have energy and like to dance and twirl around the house? We'll direct that rhythmic energy in fun and social ways as we teach them the fundamentals of tap and ballet! Tap and ballet shoes are required. Parents are asked to participate with their child during the class. No class Nov. 26, 28 and 30. (Please Note: No refunds based gender participation.)

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197707	2-3	CCC	Sep17-Oct22	5:00PM-5:45PM	6	Tu	Tia	\$69
197703	2-3	WSSC	Sep19-Oct24	4:15PM-5:00PM	6	Th	Henna	\$69
197701	2-3	WSSC	Sep28-Oct26	10:00AM-10:45AM	5	Sa	Michelle	\$59
197705	2-3	WSSC	Nov2-Dec14	10:00AM-10:45AM	6	Sa	Michelle	\$69
197706	2-3	WSSC	Oct31-Dec12	4:15PM-5:00PM	6	Th	Henna	\$69
197708	2-3	CCC	Oct29-Dec10	5:00PM-5:45PM	6	Tu	Tia	\$69

## Creative Dance for Boys and Girls

Ages 3-5

Creative Dance is a playful exploration of the art of movement for children. This class is an expression of the heart. It is fun and energetic and designed to introduce beginning instruction in Creative Dance, utilizing sign language, props, age appropriate music and basic dance movements. This class will help promote healthy bodies and build confidence in your little one. Ballet or Jazz shoes required. Come join the FUN. No class Nov. 25 and 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198131	3-5	CCC	Sep16-Oct21	9:45AM-10:30AM	6	M	Tia	\$69
198128	3-5	CCC	Sep20-Oct18	9:45AM-10:30AM	5	F	Tia	\$59
198132	3-5	CCC	Oct28-Dec9	9:45AM-10:30AM	5	M	Tia	\$59
198130	3-5	CCC	Nov1-Dec13	9:45AM-10:30AM	6	F	Tia	\$69

## Absolutely Ballet Class (ABC)

Ages 3-5

Beginning instruction to introduce your child to the basics of Ballet. Taught by our very own Ballet princesses, Tia Washington. One day, your little princess can grow up and become a true ballerina. Ballet shoes are required. No class Nov. 25, 29 and 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197478	3-5	LCCC	Sep28-Oct26	12:00PM-12:45PM	5	Sa	Tia	\$59
197479	3-5	LCCC	Nov2-Dec14	12:00PM-12:45PM	6	Sa	Tia	\$69
198133	3-5	CCC	Sep16-Oct21	10:45AM-11:30AM	6	M	Tia	\$69
198134	3-5	CCC	Oct28-Dec9	10:45AM-11:30AM	5	M	Tia	\$59
198177	3-5	CCC	Sep20-Oct18	10:45AM-11:30AM	5	F	Tia	\$59
198178	3-5	CCC	Nov1-Dec13	10:45AM-11:30AM	6	F	Tia	\$69



## Princess Storybook Class for Little Girls Only!

Ages 3-5

Do you have a little princess at home who just loves to dance around the house and listen to story tales? This class is perfect for the little girls who dream of being a princess. We will incorporate princess fairytale story books with Ballet and creative dance. This class gives young children the chance to bring their dreams of being a princess alive! Each little darling will be welcome to dress up in her favorite princess attire and Ballet slippers. Let your child's imagination soar with this special class! Sign up early to insure your little princess has a space in the royal class! No class Nov. 25 and 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198378	3-5	CCC	Sep17-Oct22	3:00PM-3:45PM	6	Tu	Tia	\$69
197695	3-5	WSSC	Sep28-Oct26	12:00PM-12:45PM	5	Sa	Michelle	\$59
197693	3-5	CCC	Sep21-Oct26	12:05PM-12:50PM	6	Sa	Jenae	\$65
198379	3-5	CCC	Oct29-Dec10	3:00PM-3:45PM	6	Tu	Tia	\$69
197698	3-5	WSSC	Nov2-Dec14	12:00PM-12:45PM	6	Sa	Michelle	\$65
197694	3-5	CCC	Nov2-Dec14	12:05PM-12:50PM	6	Sa	Jenae	\$59

## Dance Twinkle Toes

Ages 3-5, 4-5 and 4-6

A little bit of tap, a little bit of ballet, and a little bit of creative dance just for your little twinkle toe dancer. A great opportunity to enhance mobile movement, flexibility, and social skills. It is a fun environment for both boys and girls and a safe place to explore the art of dance. Tap and ballet shoes are required. No class Nov. 11, 25, 27, 28 and 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198190	3-5	WSSC	Sep16-Oct21	5:00PM-5:45PM	6	M	Jenae	\$69
198189	3-5	CCC	Sep18-Oct23	4:15PM-5:00PM	6	W	Jenae	\$69
198192	3-5	WSSC	Oct28-Dec9	5:00PM-5:45PM	5	M	Jenae	\$59
198191	3-5	CCC	Oct30-Dec11	4:15PM-5:00PM	6	W	Jenae	\$69
198648	4-5	WSSC	Sep19-Oct24	5:15PM-6:00PM	6	Th	Henna	\$69
198649	4-5	WSSC	Nov7-Dec12	5:15PM-6:00PM	5	Th	Henna	\$59
197726	4-6	WSSC	Sep28-Oct26	10:50AM-11:50AM	5	Sa	Michelle	\$59
197728	4-6	WSSC	Nov2-Dec14	10:50AM-11:50AM	6	Sa	Michelle	\$69

## Dance I Tap, Ballet & Creative

Ages 4-6

This beginner class is a fun and social introduction to basic Tap, Ballet and Creative dance for your little darling. Each class will incorporate at least 1 of these 3 dance styles during our session together. Tumbling may be included for flexibility. Come join the fun, build motor skills, and enhance self-esteem and confidence. Tap and Ballet shoes are required. Wear comfortable dance attire to move freely in. It's going to be a happy time for your little one! Come join the fun! No class Nov. 26.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198376	4-6	CCC	Sep17-Oct22	3:50PM-4:45PM	6	Tu	\$69
198377	4-6	CCC	Oct29-Dec10	3:50PM-4:45PM	6	Tu	\$69

## Hip Hop & Jazz Mini's Class

Ages 4-6

Hip Hop & Jazz Mini's is a dance class that incorporates body awareness, age appropriate music, and social interactions with peers while learning through dance. Your child will be dancing in style! Tennis or jazz shoes required. Have your little one dress comfortably and be ready for some fun! No class Nov. 11, 25 and 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198181	4-6	CCC	Sep16-Oct21	3:30PM-4:15PM	6	M	Tia	\$69
198183	4-6	WSSC	Sep18-Oct21	4:15PM-5:00PM	6	M	Jenae	\$69
197476	4-6	LCCC	Sep28-Oct26	11:05AM-11:50AM	5	Sa	Tia	\$59
198182	4-6	CCC	Oct28-Dec9	3:30PM-4:15PM	5	M	Tia	\$59
198184	4-6	WSSC	Oct28-Dec9	4:15PM-5:00PM	5	M	Jenae	\$59
197477	4-6	LCCC	Nov2-Dec14	11:05AM-11:50AM	6	Sa	Tia	\$69

To register see page 43 or online at [www.RegeRec.com](http://www.RegeRec.com)

## DANCE, Continued

### Absolutely Ballet Class (ABC) Ages 5-7

Beginning instruction to introduce your child to the basics of Ballet. Taught by our very own Ballet princess, Miss Jenae' Childers. One day, your little princess can grow up and become a true ballerina. Ballet shoes are required. No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197683	5-7	CCC	Sep21-Oct26	10:10AM-10:55AM	6	Sa	Jenae	\$69
197684	5-7	CCC	Nov2-Dec14	10:10AM-10:55AM	6	Sa	Jenae	\$69

### Bollywood Fusion for Kids/Tweens

Ages 5-7 and 8-10 **NEW**

Want your child to be active in a fun and frolicky way? This Bollywood Dance class for children is the choice for you! Instructor Vaishnavi Misra will teach your child the moves, the grooves of the Bollywood Style. Participants will learn the correct posture, hand and leg movements that are essential to the Art form of Bollywood! All of this to great Bollywood songs, lots of energy and fun! Participants should wear comfortable clothing and bring bottled water. So what are you waiting for, sign up today! No class Nov. 26.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195426	5-7	LCCC	Sep17-Oct22	6:00PM-7:00PM	6	Tu	Misra	\$69
197481	5-7	LCCC	Oct29-Dec10	6:00PM-7:00PM	6	Tu	Misra	\$69
195427	8-10	LCCC	Sep17-Oct22	7:00PM-8:00PM	6	Tu	Misra	\$69
197482	8-10	LCCC	Oct29-Dec10	7:00PM-8:00PM	6	Tu	Misra	\$69

### Dance I Tap & Jazz Combo Ages 4-6

It's FUN, it's just right for you! For the beginner who would like to learn instruction in basic Jazz techniques, Tap dance for rhythm, and stretches for flexibility. Come join the fun! Tap and Jazz or Ballet shoes are required. No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197687	4-6	CCC	Sep21-Oct26	9:00AM-10:00AM	6	Sa	Jenae	\$69
197688	4-6	CCC	Nov2-Dec14	9:00AM-10:00AM	6	Sa	Jenae	\$69

### Dance I Ages 6-9

It's FUN, it's just right for you! A little bit of Tap and a little bit of Ballet. For the beginner who would like to learn instruction in basic Tap and Ballet techniques, Tap dance for rhythm and Ballet with stretches for flexibility. Come join the fun! Tap and Ballet shoes are required. No class Nov. 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198434	6-9	CCC	Sep18-Oct23	5:05PM-6:05PM	6	W	Jenae	\$69
198436	6-9	CCC	Oct30-Dec11	5:05PM-6:05PM	6	W	Jenae	\$69

### Dance II Ages 6-9

This is a continuation of Dance I, providing more advanced training in tap and ballet techniques for both boys and girls. Student should have at least one year's study in Dance I. Attendance is subject to teacher approval of skill level. Tap and Ballet shoes are required. No class Nov. 25 and 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195435	6-9	WCCC	Sep16-Oct21	5:45PM-6:45PM	6	M	Jenae	\$69
195436	6-9	CCC	Sep19-Oct24	3:30PM-4:30PM	6	Th	Jessica	\$69
197730	6-9	WCCC	Oct28-Dec9	5:45PM-6:45PM	5	M	Jenae	\$59
195438	6-9	CCC	Nov7-Dec12	3:30PM-4:30PM	5	Th	Jessica	\$59

### Dance I for Teens Ages 10-14

This class is great for first time dancer, taught by our very own Miss Jessica Gurule'. They will be mastering the basics of Tap, Jazz, and Ballet technique. There is no experience needed just the urge to learn. Come get your dance on and have fun doing it! This class requires Tap shoes and Ballet or Jazz shoes. No class Nov. 11 and 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198126	9-16	CCC	Sep16-Oct21	5:45PM-6:45PM	6	M	Jessica	\$69
198127	9-16	CCC	Oct28-Dec9	5:45PM-6:45PM	5	M	Jessica	\$59

### Dance Technique Jr. Ages 9-13

Taught by our very own Miss Jessica Gurule'. This technique class is a continuation of Dance II and introduces basic jazz techniques and more! Attendance is subject to teacher approval of skill level. No class Nov. 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195439	9-13	CCC	Sep19-Oct24	4:35PM-5:45PM	6	Th	Jessica	\$69
195440	9-13	CCC	Nov7-Dec12	4:35PM-5:45PM	5	Th	Jessica	\$59

### Dance Technique Ages 13-18

Taught by our very own Miss Jessica Gurule'. This is a continuation of Dance Technique Jr. You will learn more advanced ballet, jazz and tap techniques. Attendance is subject to teacher approval of skill level. Come join the fun! Tap and Jazz shoes are required. No class Nov. 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195441	13-18	CCC	Sep19-Oct24	5:45PM-6:55PM	6	Th	Jessica	\$69
195443	13-18	CCC	Nov7-Dec12	5:45PM-6:55PM	5	Th	Jessica	\$59

### Hip Hop Groove for Youth Ages 7-13

Girls and Boys. Come join this Hip Hop and groove with diverse styles of movement that are great for getting your required exercise. Whether you have a lot of experience or none at all, come dip your toes in this fun class that is sure to be a hit! Where sneakers, comfortable clothes, bring a water to drink, and be ready to get your groove on!. No class Nov. 26.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198195	7-13	CCC	Sep17-Oct22	6:00PM-7:00PM	6	Tu	Mr.Patino	\$69
198196	7-13	CCC	Oct29-Dec10	6:00PM-7:00PM	6	Tu	Mr.Patino	\$69

### Hula for Youth Ages 6-14

Kids, this one's for YOU! Come experience a little bit of Hawaii right here in Fremont. Let's get back to the basic traditional Hula dancing. In the class you will learn some basic footwork such as the Kaholo, Ka'o, and the Ami. We will tell a story with hand motions. It's like learning Hawaiian sign language! Great for beginners. All are welcome to join us as we learn a traditional dance using graceful techniques of this ancient Hula art form. Bring a simple pau or sarong to class. We will dance barefooted. At the end of session we will create our own in class Luau. This is going to be fun for all to learn the Hawaiian culture through the Hula. No class Nov. 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198228	6-14	LCCC	Sep18-Oct23	5:45PM-6:45PM	6	W	Janice	\$69
198229	6-14	LCCC	Oct30-Dec11	5:45PM-6:45PM	6	W	Janice	\$69

### Kathak Step I Ages 6-16 **NEW**

This Kathak class is great for beginners to begin learning the first steps of one of the most beautiful classical dances of India. It derived from the singing story tellers [Bards] of ancient India called 'Kathiks'. This dance moved from its temple origin to a 16th Century court dance with some Persian influence, to its current stunning form. The instructor Vaishnavi Misra has been a student of Guru Surendra Saikeya of the Lucknow Gharana and graduated in Kathak Dance from one of the best schools of dance and music in India. Come and enjoy this educational and disciplined dance style while having fun learning. This dance style instills grace and poise while offering a good source of exercise. Come and have an experience with us! Wear comfortable clothing to move and dance in and bring water bottle. Don't wait too late, sign up today! No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195429	6-16	LCCC	Sep21-Oct26	9:00AM-10:00AM	6	Sa	Misra	\$69
197480	6-16	LCCC	Nov2-Dec14	9:00AM-10:00AM	6	Sa	Misra	\$69



## Jazz Fitness for Youth

Ages 9-12 NEW

This beginning level dance class will provide easy to follow routines to current popular music while having fun! In addition, short Jazz Dance choreography combinations are taught each week as a way to target full-body expression. Come join this energetic and up beat dance class for girls who just want to have fun! Jazz shoes are required. No class Nov. 11 and 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198179	9-12	CCC	Sep16-Oct21	4:30PM-5:30PM	6	M	Tia	\$69
198180	9-12	CCC	Oct28-Dec9	4:30PM-5:30PM	5	M	Tia	\$59

## Jazz Fitness for Adults

Ages 18 & up NEW

This is the class you have been waiting for! Come and experience this beginning level Jazz dance fitness class that will focus on aerobic dance exercises which conditions and enables you to exercise for long periods of time, creating a true CALORIE BURN! A segment of each class is dedicated to Across the Floor exercises and resistant band training that will help to build your flexibility, strength and endurance. This class will get your heart pumping and having fun in no time! Jazz shoes are required! Bring your resistance bands to each class. Bring a friend and do it together! No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197426	18 & up	LCCC	Sep28-Oct26	10:05AM-10:55AM	5	Sa	Tia	\$59
197430	18 & up	LCCC	Nov2-Dec14	10:05AM-10:55AM	6	Sa	Tia	\$69

## Bollywood Fusion for Teens

Ages 11-16 NEW

It's Official! The students love the energy and the artistic choreography of the Bollywood dance taught by our instructor Vaishnavi Misra, who has a degree in Indian Classical Dance. This is not your same old Bollywood dance routines. Come learn the nuances of the real time Bollywood Dance! From tips to tricks to doing it right! Learn this trendy Art form while keeping in shape and enhancing your energy level, all while having fun! Come everyone- Be A Star! Bring water bottle and hand towel to each class. Everyone, all levels are welcome, so what are you waiting for-sign up today and bring a friend! No class Nov. 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195431	11-16	LCCC	Sep19-Oct24	6:00PM-7:00PM	6	Th	Vaishnavi	\$69
195432	11-16	LCCC	Nov7-Dec12	6:00PM-7:00PM	5	Th	Vaishnavi	\$59

## Bollywood Fusion for Adults

Ages 17 & up

It's Official! The students love the energy and the artistic choreography of the Bollywood dance taught by our instructor Vaishnavi Misra, who has a degree in Indian Classical Dance. This is not your same old Bollywood dance routines. Come learn the nuances of the real time Bollywood Dance! From tips to tricks to doing it right! Learn this trendy Art form while keeping in shape and enhancing your energy level, all while having fun! Come everyone- Be A Star! Bring water bottle and hand towel to each class. Everyone, all levels are welcome, so what are you waiting for-sign up today and bring a friend! No class Nov. 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195433	17 & up	LCCC	Sep19-Oct24	7:00PM-8:00PM	6	Th	Vaishnavi	\$69
195434	17 & up	LCCC	Nov7-Dec12	7:00PM-8:00PM	5	Th	Vaishnavi	\$59

## Ballet for Adults

Ages 16 & up

This Ballet class will inspire you to dance with flexibility. Students will learn basic Ballet technique with creative modern movements. Try something out of the ordinary! This class is a chance to express yourself and emote through dance while getting a great workout. No experience necessary. Ballet shoes are required. No class Nov. 11 and 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195444	16 & up	CCC	Sep16-Oct21	7:00PM-8:00PM	6	M	Jessica	\$69
195445	16 & up	CCC	Oct28-Dec9	7:00PM-8:00PM	5	M	Jessica	\$59

## SharQui-The Bellydance Workout

Ages 18 & up

Burn up to 350 calories in 1 hour! This power dance workout fuses the body-loving and soul-stimulating elements from the art form of bellydance with the fat blasting burn of a cardio workout. SharQui is the exciting way to get fit and change your body. It improves your posture, slims your hips, legs and thighs, defines your waist and strengthens your core and upper body. No matter what your fitness level SharQui is for you. Sign up today! No class Nov. 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198278	18 & up	CCC	Sep18-Oct23	11:00AM-12:00PM	6	W	Monicah	\$75
198279	18 & up	CCC	Oct30-Dec11	11:00AM-12:00PM	6	W	Monicah	\$75

## Hula Fitness for Adults

Ages 18 & up

Come one, come all and be a part of the Hula craze workout class. This class is designed to make you feel great while you have fun getting in shape. Hula Fitness for all levels is the great way to work your cardio. You will learn basic Hula moves that will help to strengthen your core. You will be surprised how these slow dance movements will increase your strength and definition. One move we will do is the 'kaholo'. It's just like walking which benefits your health. Come join us and have an experience.

Be inspired by the sounds of the Pacific Islands and dance to easy Hula movements. Bring a water bottle and a sarong. Dancing barefoot works best. Looking forward to seeing you there! No class Nov. 28.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198230	18 & up	WSCC	Sep19-Oct24	12:00PM-1:00PM	6	Th	Janice	\$69
198231	18 & up	WSCC	Oct31-Dec12	12:00PM-1:00PM	6	Th	Janice	\$69

## Ballroom Beginning

Ages 16 & up

Ever been captivated by the grace, romanticism and poise of ballroom dancers flowing effortlessly across the dance floor? Well, come and literally take the first step into an amazing world where you'll come across the timeless elegance of the Waltz, the cool & jazzy Fox-trot, and the intense and passionate Tango! Taught by our very own Arthur Murray Trained Ballroom Instructor, Jose. This class is tailored specifically for beginners-no prior dance experience is required. Go ahead grab your partner and soon you'll be gliding across the dance floor ala Fred Astaire & Ginger Rogers! Wear comfortable clothing and dress shoes. Sign up today! Fee is per couple. No class Nov. 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198197	16 & up	LCCC	Sep20-Oct25	6:45PM-7:45PM	6	F	Mr.Jose	\$69
198198	16 & up	LCCC	Nov1-Dec13	6:45PM-7:45PM	6	F	Mr.Jose	\$69



# DANCE

## DANCE, Continued

### Ballroom Intermediate for Adults

**Ages 16 & up**

Strictly for continuing students! This new and exciting course will build on concepts that were introduced in both the Fast Rhythms and Flowing Elegance courses. This intermediate course will go into more detail about the traditional Ballroom dances such as the Waltz, Tango, Rumba, Cha Cha, and will explore some new dances as well. Price is per couple. Participants will need a partner. Wear ballroom or dress shoes. Come have fun while learning to DANCE! No class Nov. 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198199	16 & up	LCCC	Sep20-Oct25	7:45PM-8:45PM	6	F	Mr. Jose	\$89
198200	16 & up	LCCC	Nov1-Dec13	7:45PM-8:45PM	6	F	Mr. Jose	\$89

### Ballroom Latin Style for Adults

**Ages 16 & up**

Taught by our very own Ballroom King, Mr. Jose Reyes. Latin Dance is a fun introduction to one of the most exciting areas of ballroom dance. Grab your partner and join us as we learn the sexy Salsa, the flirtatious Cha Cha, the sensual Rumba, and a variety of other popular Latin dances. This course is designed for students with little or no dance experience. This class will teach basic fundamentals of timing, rhythm, footwork and an introduction to partner dancing helping you build a SOLID foundation. Our goal will be to raise your awareness of timing, technique & basic body movements so you can dance the night away in no time. Must have a partner. Wear street shoes or Ballroom shoes. No tennis shoes please. Come join us and have great time! No class Nov. 11 and 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198201	16 & up	TNC	Sep16-Oct21	7:30PM-8:30PM	6	M	Mr. Jose	\$89
198202	16 & up	TNC	Oct28-Dec9	7:30PM-8:30PM	5	M	Mr. Jose	\$79

### Ballroom Dance for Weddings

**Ages 18 & up**

Want to make a lasting, memorable impression at your wedding or special occasion? Try Ballroom Dancing! This course is designed to help you prepare for your special event, whether you're the groom, bride or guest. Come and join in on the fun in a relaxed, stress-free environment. Must have a partner, wear comfortable clothing and street shoes. Sign up today! Fee is per couple. No class Nov. 11 and 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198226	18 & up	TNC	Sep16-Oct21	6:25PM-7:25PM	6	M	Mr. Jose	\$89
198227	18 & up	TNC	Oct28-Dec9	6:25PM-7:25PM	5	M	Mr. Jose	\$79

### Tap Beginning for Adults

**Ages 18 & up**

Do you want to have fun and learn to tap at the same time? This class is for you! Experience the fun rhythms of tap as you learn rhythmic and classic tapping techniques. Tap shoes are required. Come have fun while learning the rhythms of TAP! No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197691	18 & up	CCC	Sep21-Oct26	11:00AM-12:00PM	6	Sa	Jenae	\$69
197692	18 & up	CCC	Nov2-Dec14	11:00AM-12:00PM	6	Sa	Jenae	\$69

### Tap Intermediate for Adults

**Ages 18 & up**

Do you want to have fun and improve your tap dancing at the same time? This is a fast paced class filled with rhythmic and classic tapping techniques. Participants should have completed one year of beginning tap instruction. Tap shoes are required. No class Nov. 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198193	18 & up	CCC	Sep18-Oct23	6:15PM-7:15PM	6	W	Jenae	\$69
198194	18 & up	CCC	Oct30-Dec11	6:15PM-7:15PM	6	W	Jenae	\$69

### Tap Intermediate for Seniors

**Ages 50 & up**

This is a continuation class from Tap Beginning for Seniors. Participants must have completed one year of Beginning Tap for Seniors. The pace in this class will move faster. Lots of fun will still be had. Great for getting your exercise. Tap shoes are required. No class Nov. 11 and 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198185	50 & up	CCC	Sep16-Oct21	12:00PM-1:00PM	6	M	Venae	\$65
198186	50 & up	CCC	Oct28-Dec9	12:00PM-1:00PM	5	M	Venae	\$55

### Tap Performance for Seniors

**Ages 50 & up**

This is a performance class just for Seniors! Tap experience is required. Participants will learn choreography that will prepare them to perform at community events and our annual spring recital. Enrollment is required to participate in performances. This is a recital class. No class Nov. 11 and 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198187	50 & up	CCC	Sep16-Oct21	2:00PM-3:00PM	6	M	Venae	\$65
198188	50 & up	CCC	Oct28-Dec9	2:00PM-3:00PM	5	M	Venae	\$55

## ZUMBA

For more information  
call (510) 791-4351



### Zumba 70's Party!

#### Boogie Groove

**Ages 18 & up NEW**

Hey everybody, come get your groove on and boogie down with us at this 70's Zumba Party! Wear your favorite 70's style outfit, with Afro puffs and paisley prints. The more color the better! 'You betta work it in those Bell Bottoms!' Taught by licensed Zumba Instructors. Sign up early, before September 4, 2013 for only \$15. Cost will increase to \$20 per person after Sept 4. Bring a friend and enjoy the party!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	FEE
197659	18 & up	TNC	Sep13	7:30PM-9:00PM	1	F	Debra & Monicah	THRU SEP4 \$15	SEP5 \$20

### Zumba Daytime

**Ages 18 & up**

It's a Zumba Party! Come have fun while exercising to Latin inspired beats. All are welcome. Taught by a licensed Zumba instructor, 'Monicah'. Bring water. Wear clothes you can move in and get your groove on! No class Nov. 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198280	18 & up	CCC	Sep20-Oct18	12:00PM-1:00PM	5	F	Monicah	\$69
198281	18 & up	CCC	Nov1-Dec13	12:00PM-1:00PM	6	F	Monicah	\$79

### Zumba Fusion Dance Workout-Lunch Time

**Ages 18 & up**

Ditch the workout, come join the PARTY!! A little bit of Zumba and little bit of SOUL! Taught by our very own Queen of the Dance, Debra, who is a licensed Zumba instructor. This Zumba dance workout class is a fusion of African, Latin, and other dance styles fused together to create a fun and energetic workout that is designed for ALL levels. Go at your own pace! You get a great workout in just 50

mins. We will work on arm strengthening as well. Bring 2 or 3 pound hand weights to each class. Bring your favorite hip scarf to wrap around your waist. Bring a 'I Can Do It' attitude and you will be groovin in no time! You will discover that you can dance too! Great for getting your exercise that will help to promote a healthier YOU! Also bring water bottle, tennis shoes, face towel. No class Oct. 8 and Nov. 26.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197650	18 & up	CCC	Sep17-Oct22	12:05PM-12:55PM	5	Tu	Debra	\$55
197651	18 & up	CCC	Oct29-Dec10	12:05PM-12:55PM	6	Tu	Debra	\$65

## Zumba Fusion at Night **Ages 18 & up NEW**

This is a high energy, fast pace, upbeat, Zumba Fusion Dance class is taught by our very own Dancin Queen, Debra, who is a licensed Zumba instructor. Ditch the workout, come join the PARTY!! A little bit of Zumba and little bit of SOUL! This class is a fusion of other dance styles such as Hip Hop, Jazz, Belly Dance and Latin. Other dance styles may be incorporated in the choreography. You get a great workout in just 50 mins. We will work on arm strengthening as well. Bring 2 or 3 pound hand weights to each class. Bring your favorite hip scarf to wrap around your waist. Bring a 'I Can Do It' attitude and you will be groovin in no time! You will discover that you can dance too! Great for getting your exercise that will help to promote a healthier YOU! All dance fitness levels are welcomed. Also bring water bottle, tennis shoes, face towel. No class Oct. 31.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195576	18 & up	CCC	Oct10-Nov21	7:00PM-7:50PM	6	Th	Debra	\$69

## Zumba Night-time **Age 18 & up**

It's a Zumba Party! Come have fun while exercising to Latin inspired beats and More! All levels are welcome. Taught by a licensed Zumba instructor 'Monicah'. You are sure to have a good time while working out! Bring water. Wear clothes you can move in and get your groove on! No class Nov. 26.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198478	18 & up	CCC	Sep17-Oct22	7:10PM-8:10PM	6	Tu	Monicah	\$79
198479	18 & up	CCC	Oct29-Dec10	7:10PM-8:10PM	6	Tu	Monicah	\$79

# HEALTH & FITNESS



## 20-20-20

**Ages 18 & up**

**For more information, call (510) 791-4334**

Try 20 minutes of cardio, 20 minutes of strength, and 20 minutes of stretching. This well balanced class will motivate and get you in shape. Class taught by Certified Personal Trainer, Moji B.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196435	18 & up	SF	Sep1-29	9:00AM-10:00AM	5	Su	\$99
196439	18 & up	SF	Sep4-25	6:00PM-7:00PM	4	W	\$79
196440	18 & up	SF	Oct2-30	6:00PM-7:00PM	5	W	\$99
196436	18 & up	SF	Oct6-27	9:00AM-10:00AM	4	Su	\$79
196437	18 & up	SF	Nov3-24	9:00AM-10:00AM	4	Su	\$79
196441	18 & up	SF	Nov6-20	6:00PM-7:00PM	3	W	\$59
196438	18 & up	SF	Dec1-15	9:00AM-10:00AM	3	Su	\$59
196442	18 & up	SF	Dec4-18	6:00PM-7:00PM	3	W	\$59

## Cardio Kickboxing

**Ages 18 & up**

**For more information, call (510) 791-4334**

Cardio Kickboxing is a fun, energy driven class that will surely get you sweating! Come and punch, jab, kick, and step your way to a great body. Experienced instructors will get your blood pumping with some great music that you can't help but move. Try out this amazing class today!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196443	18 & up	SF	Sep5-26	5:00PM-6:00PM	4	Th	\$79
196447	18 & up	SF	Sep5-26	7:00PM-8:00PM	4	Th	\$79
196444	18 & up	SF	Oct3-24	5:00PM-6:00PM	4	Th	\$79
196448	18 & up	SF	Oct3-24	7:00PM-8:00PM	4	Th	\$79
196445	18 & up	SF	Nov7-21	5:00PM-6:00PM	3	Th	\$59
196449	18 & up	SF	Nov7-21	7:00PM-8:00PM	3	Th	\$59
196446	18 & up	SF	Dec5-19	5:00PM-6:00PM	3	Th	\$59
196450	18 & up	SF	Dec5-19	7:00PM-8:00PM	3	Th	\$59

## TRX Fusion

**Ages 18 & up**

**For more information, call (510) 791-4334**

All the stars and professional athletes are doing TRX. Come experience total body suspension and make your body your machine. TRX uses your own body weight to increase strength, endurance, stability, and flexibility. This class is as hard as you want to make it; which makes it perfect for beginners as well as the advanced athlete. Class taught by TRX Certified instructor and Master Personal Trainer, Esther.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196453	18 & up	SF	Sep4-25	5:00PM-6:00PM	4	W	\$79
196454	18 & up	SF	Oct2-30	5:00PM-6:00PM	5	W	\$99
196455	18 & up	SF	Nov6-20	5:00PM-6:00PM	3	W	\$59
196456	18 & up	SF	Dec4-18	5:00PM-6:00PM	3	W	\$59

## Fremont's Biggest Loser **Ages 18 & up**

**For more information, call (510) 791-4334**

You know the popular show, and now we have it available to you in Fremont. Come join a team, workout with personal trainers, receive lifestyle and nutrition coaching, share success stories, and transform your body. You will be weighed every week and mentored to stay on track. The participant with the biggest amount of weight lost will win a prize and be Fremont's Biggest Winner! Program presented by Snap Fitness certified personal trainers. Please Note: Tuesday classes meet at 6-7:15 p.m., and Saturday classes meet at 9-10:15 am.. Both barcodes listed below will be Tuesday, and Saturday sessions.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196451	18 & up	SF	Sep3-Oct12	see description	12	see description	\$239
196452	18 & up	SF	Oct15-Nov23	see description	12	see description	\$239

## Meditations for Wellness and Empowerment

**Ages 18 & up**

**For more information, call (510) 791-4318**

Learn meditations for achieving optimum health, peace of mind, Chakra balancing, grounding and manifestation. Learn three different manifesting techniques, forgiveness, breath-work, balancing the Ki/Chi. Remove blockages based on fear from subconscious mind. Learn sound-based meditations, visualization meditations, and meditations on breath for deep energy work. Practice self-body scan, improve sleep, lose weight and increase self-esteem. Instructor: Smita Govil, Certified Reiki Master Teacher.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198531	18 & up	WSCC	Sep10-Nov12	6:15PM-7:45PM	10	Tu	Govil	\$105



## HEALTH & FITNESS, Continued

### Reiki I

Ages 18 & up

**For more information, call (510) 791-4318**

Come and learn safe and easy holistic healing modality for balancing your ki/energy/chi to achieve optimum health on all levels- Emotional, Mental, and Physical. Reiki helps in reducing stress thus bringing peace of mind, improving sleep and increases our awareness on all levels. It helps relax, rejuvenate and restore. This class teaches Reiki I attunement/initiation, chakra balancing exercises, self-healing with Reiki, history of Reiki and a detailed manual is provided. Note: Please bring a bottle of water for yourself to the class. Instructor: Smita Govil, Reiki Grand Master Teacher.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198577	18 & up	WSSC	Sep20-Oct11	12:30PM-3:30PM	4	F	Govil	\$85

Ramakrishnan include testimonial in the section with her classes

### Boosting Immunity Naturally and Effectively

Ages 18 & up NEW

**For more information, call (510) 494-4322**

Learn how to boost your family's immunity before winter sets in. For those who are interested in outsmarting the flu virus and other bugs, this class will provide a wealth of information on how to strengthen one's defenses naturally through healthy diet, time tested herbs and supplements. This two hour workshop will provide ample information on immune enhancing foods, broths and herbal teas that you can prepare with ease. Prevention is way better than the cure! \$5 materials fee due at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197077	18 & up	SHP	Oct6	5:00PM-7:00PM	1	Su	Ramakrishnan	\$29

### Gentle & Effective Detox (3-part series)

Ages 18 & up NEW

**For more information, call (510) 494-4322**

How can one lose weight, boost energy levels, improve mood, curb sugar cravings and get rid of accumulated toxins? Through a good cleanse of course! We are good about taking care of our vehicles and scheduling maintenance visits, but we hardly do anything for our own metabolic motors-our bodies which need cleansing and tune-ups periodically to function efficiently. This three-part, six hour workshop series will focus on restoring health and vitality in a supportive and motivating group setting. We will discuss gentle, safe and effective detoxification techniques in each two hour class starting from the fundamentals and cover a lot of material. Workshop includes meal plans, therapeutic recipes, handouts and samples. Instructor: Ramya Ramakrishnan M.A., N.C. Board certified Nutrition Consultant. \$9 material fee due before each session. Cost of supplements (optional) is extra.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197076	18 & up	SHP	Sep15-29	5:00PM-7:00PM	3	Su	Ramakrishnan	\$119

See Dance section  
for  
Jazz Fitness...pg 15  
and  
Zumba...pg 16-17

## YOGA

**For more information, call (510) 791-4318**

**Early Bird discount: \$10 off each session when registering one week prior to class start date.**

### Beginner Yoga

Ages 18-65

This beginner level class introduces you to a basic practice of Yoga and its mind/body benefits. Guided by detailed instructions, you will learn foundational poses with proper forms for developing strength and flexibility. Each class starts with a deep breathing exercise and ends with relaxation to rejuvenate your mind and body. No experience required; just a desire to learn and participate. Wear comfortable clothing. Bring your own yoga mat and water. Class taught by a certified Yoga instructor. No class Sept. 21 and Nov. 28.



### Intermediate Yoga

Ages 18-65

A continuation of Beginner Yoga, this intermediate level class is designed for students with prior Yoga experience. We will review and learn beginner/intermediate level poses to deepen your Yoga practice, further improving strength and flexibility. This class is taught at a faster pace with more challenging poses than Beginner Yoga. We also practice deep breathing and relaxation, essential to any level of Yoga. Wear comfortable clothing. Bring your own mat and water. Class taught by a certified Yoga instructor. No class Sep. 21 Nov. 23, 26, 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	DISC FEE*	FEE
198428	18-65	CCC	Sep5-Oct17	9:30AM-10:30AM	7	Th	Tsoi	\$69	\$79
198429	18-65	WSSC	Sep5-Oct17	6:30PM-7:30PM	7	Th	Tsoi	\$69	\$79
198430	18-65	TNC	Sep7-Oct19	9:30AM-10:30AM	6	Sa	Tsoi	\$59	\$69
198431	18-65	CCC	Oct24-Dec19	9:30AM-10:30AM	8	Th	Tsoi	\$79	\$89
198432	18-65	WSSC	Oct24-Dec19	6:30PM-7:30PM	8	Th	Tsoi	\$79	\$89
198433	18-65	TNC	Oct26-Nov23	9:30AM-10:30AM	5	Sa	Tsoi	\$49	\$59

\*Must reg 1 wk before class start date.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	DISC FEE*	FEE
198476	18-65	CCC	Sep3-Oct15	9:30AM-10:30AM	7	Tu	Tsoi	\$69	\$79
198477	18-65	TNC	Sep7-Oct19	10:45AM-11:45AM	6	Sa	Tsoi	\$59	\$69
198480	18-65	CCC	Oct22-Dec17	9:30AM-10:30AM	8	Tu	Tsoi	\$79	\$89
198481	18-65	TNC	Oct26-Nov16	10:45AM-11:45AM	4	Sa	Tsoi	\$39	\$49

\*Must reg 1 wk before class start date.

# HORSEMANSHIP

For more information, call (510) 791-4318  
Visit [www.chaparralcorporation.com](http://www.chaparralcorporation.com) for directions.  
DO NOT USE GPS!



## Horse Fundamentals Level 1 Ages 8 & up

The country is so close to the city-come out and learn to ride at Chaparral Ranch! This introductory course includes three classroom sessions and one basic riding lesson. Topics include safety, horse care, ownership, tack, horse psychology, and riding techniques. Adults need to register if they want to participate in the class with their child.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197229	8 & up	CR	Sep7-28	9:00AM-10:00AM	4	Sa	Rhonda Mott	\$95
197230	8 & up	CR	Oct5-26	9:00AM-10:00AM	4	Sa	Rhonda Mott	\$95
197231	8 & up	CR	Nov2-23	9:00AM-10:00AM	4	Sa	Rhonda Mott	\$95

## Breakfast Ride Ages 8 & up NEW

Breakfast rides available in sunny Ed Levin Park. A continental breakfast is included!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
199231	8 & up	CR	Sep1	10:00AM-11:30AM	1	Su	Shawn Mott	\$50
199232	8 & up	CR	Oct6	10:00AM-11:30AM	1	Su	Shawn Mott	\$50
199233	8 & up	CR	Nov3	10:00AM-11:30AM	1	Su	Shawn Mott	\$50
199234	8 & up	CR	Dec1	10:00AM-11:30AM	1	Su	Shawn Mott	\$50

## Trail Rides Ages 8 & up NEW

Scenic trail rides are available in sunny Ed Levin Park. Beginners are welcome. Trail rides are walking only

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
199226	8 & up	CR	Sep15	12:00PM-1:00PM	1	Su	Shawn Mott	\$40
199227	8 & up	CR	Oct20	12:00PM-1:00PM	1	Su	Shawn Mott	\$40
199228	8 & up	CR	Nov17	12:00PM-1:00PM	1	Su	Shawn Mott	\$40
199229	8 & up	CR	Dec15	12:00PM-1:00PM	1	Su	Shawn Mott	\$40

# MAGIC

For more information, call (510) 494-4322

## Abracadabra Kids

### Ages 4-6

Hocus pocus-Abracadabra! Students are introduced to magic through simple 'self working' magic tricks that the junior magicians take home to dazzle their family. This class is an introduction to simple magic tricks that will develop fine motor skills, self-confidence and encourage creativity. Between learning tricks and having fun, the instructor will entertain the children with magic tricks.

Each child receives a magic wand, Magician's Assistant Certificate and the simple tricks they have learned. This is a parent participation class. Fee is per parent/child pair. \$4 lab fee due at class. Optional Wizard Hat additional \$3.50.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195881	4-6	CPVSC	Oct28	6:30PM-7:40PM	1	M	Wertman	\$19



## An Evening of Magic Parent/Child Magic Workshop

### Ages 7-11

Enjoy an evening of discovering the art of magic with your child! Learn how to make something disappear or how to read a mind. Learning magic tricks develops self-confidence, ignites creativity, may further develop fine motor skills and can spark an interest in reading. This class is designed for students and parents with little or no previous conjuring experience. Potential magicians explore the art of magic through a variety of simple magic tricks in an encouraging and enjoyable environment. Each registrant receives a magic wand, Magician's Assistant Award, several manufactured basic magic tricks and materials to perform the tricks that can be done with household items. Fee is per parent/child pair. \$6 material fee due at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195879	7-11	CPVSC	Nov15	6:45PM-8:30PM	1	F	Wertman	\$29

## An Afternoon of Wizardry (School Holiday)

### Ages 7-12

Too busy to take your child to Hogwarts-Harry Potters School of Wizardry? Why not bring them to the Wizard's Workshop? Welcome to 'School Holiday' afternoon of wizardry and magic! Learn how to make something disappear or 'how to read a mind'. Designed for students with little or no previous conjuring background. Wizards and magicians explore the art of magic through a variety of simple magic tricks in an encouraging and enjoyable environment. Each junior wizard receives a wizard's hat, magic wand, magician's assistant award, and the magic booklet '102 Easy Magic Tricks'. Bring a snack. \$6 material fee due at class. Optional Wizard hat \$3.50.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195880	7-11	OHAC	Nov11	1:30PM-4:30PM	1	M	Wertman	\$29

# MUSIC

For more information, call (510) 494-4322

## KINDERMUSIK

### Village-Zoom Buggy

Newborn to 9 months

Swoosh, vroom, and clickety-clack your way through this delightful unit. Babies and adults will dance, sing, and play instruments to the theme of being on the go. Chug around the room to the song 'Little Red Caboose,' hold on tightly while 'Riding in the Buggy,' and dance your way to 'Zoom-e-oh!' Engage in rituals and playful activities such as infant massage, lap bounces, exercise, and quiet time. \$61 material fee is due during the first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195840	Newborn-9months	NVMH	Sep19-Nov14	10:15AM-11:00AM	9	Th	Shpits	\$139

### Our Time-Wiggles & Giggles

Ages 9 months-3 years

The more than 30 songs, 15 dances, and eight different instruments create these unique music activities, designed to reflect the importance of movement in the life of a toddler. We're on the sea in boats and under the sea pretending to be fish! We're splashing and splashing to help us explore steady beat-the underlying, regular pulse in music. Friendly water activities will bring the learning home from hand washing to bath time. Move, play, and sing together in developmentally appropriate activities created just for 9 months to 3-year-olds. Capture the familiar and new moments of the day and learn how music can impact your toddler. Infants up to 4 months free with registered siblings. \$61/family material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195838	9 months-3yr	NVMH	Sep19-Nov14	11:00AM-11:45AM	9	Th	Shpits	\$139

### ABC Music and Me-Silly All Over

Ages 3-5

This month gives children a case of the giggles. They will listen to silly sounds, move in silly ways, and read a story about a mouse that puts clothes on all the wrong places. Laugh a little, and get Silly All Over! January-Rhythms of the Land In class we'll explore the rhythms and sounds of Native American music. As we investigate, compare, and contrast a wide variety of drums and the materials they're made from, your preschooler develops the investigative vocabulary needed in the sciences. When you repeat rhythm patterns at home and share the activities in your Home Kit, your child gets an early start in math, too. \$41 material fee due at first class.



BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195839	3-5	NVMH	Sep19-Nov14	11:45AM-12:30PM	9	Th	Shpits	\$139



## Early Start Music-Music Together

Newborn - 5 years

Music Together is a Family Class for children birth-5 years and the adults who love them! Music Together is an internationally recognized early childhood music program which strongly emphasizes and facilitates adult involvement. The whole family can participate at their own levels in singing, moving, chanting and exploring musical instruments. Babies 8 months and younger and children over 7 years may participate at no extra charge with their registered sibling. Material fee includes 2 CD's and a fully illustrated songbook, parent DVD, musical growth chart, and informative and educational newsletters. As a courtesy, we offer three make-up classes each quarter. Make-ups are not guaranteed, as spots are limited. We also offer a sibling rate of \$10 per class. Call registration desk for info on how to register for sibling rate or late registration (510) 494-4300. \$66 material fee due the first class (per family, not per student). For more information or to sample a class, visit [www.earlystartmusic.com](http://www.earlystartmusic.com). No class Oct. 12, Nov. 16, Nov. 29 and Nov. 30. Come and join the fun with your little one!

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195828	up to 5yr	IRCC	Sep20-Dec13	9:30AM-10:15AM	12	F	Garcia	\$159
195829	up to 5yr	IRCC	Sep20-Dec13	10:30AM-11:15AM	12	F	Garcia	\$159
195835	up to 5yr	IRCC	Sep20-Dec13	11:30AM-12:15PM	12	F	Garcia	\$159
195830	up to 5yr	IRCC	Sep21-Dec14	9:30AM-10:15AM	10	Sa	Garcia	\$135
195831	up to 5yr	IRCC	Sep21-Dec14	10:30AM-11:15AM	10	Sa	Garcia	\$135
195834	up to 5yr	IRCC	Sep21-Dec14	11:30AM-12:15PM	10	Sa	Garcia	\$135

## Little Panda Chinese Music Class

Ages 1-4

Ni hao means hello in Chinese. Little Panda is a developmentally appropriate music and movement program mostly conducted in Chinese. It nurtures young children's ability to use Mandarin and to participate in dramatic play within a musical context, including singing, chanting, moving, dancing, focused listening, and playing simple instruments. This parent-participation class is fun and informal, providing stimulating experience for both children and caregivers, regardless of one's musical and Mandarin language abilities. NOTE: No make-ups for missed classes. Instructor Jill Yeh grew up in Taiwan and has a BA in English and MA in Education. She also has a Music Teacher Certificate from Early Childhood Music and Movement Association (ECMMA). No previous language experience is necessary. Fee is per parent/child pair. \$20 material fee due at first class for songbook and CD.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195836	1-4	WSCC	Sep13-Nov15	9:45AM-10:30AM	10	F	Yeh	\$155
195837	1-4	WSCC	Sep13-Nov15	10:45AM-11:30AM	10	F	Yeh	\$155

MUSIC

MUSIC

MUSIC



The following music classes are taught by Instructor Julie Thomas, BA Piano and Guitar, AA Performing Arts.  
For more information, call (510) 791-4318

## Beginning/Continuing-Keyboard

**Ages 4 & up**

Beginners who have never played before will enjoy a fun introduction to keyboard through learning of finger positions, note reading, theory and rhythm, and ear training. Experienced players will have lessons tailored to their skill level. We will play piano music on keyboards. Bring any type of battery-operated keyboard. No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197739	4 & up	WSSC	Sep21-Nov2	9:55AM-10:45AM	7	Sa	Thomas	\$175
197740	4 & up	WSSC	Nov9-Dec21	9:55AM-10:45AM	6	Sa	Thomas	\$149

## Violin Study

**Any Age**

This is a group class where students will receive individual instruction specific to each person's own skill level. Children as young as 5 may join and will start on basics. Older children or experienced students will receive continuing lessons at a more advanced level. Class covers note reading, theory, rhythm, composition, technique, and posture for violin and bow. Each student needs to bring a violin and bow to class. No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197828	5 & up	WSSC	Sep21-Nov2	11:45AM-12:35PM	7	Sa	Thomas	\$175
197829	5 & up	WSSC	Nov9-Dec21	11:45AM-12:35PM	6	Sa	Thomas	\$149

## Beginning/Continuing-Clarinet

**Ages 6 & up NEW**

Begin first-time lessons on clarinet or continue to more advanced playing if you already know how to play. The instructor can help you with band assignments if you need extra help for school band. Class covers note reading, technique, performance, and theory. Students need to bring their own clarinet to each class. No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197822	6 & up	WSSC	Sep21-Nov2	12:35PM-1:20PM	7	Sa	Thomas	\$175
197823	6 & up	WSSC	Nov9-Dec21	12:35PM-1:20PM	6	Sa	Thomas	\$149

## Beginning/Continuing-Guitar

**Ages 6-16**

This is a group guitar class for kids of any age! Bring your guitar and pick. Beginners will learn the basics of guitar playing including melodies, chords and reading music. Experienced players will have lessons tailored to their skill level. No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197779	6-16	WSSC	Sep21-Nov2	9:00AM-9:50AM	7	Sa	Thomas	\$175
197780	6-16	WSSC	Nov9-Dec21	9:00AM-9:50AM	6	Sa	Thomas	\$149

## Beginning/Continuing-Adult Guitar

**Ages 17 & up**

Don't be shy! This is a class for adults and teenagers oriented to self-paced progress. Beginners are very welcome and experienced players who join the class will receive lessons tailored to their skill level. Bring your guitar and pick. Participants will learn the basics of guitar playing including melodies, chords and reading music. No class Nov. 30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197785	17 & up	WSSC	Sep21-Nov2	10:50AM-11:40AM	7	Sa	Thomas	\$175
197786	17 & up	WSSC	Nov9-Dec21	10:50AM-11:40AM	6	Sa	Thomas	\$149

## Cultural Drumming with Ms. Adaku Davis

**Ages 16 & up**

For more information, call (510) 791-4351

An absolutely fun and jamming class that will teach participants to play small Djembe (African) and Doumbek (Middle Eastern) drums along with other percussion instruments such as cowbells, double bells, claves and shekeres. Great class for couples to do together, or friends and family to join in to together. Students will learn to listen, concentrate and work as a team. The fundamentals of music notes will be learned along with timing and count, which applies to all music and dance. Taught by Adaku Davis, a full time artist instructor, with over 20+ years of experience as a professional drummer, performer and percussionist. Adaku has 12+ years of experience as an artist instructor and has received the 'Service to Youth Award'. The last class will be the student's performance for their family and friends and staff. Instructor provides all instruments. Come excited and ready to jam! Must sign up before class starts. Space is limited. Sign up TODAY! No class Nov. 11 and 25-30.



BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
192936	16 & up	IRCC	Sep16-Oct21	6:45PM-7:45PM	6	M	Adaku	\$65
192937	16 & up	IRCC	Oct28-Dec9	6:45PM-7:45PM	6	M	Adaku	\$65

## Indian Classical Music — Beginner Basic

**Ages 6-16 NEW**

For more information call (510) 791-4351

This Beginner Basic Indian Classical Music is a wonderful class of the Ancient Classical Music of India, with a slew of Ragas each one prettier than the other. Instructor Vaishnavi Misra has learned this style of singing for the past 25 years under the guidance of Pandit Rameshwar Prasad Mishra of the Banaras Gharana. With a degree in Classical Singing, Vaishnavi comes equipped to teach your children the love of this Art form. Join us for and fun and educational experience. Just bring your voices and the will to learn. Sign up today! No class Oct. 25 and Nov. 25-30.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195428	6-16	CCC	Sep20-Dec13	6:00PM-7:00PM	10	F	Misra	\$129



## MUSIC, Continued

### MELODY ACADEMY OF MUSIC

The following MAM classes are held at Melody Academy of Music, 1972 Driscoll Road, Suite 5, Fremont

#### Melody Piano Beginners Ages 4-5

This course will enrich children who have never studied music through a variety of fun activities. Please join in to Melody's Birthday together and learn the various music skills, such as singing, ear-training, keyboard playing, rhythm ensemble, reading music. \$45 non-refundable material fee due at first class. Parent participation in the class is required and only registered students can be in the classroom.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
195776	4-5	MAM	Sep15-Oct20	9:00AM-9:45AM	6	Su	\$145
195777	4-5	MAM	Sep21-Oct26	11:00AM-11:45AM	6	Sa	\$145
195778	4-5	MAM	Oct2-Nov6	3:30PM-4:15PM	6	W	\$145
195779	4-5	MAM	Oct7-Nov11	3:30PM-4:15PM	6	M	\$145
195780	4-5	MAM	Oct11-Nov15	4:00PM-4:45PM	6	F	\$145

#### Piano Beginners Ages 5-7

Featuring music theory, key board skills and techniques are included in the class. Ear-training and sight-singing skills will be emphasized. Children will also receive instruction in performing keyboard and rhythm instrument. \$45 non-refundable material fee due at first class. Parent participation in the class is required and only registered students can be in the classroom.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
195781	5-7	MAM	Sep15-Oct20	10:00AM-10:45AM	6	Su	\$145
195782	5-7	MAM	Sep21-Oct26	12:00PM-12:45PM	6	Sa	\$145
195783	5-7	MAM	Oct2-Nov6	4:30PM-5:15PM	6	W	\$145
195784	5-7	MAM	Oct7-Nov11	5:00PM-5:45PM	5	M	\$145
195785	5-7	MAM	Oct11-Nov15	5:00PM-5:45PM	6	F	\$145

#### Group Violin Class Ages 6-10

Try the violin! Suzuki method is combined with Western teaching methods to provide a strong foundation for playing this sophisticated instrument. Students learn to read notes and become familiar with rhythm and music theory. \$45 non-refundable material fee due at first class (includes book, name badge and violin rental).

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
195786	6-10	MAM	Sep21-Oct26	4:30PM-5:15PM	6	Sa	\$145
195787	6-10	MAM	Oct2-Nov6	5:30PM-6:15PM	6	W	\$145

#### Group Guitar Beginners Ages 7-10

This is a beginner's class for kids. Focus will be on learning basic skills and techniques for the instrument. No former musical knowledge required. \$25 non-refundable material fee due at first class. Please bring your own guitar.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
195789	7-10	MAM	Sep15-Oct20	5:30PM-6:15PM	6	Su	\$145
195790	7-10	MAM	Oct13-Nov17	3:45PM-4:30PM	6	Su	\$145

#### Group Guitar Beginners Ages 10-13

This class is designed to facilitate self-discovery through the instrument. Group setting helps create environment for expressions and communication through music. \$25 non-refundable material fee due at first class. Please bring your own guitar.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
195791	10-13	MAM	Sep15-Oct20	6:30PM-7:15PM	6	Su	\$145
195792	10-13	MAM	Sep22-Oct27	4:30PM-5:15PM	6	Su	\$145

## THRILL THE WORLD EVENTS

For more information, call (510) 494-4322

Join in the Thrill the World annual worldwide simultaneous dance of 'Thriller' and experience the energy of thousands of people around the world dancing together in the name of making a difference for charitable organizations (recreation scholarships), mass collaboration and global unity!



#### Thrill the World Moves Ages 13 & up

BACK AGAIN!! Participants will learn the dance over an 8-week period and simultaneously dance with thousands of others on Saturday, Oct. 26 at 3:00 p.m. Fee includes Thrill the World event registration fee.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195176	13 & up	FCC	Sep4-Oct23	6:30PM-8:00PM	8	W	Genovea	\$49

#### Thrill the World INTENSIVE! Ages 13 & up

This Workshop is for those who are fast learners or have participated in other Thrill the World events!! Learn the moves in a fast-paced environment-a 4-hour intensive. Participants will learn the dance over a 4-hour intensive period and will perform on Saturday, Oct. 26 at 3:00 p.m. Fee includes Thrill the World event registration fee.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195177	13 & up	CC	Oct12	9:00AM-1:00PM	1	Sa	Genovea	\$25

#### Thrill the World Event Ages 13 & up

Registrants MUST attend dress rehearsal on Wednesday, Oct. 23 @ 6:30 p.m. at the Fremont Community Center in preparation for the Oct. 26 event! Registrants MUST have participated in the Thrill the World event in the past and know the dance in its entirety with rehearsals.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195178	13 & up	TBD	Oct26	3:00PM-4:00PM	1	Sa	Genovea	\$15



# PHOTOGRAPHY

For more information, call (510) 494-4322

Instructor Len Cook has 15 years' experience as a photojournalist and over 25 years as a photographer and instructor.

## Digital Photography

Ages 13 & up

In this class, we will discuss camera basics and techniques for taking better pictures: portraits, family pictures, action pictures, travel pictures, and close-ups. Learn safe ways to store your pictures outside your camera so you won't lose your pictures! You'll also learn how to re-use the space on your memory card. We will answer questions like: What do the extra controls on my camera mean? How can I use the extra controls to make better pictures? What difference do they make? My camera can make lots of different sizes of pictures. Which size should I use? Should I always make the biggest size picture?

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197026	13 & up	IRCC	Sep18-Oct9	7:00PM-9:00PM	4	W	Cook	\$119
197027	13 & up	IRCC	Nov13-Dec4	7:00PM-9:00PM	4	W	Cook	\$119

## Digital Photography-Intermediate

Ages 13 & up

You will learn to control your images and efficiently share them! Focal length, viewpoint, composition, lighting, sharpness and other controls contribute to the message in your photos. You will explore free and low-cost photo editing software as well as free and low-cost online photo sharing. Finally, you will learn how to get the best possible results from online or local printing services. Digital Photography II will help you take your photos to the next level.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197028	13 & up	IRCC	Oct16-Nov6	7:00PM-9:00PM	4	W	Cook	\$119

## Outdoor Portraiture

Ages 14 & up

People pictures are often best when simplest. Keeping portraits simple outdoors can be a challenge. Many distracting elements in the background, and shadows on the face spoil the photo. This workshop will focus on improving the photographer's eye for portraits, and simplifying the portrait image for pleasing results, free from shadows and distractions.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197033	14 & up	CPVSC	Dec7-14	9:00AM-11:00AM	2	Sa	Cook	\$89

## Flash Photography:

### Tiny Light, Big Results

Ages 15 & up NEW

Hate the look of your flash pictures? You are not alone. But wait! There's hope and help for those built-in camera flashes. Most built-in flashes have several features that add not-so-ugly interest to your photos. This class will explore and experiment with those additional features like rear-curtain sync, multi-flash (stroboscopic lighting), flash exposure compensation on fill flash, bounce flash and diffused flash. YES, even with the little built-in units.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197030	15 & up	OHAC	Nov7-21	7:00PM-9:00PM	3	Th	Cook	\$119

## Online Selling and Photographing In-animates

Ages 15 & up

Learn photography basics and some Photoshop techniques for making attractive images of artwork and small products. Artists and those interested in contest submissions, online selling, or school submissions will project their wares more effectively. Experiment with a variety of simple to slightly more technical approaches to lighting and staging flat art and three-dimensional art and products. Prepare images for digital printing.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197031	15 & up	IRCC	Dec3-17	7:00PM-9:00PM	3	Tu	Cook	\$119

## Starting on Your Video Happy Path

Ages 15 & up NEW

Video is everywhere, in every camera, in more than half the cell-phones in America, and it's all over the internet. Learn to take little video clips, edit them, and post them online for just friends, or family, or for the whole world to see! This class will cover some video basics, including cellphone video techniques, DSLR video techniques and controls, and even some video techniques with actual video cameras. We'll examine lots of free online resources where the aspiring video-maker can find answers to almost any question. We'll also sample some video editing software as an introduction to story-telling videos.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197735	15 & up	IRCC	Oct6-20	7:00PM-9:00PM	3	Su	Cook	\$109

## Beyond Sunset:

### Night Photography

Ages 15 & up NEW

Get familiar with the problems (and their answers) shooting city-lights pictures at night. We will visit several different examples of after-dark lighting nearby and experiment with techniques you'll be able to use in other urban cityscapes. In additions to location work we'll use the classroom to view software approaches to the problems of night light.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197029	15 & up	OHAC	Oct3-24	7:00PM-9:00PM	4	Th	Cook	\$149

## Photoshop Elements

Ages 16 & up

Photoshop Elements is Adobe's low-cost alternative to their famous graphics powerhouse, Photoshop CS5 Extended. Photoshop Elements even borrows some of the catalog magic of Photoshop Lightroom in the bargain. Learn about importing/cataloging your images, adjusting images one at a time or in batches for color and brightness. See the power of Elements Camera RAW. Retouch images to remove problems, and add images together to introduce fantasy and fun.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197032	16 & up	IRCC	Sep17-Oct1	7:00PM-9:00PM	3	Tu	Cook	\$149





# SPECIAL INTEREST

## Fremont Earthquake Walk

Ages 8 & up

For more information, call (510) 790-5541

Over the last million years, the natural beauty of Fremont has been shaped by the Hayward Fault. In association with the USGS, Math Science Nucleus Instructors will be leading these 'ground breaking' tours and exposing the science and beauty of the Hayward Fault. This fault is one of 10 active faults in the world actually creeping at 5 mm/year. The tour will take place at Central Park (Lake Elizabeth) and explores dramatic faulting effects in both natural and urban environments. Even view the floor of a building that reveals dramatic evidence of this fault activity. (Children under 14 must be accompanied by an adult) Tours begin at the Fremont Earthquake Exhibit (40204 Paseo Padre Pkwy-Enter at Mission View), located in the heart of Central Park on the back side of the Fremont Community Center.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196619	8 & up	See description	Sep14	9:30AM-11:00AM	1	Sa	\$15
196620	8 & up	See description	Oct12	9:30AM-11:00AM	1	Sa	\$15
196621	8 & up	See description	Nov9	9:30AM-11:00AM	1	Sa	\$15

## Coffee Cupping 101

Ages 18 & up

For more information, call (510) 790-5546



Coffee cupping is to coffee as wine tasting is to wine, and is the premier technique used by professional coffee tasters to evaluate the aroma and flavor profile of coffee. If you love coffee, this is a can't miss, must try experience! We are going to walk you through the various steps to becoming a 'coffee cupper' and turn you on to the inside world of coffee. We'll

learn about each bean from beginning to taste! (Green Bean-Roasting-Tasting-Oh My!) We will be cupping between 4-6 different types of coffee per session. Suju's Coffee & Tea, our gracious host, boasts 40+ coffee beans available on a year round basis, and 20+ coffee beans available on a seasonal basis. In the course of a year, we'll taste 'em all!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196641	18 & up	Suju's Coffee	Oct15	6:30PM-7:30PM	1	Tu	\$15

## PETS

For more information, call (510) 790-5546

### Puppy Kindergarten

Puppy up to 5 months

Give your puppy the best start in life during this critical learning stage through socialization, beginning obedience and behavior problem-solving. You will be introduced to the basic obedience commands: come when called, sit, down, stay, leash walking, focus among distractions and more. Topics also discussed: housetraining, chewing, biting, aggression prevention and more. Pups are required to be current on vaccinations. The first class is a human only orientation-do not bring your dog.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196640	3 & up	TNC	Oct2-Nov13	7:00PM-7:45PM	6	W	Collett	\$125

### Family Dog Basic Training

Using the most effective, reward based training methods, your dog will build confidence and be enthusiastic about learning a variety of behaviors (sit, down, stay, settle, come, leave it, leash manners, focus among distractions, go to your mat and more). You and your dog will develop a stronger bond and a better understanding of each other. First class is a human only orientation-do not bring your dog.



BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196639	6 & up	TNC	Oct2-Nov13	8:00PM-8:45PM	6	W	Collett	\$125

## French for Travelers

Ages 18 & up

For more information, call (510) 791-4318

When traveling to a French speaking country, would you like to speak and understand French well enough to use the local monetary system, buy tickets and make transfers on the local trains and metro systems? Would you like to confidently understand and read signs, order from menus, and navigate smoothly through customs? Then the French for Travelers course is for you! This course will take you through the preliminaries of planning and arranging a trip to a French speaking country and, once there, how to have a hassle free vacation. Learn how to 'barter' at a flea market, greet people that you meet and, most of all, understand the French mentality.



BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198576	18 & up	WSSC	Sep16-Nov4	10:00AM-11:30AM	8	M	Turmelle	\$99

# SPORTS

## BADMINTON

For more information call, (510) 791-4334

Taught by former Irvington and Mission San Jose High School varsity players and coaches who have shared their experience and expertise at the community center for years!

### Badminton Beg. Level 0

Ages 5-8

Introduction to the fun and exciting sport of badminton. Come learn the ins and outs of this exciting sport that is quickly growing in popularity! You are guaranteed to have fun while gaining knowledge of technique, footwork, and a variety of shots. This course will be a slower-paced foundation class where students will learn hand-eye coordination, form, and basic shots. We do provide racquets but due to limited availability we ask that you bring your own if possible. This class fills up very quickly so sign up ASAP!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196344	5-8	IRCC	Sep8-Oct13	10:15AM-11:15AM	6	Su	\$89
196345	5-8	IRCC	Oct20-Nov24	10:15AM-11:15AM	6	Su	\$89

### Badminton Level I

Ages 8 & up

This is for the beginning player who has limited experience in badminton. Learn key shots, such as clears and serves, in addition to proper court movement. This class will prepare you for advancing to our Level II class. Bring a racquet and learn all the ins and outs of this exciting sport with guaranteed fun while gaining knowledge of technique, footwork, and a variety of shots.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196376	8 & up	IRCC	Sep8-Oct13	9:00AM-10:00AM	6	Su	\$89
196377	8 & up	IRCC	Sep8-Oct13	10:15AM-11:15AM	6	Su	\$89
196378	8 & up	IRCC	Oct20-Nov24	9:00AM-10:00AM	6	Su	\$89
196379	8 & up	IRCC	Oct20-Nov24	10:15AM-11:15AM	6	Su	\$89

### Badminton Level II

Ages 8 & up

A faster paced course for the player that is ready to take on new technique and instruction. This class will build upon the fundamentals taught in the Level I course and focus on refining a player's skill to prepare them for the challenge of the Level 3 class. Bring a racquet and learn all the ins and outs of this exciting sport with guaranteed fun while gaining knowledge of technique, footwork, and a variety of shots.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196380	8 & up	IRCC	Sep8-Oct13	9:00AM-10:00AM	6	Su	\$89
196381	8 & up	IRCC	Sep8-Oct13	11:30AM-12:30PM	6	Su	\$89
196382	8 & up	IRCC	Oct20-Nov24	9:00AM-10:00AM	6	Su	\$89
196383	8 & up	IRCC	Oct20-Nov24	11:30AM-12:30PM	6	Su	\$89

### Badminton Level III

Ages 11 & up

Enjoy playing the game of badminton by learning how to play singles and doubles. You will be exposed to rules, strategy, and advanced technique to improve your game. You must be able to rally with some consistency. Ideally will have completed both the Level 1 and 2 classes or have played more than 3 months. Bring a racquet and learn all the ins and outs of this exciting sport with guaranteed fun while gaining knowledge of technique, footwork, and a variety of shots.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196384	11 & up	IRCC	Sep8-Oct13	11:30AM-12:30PM	6	Su	\$89
196385	11 & up	IRCC	Oct20-Nov24	11:30AM-12:30PM	6	Su	\$89

## BASKETBALL

For more information, call (510) 791-4334

### Jump Start Basketball II

Ages 5-7

This class is a continuation of Jump Start Basketball. Development of the basic skills learned in Jump Start Basketball will be taught and advanced with NEW techniques and skills, along with playing some of the same fun games. Fine motor skills, socializing skills, and listening skills still come into play with this class. It is encouraged for children who have taken Jump Start Basketball.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196461	5-7	CCC	Sep4-Oct9	7:00PM-7:45PM	6	W	\$65
196459	5-7	CCC	Sep7-Oct12	9:00AM-9:45AM	6	Sa	\$65
196462	5-7	CCC	Oct16-Nov20	7:00PM-7:45PM	6	W	\$65
196460	5-7	CCC	Oct19-Nov23	9:00AM-9:45AM	6	Sa	\$65

See Jump Start Basketball I  
Ages 3-5 . . . page 34

### Elite Clinics (Youth League Preseason Clinic)

See Barcode for ages

Taught by Coach Vaz, and staff. This is a preseason clinic for the City of Fremont Youth Basketball League and we have now added another extra session! Clinics will cover basketball fundamentals and will target areas of improvement. Open to boys and girls, the clinic meets for an hour each day, equivalent to game days in the league. All clinics will be divided by ages, skill level, and friends!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196327	4-7	IRCC	Sep4-Oct2	4:30PM-5:30PM	5	W	\$95
196333	4-7	IRCC	Sep23-Oct21	4:30PM-5:30PM	5	W	\$95
196330	4-7	IRCC	Oct9-Nov6	4:30PM-5:30PM	5	W	\$95
196328	8-11	IRCC	Sep4-Oct2	5:30PM-6:30PM	5	W	\$95
196334	8-11	IRCC	Sep23-Oct21	5:30PM-6:30PM	5	W	\$95
196331	8-11	IRCC	Oct9-Nov6	5:30PM-6:30PM	5	W	\$95
196329	12-15	IRCC	Sep4-Oct2	6:30PM-7:30PM	5	W	\$95
196335	12-15	IRCC	Sep23-Oct21	6:30PM-7:30PM	5	W	\$95
196332	12-15	IRCC	Oct9-Nov6	6:30PM-7:30PM	5	W	\$95

### Youth Basketball League

Grades PS-2nd

The City of Fremont Youth Basketball League will have City staff teach basics, teamwork, & good sportsmanship. The first two weeks of games will be hour long introductory practices, and the remaining seven weeks will be hour long games! All games will be on Saturdays at Irvington Community Center. If necessary, some games may be played on Sundays. All requests for children to be placed on the same team must be in writing at the time of registration and no later than Nov. 4 (please include the barcode). Leagues are intended to be fun! We reserve the right to combine leagues for the overall benefit of the program. Withdrawals after Nov. 6 will be charged a \$25 service & equipment fee. Parent Information Day Nov. 16, will be held at Irvington Community Center (Pre-K = 9:45 a.m.) and (1st-2nd grades = 10:30 a.m.). League information will be handed out. Time will depend on the schedule sometime between 9:00AM-3:00PM.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196336	Pre-K	IRCC	Dec7-Feb15	As assigned	9	Sa	\$149
196337	1st-2nd graders	IRCC	Dec7-Feb15	As assigned	9	Sa	\$149
196338	1st & 2nd graders	IRCC	Dec7-Feb15	As assigned	9	Sa	\$149

## SPORTS, Continued

### Youth Basketball League **Grades 3rd-8th**

The City of Fremont Youth Basketball League, sponsored by Washington Township Medical Foundation is better than ever! Register by 4 p.m. on Oct. 11 to participate in Draft Day at IRCC on Oct. 12. So we can balance the teams, all registered players are required to attend Draft Day at their designated time: (3rd-4th Boys 10 a.m.), (3rd-5th Girls 1:15 p.m.), (5th-6th Boys 11:15 a.m.), (6th-8th Girls 2 p.m.) and (7th-8th Boys 12:30 p.m.). Except for family members, no requests to be on the same team will be accepted. If registered after Draft Day, players will be randomly placed on a team, if space is available. There will be one 1-hour practice every week that may rotate between M-Th. Times vary between 5 and 9 p.m. The practice schedule will be available after Oct. 30. Games will be on Saturday's. If necessary, some games will be on Sunday. Withdrawals after Nov. 6 will be charged a \$25 service and equipment fee. Volunteer parent coaches are needed-call (510) 791-4334. Coaching clinics will be offered to those needing assistance in coaching. Time will depend on the schedule sometime between 9:00 a.m.-7:00 p.m..

#### BOYS ONLY

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196339	3rd-4th grades	IRCC	Dec7-Feb15	As assigned	9	Sa	\$149
196341	5th-6th grades	IRCC	Dec7-Feb15	As assigned	9	Sa	\$149
196343	7th-8th grades	IRCC	Dec7-Feb15	As assigned	9	Sa	\$149

#### GIRLS ONLY

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196340	3rd-5th grades	IRCC	Dec7-Feb15	As assigned	9	Sa	\$149
196342	6th-8th grades	IRCC	Dec7-Feb15	As assigned	9	Sa	\$149

## GOLF

For more information, call (510) 791-4334

### Introduction to Golf **Ages 18 & up**

This class is aimed at the player with little or no playing experience. We will focus on the grip, stance, posture, and full swing for both irons and woods. You will also learn the basic fundamentals of the short game and putting. Clubs will be provided for all the classes. There is no lab fee for this class, however range balls must be purchased at class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195977	18 & up	FPGPC	Sep4-25	6:00PM-7:00PM	4	W	FPGPC	\$99
195976	18 & up	FPGPC	Sep7-28	5:00PM-6:00PM	4	Sa	FPGPC	\$99
195979	18 & up	FPGPC	Oct2-30	6:00PM-7:00PM	5	W	FPGPC	\$119
195978	18 & up	FPGPC	Oct5-26	5:00PM-6:00PM	4	Sa	FPGPC	\$99
195980	18 & up	FPGPC	Nov2-30	5:00PM-6:00PM	5	Sa	FPGPC	\$119
195981	18 & up	FPGPC	Nov6-27	6:00PM-7:00PM	4	W	FPGPC	\$99
196227	18 & up	FPGPC	Dec4-18	6:00PM-7:00PM	3	W	FPGPC	\$75
196226	18 & up	FPGPC	Dec7-28	5:00PM-6:00PM	4	Sa	FPGPC	\$99

### Junior Golf **Ages 8-17**

Learn the fundamentals of the full swing, the short game, rules of golf and etiquette. Have fun learning golf through numerous activities, games and skills contests. Clubs will be provided for all classes. \$12 lab fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196228	8-17	FPGPC	Sep7-28	10:00AM-11:00AM	4	Sa	FPGPC	\$65
196229	8-17	FPGPC	Sep7-28	4:00PM-5:00PM	4	Sa	FPGPC	\$65
196230	8-17	FPGPC	Oct5-26	10:00AM-11:00AM	4	Sa	FPGPC	\$65
196231	8-17	FPGPC	Oct5-26	4:00PM-5:00PM	4	Sa	FPGPC	\$65
196232	8-17	FPGPC	Nov2-30	10:00AM-11:00AM	5	Sa	FPGPC	\$79
196233	8-17	FPGPC	Nov2-30	4:00PM-5:00PM	5	Sa	FPGPC	\$79
196234	8-17	FPGPC	Dec7-28	10:00AM-11:00AM	4	Sa	FPGPC	\$65
196235	8-17	FPGPC	Dec7-28	4:00PM-5:00PM	4	Sa	FPGPC	\$65

## FENCING

All supplies are provided by the instructor.

For more information, call (510) 790-5546

### Intro to Youth Fencing **Ages 7-12**

Various games and activities are used to develop and refine technique, increase repertoire of fencing actions (footwork and blade work), develop better understanding of rules, and continue physical conditioning. Students may be moved into different age or ability classes with instructor's approval.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196629	7-12	CCC	Sep3-Oct10	3:30PM-4:30PM	12	Tu,Th	Brown	\$149
196630	7-12	CCC	Oct15-Dec3	3:30PM-4:30PM	12	Tu,Th	Brown	\$149

### Intermediate Teen Fencing **Ages 13-19**

Refine your technique, increase your repertoire of fencing actions (footwork and blade work), develop a better understanding of the rules, and continue your physical conditioning. You will be encouraged to participate in local junior tournaments.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196633	13-19	CCC	Sep3-Oct10	5:30PM-7:30PM	12	Tu,Th	Brown	\$199
196634	13-19	CCC	Oct15-Dec3	5:30PM-7:30PM	12	Tu,Th	Brown	\$199

### Intro for Teens **Ages 13-17**

Students with no fencing experience are introduced to basic technique, movement, tactics and rules of modern sport fencing in a fun and friendly atmosphere.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196631	13-17	CCC	Sep3-Oct10	4:30PM-5:30PM	12	Tu,Th	Brown	\$149
196632	13-17	CCC	Oct15-Dec3	4:30PM-5:30PM	12	Tu,Th	Brown	\$149

### Adult Fencing **Ages 18 & up**

Modern fencing consists of three weapons: foil, epee, and saber. In this class, students learn the fundamental of modern fencing by learning how to fence with the foil. The class will develop your understanding of basic fencing positions, movements, tactics, and rules. Wear comfortable, athletic clothing.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196635	18 & up	CCC	Sep3-Oct10	7:30PM-8:30PM	12	Tu,Th	Brown	\$149
196636	18 & up	CCC	Oct15-Dec3	7:30PM-8:30PM	12	Tu,Th	Brown	\$149

## FOOTBALL

For more information, call (510) 790-5520

### Flag Football League

See barcode for ages

The City of Fremont and the Fremont Football league will be offering a Youth Flag Football League for boys and girls.

Three age groups will be offered (5-7, 8-10, and 11-13). This league will have an 8 game season with 2 weeks of playoffs. Teams will practice 1 day a week, beginning the week of August 19th. That schedule will be set after teams are formed. The Fremont Football League will schedule fundraising events throughout the season.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196826	5-7	CPSBC	Sep9-Nov18	5:00PM-9:00PM	10	M	\$129
196827	8-10	CPSBC	Sep9-Nov18	5:00PM-9:00PM	10	M	\$129
196828	11-13	CPSBC	Sep9-Nov18	5:00PM-9:00PM	10	M	\$129





# GYMNASTICS

**For more information call (510) 791-4351 All Gymnastic classes are held at Demaray's Academy, 40511 Albrae St., Fremont**  
**It's time to tumble! What should I wear?** All gymnasts should wear clothing that is comfortable and easy to move in, such as leggings, leotards, sweats or shorts. Ask your gymnastics instructor for more information and a list of local vendors.

## Parent and Me Gymnastics Ages 3-5

Come join the fun with your child! Little tumblers will be introduced to floor exercises, movement and basic use of equipment including obstacle course, trampolines, bars and balance beam.

Parent participation is required.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197626	3-5	DGA	Sep18-Oct30	4:15PM-5:15PM	7	W	DGA	\$89
197627	3-5	DGA	Sep21-Nov2	9:00AM-10:00AM	7	Sa	DGA	\$89
197628	3-5	DGA	Sep21-Nov2	10:00AM-11:00AM	7	Sa	DGA	\$89
197629	3-5	DGA	Nov6-Dec18	4:15PM-5:15PM	7	W	DGA	\$89
197630	3-5	DGA	Nov9-Dec21	9:00AM-10:00AM	7	Sa	DGA	\$89
197631	3-5	DGA	Nov9-Dec21	10:00AM-11:00AM	7	Sa	DGA	\$89

## Tumble Tots Ages 3-5

Tots will learn advanced motor development through the use of an obstacle courses, floor movements and balance beam. Bridges, advanced cartwheels, basic skills on bars and the trampoline will be introduced. No class November 11.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197634	3-5	DGA	Sep16-Oct28	4:15PM-5:15PM	7	M	DGA	\$89
197636	3-5	DGA	Sep17-Oct29	6:15PM-7:15PM	7	Tu	DGA	\$89
197638	3-5	DGA	Sep18-Oct30	4:15PM-5:15PM	7	W	DGA	\$89
197640	3-5	DGA	Sep18-Oct30	5:15PM-6:15PM	7	W	DGA	\$89
197642	3-5	DGA	Sep21-Nov2	9:00AM-10:00AM	7	Sa	DGA	\$89
197643	3-5	DGA	Sep21-Nov2	10:00AM-11:00AM	7	Sa	DGA	\$89
197644	3-5	DGA	Sep21-Nov2	11:00AM-12:00PM	7	Sa	DGA	\$89
197635	3-5	DGA	Nov4-Dec16	4:15PM-5:15PM	6	M	DGA	\$79
197637	3-5	DGA	Nov5-Dec17	6:15PM-7:15PM	7	Tu	DGA	\$89
197639	3-5	DGA	Nov6-Dec18	4:15PM-5:15PM	7	W	DGA	\$89
197641	3-5	DGA	Nov6-Dec18	5:15PM-6:15PM	7	W	DGA	\$89
197645	3-5	DGA	Nov9-Dec21	9:00AM-10:00AM	7	Sa	DGA	\$89
197646	3-5	DGA	Nov9-Dec21	10:00AM-11:00AM	7	Sa	DGA	\$89
197647	3-5	DGA	Nov9-Dec21	11:00AM-12:00PM	7	Sa	DGA	\$89

## TOPS Advanced Ages 4-5 boys only

This advanced TOPS class will build on previously learned skills. Participants must be able to perform cartwheels, round-offs, and forward/backward rolls. Students will learn a variety of tumbling techniques that may include backbends handstands, balance beam, uneven bars, and trampoline.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197632	4-5	DGA	Sep21-Nov2	9:00AM-10:00AM	7	Sa	DGA	\$89
197633	4-5	DGA	Nov9-Dec21	9:00AM-10:00AM	7	Sa	DGA	\$89

## Boys & Girls Beg/Adv L1-2 Ages 5 & up

Participants will learn basic moves on the floor, uneven bars, balance beam and vault, along with conditioning and flexibility. No class Monday, Nov.11, Thursday, 28 and Friday, 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197326	5 & up	DGA	Sep16-Oct28	4:15PM-5:15PM	7	M	DGA	\$89
197328	5 & up	DGA	Sep17-Oct29	6:15PM-7:15PM	7	Tu	DGA	\$89
197330	5 & up	DGA	Sep18-Oct30	3:00PM-4:00PM	7	W	DGA	\$89
197332	5 & up	DGA	Sep19-Oct31	4:15PM-5:15PM	7	Th	DGA	\$89
197334	5 & up	DGA	Sep20-Nov1	4:15PM-5:15PM	7	F	DGA	\$89
197336	5 & up	DGA	Sep20-Nov1	6:15PM-7:15PM	7	F	DGA	\$89
197338	5 & up	DGA	Sep21-Nov2	10:00AM-11:00AM	7	Sa	DGA	\$89
197327	5 & up	DGA	Nov4-Dec16	4:15PM-5:15PM	6	M	DGA	\$79
197329	5 & up	DGA	Nov5-Dec17	6:15PM-7:15PM	7	Tu	DGA	\$89
197331	5 & up	DGA	Nov6-Dec18	3:00PM-4:00PM	7	W	DGA	\$89
197333	5 & up	DGA	Nov7-Dec19	4:15PM-5:15PM	6	Th	DGA	\$79
197335	5 & up	DGA	Nov8-Dec20	4:15PM-5:15PM	6	F	DGA	\$79
197337	5 & up	DGA	Nov8-Dec20	6:15PM-7:15PM	6	F	DGA	\$79
197339	5 & up	DGA	Nov9-Dec21	10:00AM-11:00AM	7	Sa	DGA	\$89

## Tumble and Trampoline Ages 5 & up

Youth will learn basic to advanced skills along with conditioning and flexibility training. This is a perfect complement for those students focused on competitive martial arts, cheerleading, and dance.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197648	5 & up	DGA	Sep17-Oct29	5:15PM-6:15PM	7	Tu	DGA	\$89
197649	5 & up	DGA	Nov5-Dec17	5:15PM-6:15PM	7	Tu	DGA	\$89

# LACROSSE

**For more information, call (510) 790-5520**

## Lacrosse-Academy

**Ages 5-13 and 14-18**

Come check out the fastest growing sport in the U.S. Lacrosse has been called the fastest game on two feet. Camp Director Greg Mengis will provide a level of training that has been successful in high school, college and beyond.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196977	5-13	CCC	Sep12-Oct3	5:00PM-6:00PM	4	Th	\$49
196979	5-13	CCC	Oct10-31	5:00PM-6:00PM	4	Th	\$49
196978	14-18	CCC	Sep12-Oct3	6:00PM-7:00PM	4	Th	\$49
196980	14-18	CCC	Oct10-31	6:00PM-7:00PM	4	Th	\$49



## MARTIAL ARTS

### Tiny Tigers Taekwondo

Ages 4-6

For more information, call (510) 791-4351

Designed by a pre-school physical education teacher. We will focus on fine motor skills, listening, following directions, physical fitness and coordination. A local parent called this, 'The most enjoyable and informative class they ever signed up for!' Come see why this is a sold out program! A MAA School Uniform is required and must be purchased at the school for \$49.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197679	4-6	MAA	Sep16-Nov18	6:00PM-6:30PM	9	M	\$145
197680	4-6	MAA	Sep17-Nov19	4:00PM-4:30PM	10	Tu	\$159
197681	4-6	MAA	Sep19-Nov21	5:00PM-5:30PM	9	Th	\$145
197682	4-6	MAA	Sep28-Nov23	9:45AM-10:15AM	9	Sa	\$145

### Beginning Aikido for Kids

Ages 6-12

For more information, call (510) 791-4318

Aikido is a traditional Japanese martial discipline that incorporates exercise, awareness, cooperation, respect, and self-discipline. Children increase their self-confidence and personal safety without learning violence or aggression. Loose fitting clothing which covers arms and legs or a training uniform (preferably a judo gi) is recommended. No class Nov. 11 and 25.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197685	6-12	FCC	Sep9-Oct14	6:15PM-7:15PM	6	M	Pajdowski	\$59
197686	6-12	FCC	Oct21-Dec9	6:15PM-7:15PM	6	M	Pajdowski	\$59

### Karate for Kids

Ages 7-11

For more information, call (510) 791-4351

The Karate for Kids program is the most popular in the USA. Everyone participates and has a great time. The Karate 4 Kids Foundation has helped over 50,000 children improve their self-esteem, confidence, physical fitness, and attention span. Our main rule is that all students try their absolute best at everything they do. We teach life skills and self-discipline that will last a lifetime. A MAA School Uniform is required and must be purchased at the school for \$49.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197676	7-11	MAA	Sep16-Dec5	6:30PM-7:15PM	18	M,Th	\$169
197677	7-11	MAA	Sep28-Dec7	10:15AM-11:00AM	10	Sa	\$129

### Krav Maga

Ages 16 &amp; up

For more information, call (510) 791-4351

Krav Maga is based on simple principles and instinctive movements. This reality based self-defense class is designed to teach self-defense in the shortest possible time. Learn to defend against common chokes, grabs and bear hugs, along with weapon defense from knives, guns and sticks. Just as important, we teach you to function during the stress and shock of a sudden attack. You will learn takedown defenses like sprawl, one-fourth Nelson hold, triangles, and leg throws. This class is for the working professional, security personnel, and fitness seekers. Please Note: Krav Maga is for those in good physical health. We do offer a free evaluation at our center before you attend the first class. Call to set up an evaluation two weeks prior to the start of session. Krav gloves are required for this class and can be purchased the first day for \$49.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197678	16 & up	MAA	Sep28-Dec7	9:00AM-9:45AM	10	Sa	MAA	\$99

## ROCK CLIMBING

For more information, call (510) 791-4334

Rock Climbing held at City Beach

### Little Lizards Climbing Lessons

Ages 5-12

Calling all parents and children! Are you looking for a fun and safe way for your kids to expend a little extra energy each weekend? This new program actually allows your kids to climb the walls! In fact, we encourage it! Little Lizards offers four lessons, every Saturday morning for one month, and introduces curious climbers and their parents to the exciting world of rock climbing. Boost their confidence, and join in the fun. The month of lessons includes a Rock Gym membership which offers unlimited climbing time on the Rock walls, harness, free guest days (perfect for siblings!) and free access to Family Fun Night every Saturday.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196390	5-12	CB	Sep7-28	9:00AM-10:00AM	4	Sa	\$75
196391	5-12	CB	Oct5-26	9:00AM-10:00AM	4	Sa	\$75
196392	5-12	CB	Nov2-30	9:00AM-10:00AM	5	Sa	\$75
196393	5-12	CB	Dec7-28	9:00AM-10:00AM	4	Sa	\$75

## SKATING/ SKATEBOARDING

### ICE SKATING

For more information, call (510) 791-4318

All classes are held at Sharks Ice at Fremont, 44388 Old Warm Springs Boulevard, Fremont

Learn to skate with Professional Skating Instructors! Classes include a 30 minute lesson, skate rental, and a free public session the day of the class. Arrive early to allow time to put on skates before class. The ice rink temperature is 42-48 degrees-wear clothing that is warm, comfortable, and easy to move in. A jacket, hat, gloves or mittens are recommended. Protective gear is optional.

### Ice Skating for Tots

Ages 3-5

For more information, call (510) 791-4318

This class develops confidence on the ice while teaching the proper way to fall down, get up, basic forward skating, balance, and introduces glides and stops. No class Nov. 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197233	3-5	SIF	Sep20-Oct25	4:00PM-4:30PM	6	F	SIF	\$79
197234	3-5	SIF	Nov1-Dec13	4:00PM-4:30PM	6	F	SIF	\$79

### Ice Skating for Youth

Ages 6-17

Youth learn the proper way to fall down, get up, stop, skate the two foot glide, one foot glide, forward swizzles, forward stroking backward swizzles, stopping, and an introductory spin. No class Nov. 27.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197237	6-17	SIF	Sep18-Oct23	4:00PM-4:30PM	6	W	\$79
197238	6-17	SIF	Oct30-Dec11	4:00PM-4:30PM	6	W	\$79

### Ice Skating for Adults

Ages 18 &amp; up

This class covers the basics of figure skating such as how to skate forward, backward, two foot glide, one foot glide, swizzles, basic turns, stops, and the proper way to fall down and get up. Fee includes skate rental. No class Nov. 26.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197235	18 & up	SIF	Sep17-Oct22	12:00PM-12:30PM	6	Tu	\$79
197236	18 & up	SIF	Oct29-Dec10	12:00PM-12:30PM	6	Tu	\$79

## SKATEBOARDING

**Jordan Richter Skateboarding Academy**  
For more information call (510)790-5546

Jordan Richter's skateboarding academy provides a holistic approach to learning the fundamentals of skateboarding. By creating challenging and exciting lesson plans that make learning to skateboard safe and easy. Each lesson plan is tailored to fit each level of rider; whether one is a beginner or an expert skater. Our methods of teaching work to create a strong foundation of skills and confidence which will give each rider a more safe and positive skateboarding experience! 1:7 Instructor-Student Ratio.



### Group Lessons

**Ages 6-14**

This lesson plan helps skaters develop a clear understanding of the anatomy of a skateboard, and helps build a foundation by teaching them how to ride and safely navigate on flat ground. With these basics mastered, students will be able to transition smoothly to more challenging terrain and more technical maneuvers. This program's main goal is to help students develop control, strength, flexibility, and confidence. With these building blocks in place, students are prepared for a successful introduction to skateparks and more advanced skateboarding.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197781	6-14	FSP	Sep3-24	5:00PM-6:00PM	4	Tu	\$129
197794	6-14	FSP	Sep3-24	6:00PM-7:00PM	4	Tu	\$129
197782	6-14	FSP	Sep5-26	5:00PM-6:00PM	4	Th	\$129
197797	6-14	FSP	Sep5-26	6:00PM-7:00PM	4	Th	\$129
197790	6-14	FSP	Sep7-28	10:00AM-11:00AM	4	Sa	\$129
197801	6-14	FSP	Sep7-28	11:00AM-12:00PM	4	Sa	\$129
197783	6-14	FSP	Oct1-22	5:00PM-6:00PM	4	Tu	\$129
197795	6-14	FSP	Oct1-22	6:00PM-7:00PM	4	Tu	\$129
197784	6-14	FSP	Oct3-24	5:00PM-6:00PM	4	Th	\$129
197798	6-14	FSP	Oct3-24	6:00PM-7:00PM	4	Th	\$129
197791	6-14	FSP	Oct5-26	10:00AM-11:00AM	4	Sa	\$129
197802	6-14	FSP	Oct5-26	11:00AM-12:00PM	4	Sa	\$129
197792	6-14	FSP	Nov2-23	10:00AM-11:00AM	4	Sa	\$129
197803	6-14	FSP	Nov2-23	11:00AM-12:00PM	4	Sa	\$129
197787	6-14	FSP	Nov5-Dec3	5:00PM-6:00PM	4	Tu	\$129
197796	6-14	FSP	Nov5-Dec3	6:00PM-7:00PM	4	Tu	\$129
197788	6-14	FSP	Nov7-Dec5	5:00PM-6:00PM	4	Th	\$129
197799	6-14	FSP	Nov7-Dec5	6:00PM-7:00PM	4	Th	\$129

### Private Lessons

**Ages 6 & up**

60 minute lessons are available every day of the week at Fremont Skatepark. All levels of ability can benefit from these sessions, from beginner to intermediate and advanced. All ages are encouraged to sign up to enhance individual skills and ability. Whether you are brand new to skateboarding or an experienced rider, JRSA private lessons help you hone in on your skill-set, develop it under professional guidance; and help take your skating to a whole other level! The JRSA beginner, intermediate and advanced private lesson plans are individualized to help aspiring skaters reach their maximum potential. 1:1 Instructor/student Ratio. Each registered student plans their private 60 minute lesson with Jordan to take place M-Th or Sa within the designated 4 weeks.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197806	6 & up	FSP	Sep2-26	5:00PM-8:00PM	16	M-Th	\$225
197810	6 & up	FSP	Sep7-28	10:00AM-2:00PM	4	Sa	\$225
197807	6 & up	FSP	Sep30-Oct24	5:00PM-8:00PM	16	M-Th	\$225
197811	6 & up	FSP	Oct5-26	10:00AM-2:00PM	4	Sa	\$225
197808	6 & up	FSP	Oct28-Nov21	5:00PM-8:00PM	16	M-Th	\$225
197813	6 & up	FSP	Nov2-23	10:00AM-2:00PM	4	Sa	\$225

## INLINE SKATING

For more information, call (510) 791-4334

### Inline Skating for Beginners I

**Ages 8-12 and 13 & up**

Learn inline skating the right way, from a certified instructor. Course focuses on teaching a progression of skills to allow the student to learn to skate and skate safely. Mandatory gear required is inline skates with brake, helmet, wrist guards, knee and elbow pads. Don't forget to bring your water.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196788	8-12	CP	Sep7-21	8:30AM-9:30AM	3	Sa	\$69
196789	8-12	CP	Oct12-26	8:30AM-9:30AM	3	Sa	\$69
196790	13 & up	CP	Sep7-21	9:30AM-10:30AM	3	Sa	\$69
196791	13 & up	CP	Oct12-26	9:30AM-10:30AM	3	Sa	\$69

### Inline Skating for Beginners II

**Ages 8 & up**

Beginner II participants should have taken Beginner I class already. Learn inline skating the right way, from a certified instructor. This course will teach A-frame turn, parallel turn, forward swizzle and backward swizzle. Mandatory gear required is inline skates with brake, helmet, wrist guards, knee and elbow pads. Don't forget to bring your water.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196793	8 & up	CP	Sep7-21	10:30AM-11:30AM	3	Sa	\$69
196794	8 & up	CP	Oct12-26	10:30AM-11:30AM	3	Sa	\$69

### Inline Skating for Beginners III

**Ages 8 & up**

Beginner III participants should have taken Beginner II class already. Learn inline skating the right way, from a certified instructor. This course will teach crossover turns, spin stops, transitions from forward to backward to forward skating. Mandatory gear required is inline skates with brake, helmet, wrist guards, knee and elbow pads. Don't forget to bring your water.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196796	8 & up	CP	Sep7-21	11:30AM-12:30PM	3	Sa	\$69
196797	8 & up	CP	Oct12-26	11:30AM-12:30PM	3	Sa	\$69

## SOCCER

For more information, call (510) 790-5520

### Soccer Clinics

**See barcode for ages**

US Soccer Coaching provides expert soccer coaching to develop youth soccer players while having considerable amounts of fun! Youth will be coached on age appropriate soccer skills. Shin guards are required. Bring water.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196882	3-4	CPSBC	Sep9-Oct14	5:00PM-6:00PM	6	M	\$119
196876	3-4	CCC	Sep10-Oct15	5:00PM-6:00PM	6	Tu	\$119
196886	3-4	CPSBC	Oct21-Dec2	5:00PM-6:00PM	6	M	\$119
196884	3-4	CCC	Oct22-Nov26	5:00PM-6:00PM	6	Tu	\$119
196877	5-6	CPSBC	Sep9-Oct14	5:00PM-6:00PM	6	M	\$119
196879	5-6	CCC	Sep10-Oct15	5:00PM-6:00PM	6	Tu	\$119
196887	5-6	CPSBC	Oct21-Dec2	5:00PM-6:00PM	6	M	\$119
196880	5-6	CCC	Oct22-Nov26	5:00PM-6:00PM	6	Tu	\$119
196885	7-8	CPSBC	Sep9-Oct14	6:00PM-7:00PM	6	M	\$119
196878	7-8	CCC	Sep10-Oct15	6:00PM-7:00PM	6	Tu	\$119
196888	7-8	CPSBC	Oct21-Dec2	6:00PM-7:00PM	6	M	\$119
196881	7-8	CCC	Oct22-Nov26	6:00PM-7:00PM	6	Tu	\$119



## SPORTS, Continued

# TENNIS

For more information, call (510) 790-5510

## Fremont Tennis Academy

Experience the NEW Fremont Tennis Academy! FTA will be instructed by Fremont City Staff all of which have been extensively trained by Nigel Pugh – Fremont Tennis Center Supervisor. Nigel is a USTA National Coach Trainer and PTR coach trainer and examiner and Certified with USPTA & NorCal Board member, PTR (Adult, 11-17 ages and Junior), Tennis Coaches Australia and Australian Tennis Professional Coaches Association.

### Red Ball 1 —

## Fremont Tennis Academy

Ages 4-6

An introductory program for the young athlete. Fundamental ball skills, movement, and coordination exercises are included in this class.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196485	4-6	TC	Sep4-25	3:45PM-4:30PM	4	W	\$49
196483	4-6	TC	Sep8-29	2:15PM-3:00PM	4	Su	\$49
196486	4-6	TC	Sep16-30	3:45PM-4:30PM	3	M	\$39
196487	4-6	TC	Oct2-30	3:45PM-4:30PM	5	W	\$59
196488	4-6	TC	Oct6-27	2:15PM-3:00PM	4	Su	\$49
196489	4-6	TC	Oct7-28	3:45PM-4:30PM	4	M	\$49
196491	4-6	TC	Nov3-24	2:15PM-3:00PM	4	Su	\$49
196492	4-6	TC	Nov4-18	3:45PM-4:30PM	3	M	\$39
196490	4-6	TC	Nov6-20	3:45PM-4:30PM	3	W	\$39
196495	4-6	TC	Dec1-22	2:15PM-3:00PM	4	Su	\$49
196493	4-6	TC	Dec2-16	3:45PM-4:30PM	3	M	\$39
196494	4-6	TC	Dec4-18	3:45PM-4:30PM	3	W	\$39

### Red Ball 2 —

## Fremont Tennis Academy

Ages 6-8

This class focuses on the stroke production development incorporating rally and live ball play.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196682	6-8	TC	Sep4-25	4:30PM-5:30PM	4	W	\$69
196683	6-8	TC	Sep8-29	3:00PM-4:00PM	4	Su	\$69
196684	6-8	TC	Sep9-30	4:30PM-5:30PM	4	M	\$69
196685	6-8	TC	Oct2-30	4:30PM-5:30PM	5	W	\$89
196686	6-8	TC	Oct6-27	3:00PM-4:00PM	4	Su	\$69
196687	6-8	TC	Oct7-28	4:30PM-5:30PM	4	M	\$69
196690	6-8	TC	Nov3-24	3:00PM-4:00PM	4	Su	\$69
196689	6-8	TC	Nov4-18	4:30PM-5:30PM	3	M	\$55
196688	6-8	TC	Nov6-20	4:30PM-5:30PM	3	W	\$55
196693	6-8	TC	Dec1-22	3:00PM-4:00PM	4	Su	\$69
196691	6-8	TC	Dec2-16	4:30PM-5:30PM	3	M	\$55
196692	6-8	TC	Dec4-18	4:30PM-5:30PM	3	W	\$55

### Orange Ball —

## Fremont Tennis Academy

Ages 9-10

This class is for the young player looking to develop stroke production and match play in a fun, active learning environment.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196581	9-10	TC	Sep4-25	4:30PM-5:30PM	4	W	\$69
196582	9-10	TC	Sep8-29	3:00PM-4:00PM	4	Su	\$69
196580	9-10	TC	Sep9-30	4:30PM-5:30PM	4	M	\$69
196585	9-10	TC	Oct2-30	4:30PM-5:30PM	5	W	\$89
196588	9-10	TC	Oct6-27	3:00PM-4:00PM	4	Su	\$69
196589	9-10	TC	Oct7-28	4:30PM-5:30PM	4	M	\$69
196590	9-10	TC	Nov3-24	3:00PM-4:00PM	4	Su	\$69
196593	9-10	TC	Nov4-18	4:30PM-5:30PM	3	M	\$55
196594	9-10	TC	Nov6-20	4:30PM-5:30PM	3	W	\$55
196595	9-10	TC	Dec1-22	3:00PM-4:00PM	4	Su	\$69
196596	9-10	TC	Dec2-16	4:30PM-5:30PM	3	M	\$55
196597	9-10	TC	Dec4-18	4:30PM-5:30PM	3	W	\$55



## Fremont Tennis Junior Academy Green Ball

Ages 10-13

This is an academy style program that focuses on stroke production and point play development in a fun, positive, energetic learning environment. This class will use green dot balls on a 78' court.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196598	10-13	TC	Sep4-25	5:30PM-7:00PM	4	W	\$99
196599	10-13	TC	Sep8-29	4:00PM-6:00PM	4	Su	\$119
196600	10-13	TC	Sep9-30	5:30PM-7:00PM	4	M	\$99
196603	10-13	TC	Oct2-30	5:30PM-7:00PM	5	W	\$125
196606	10-13	TC	Oct6-27	4:00PM-6:00PM	4	Su	\$119
196607	10-13	TC	Oct7-28	5:30PM-7:00PM	4	M	\$99
196608	10-13	TC	Nov3-24	4:00PM-6:00PM	4	Su	\$119
196610	10-13	TC	Nov4-18	5:30PM-7:00PM	3	M	\$75
196676	10-13	TC	Nov6-20	5:30PM-7:00PM	3	W	\$75
196677	10-13	TC	Dec1-22	4:00PM-6:00PM	4	Su	\$119
196678	10-13	TC	Dec2-16	5:30PM-7:00PM	3	M	\$75
196679	10-13	TC	Dec4-18	5:30PM-7:00PM	3	W	\$75

## Fremont Tennis Academy Yellow Ball

Ages 13-18

This class focuses on technical and tactical development for competitive players. A typical session will include stroke development in live ball scenarios with point play scenarios.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196694	13-18	TC	Sep3-24	5:00PM-7:00PM	4	Tu	\$125
196695	13-18	TC	Sep5-26	5:00PM-7:00PM	4	Th	\$125
196696	13-18	TC	Sep8-29	4:00PM-6:00PM	4	Su	\$125
196697	13-18	TC	Oct1-29	5:00PM-7:00PM	5	Tu	\$149
196698	13-18	TC	Oct3-24	5:00PM-7:00PM	4	Th	\$125
196699	13-18	TC	Oct6-27	4:00PM-6:00PM	4	Su	\$125
196702	13-18	TC	Nov3-17	4:00PM-6:00PM	3	Su	\$99
196700	13-18	TC	Nov5-19	5:00PM-7:00PM	3	Tu	\$99
196701	13-18	TC	Nov7-21	5:00PM-7:00PM	3	Th	\$99
196705	13-18	TC	Dec1-22	4:00PM-6:00PM	4	Su	\$125
196703	13-18	TC	Dec3-17	5:00PM-7:00PM	3	Tu	\$99
196704	13-18	TC	Dec5-19	5:00PM-7:00PM	3	Th	\$99

## Adults Beginner Tennis

Ages 18 & up

Introduction to tennis for Adults with little or no prior instruction and limited play experience. The focus of this course will be to strokes, rules and match play.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
195677	18 & up	TC	Sep4-25	6:00PM-7:00PM	4	W	\$69
199076	18 & up	TC	Sep7-28	9:30AM-10:30AM	4	Sa	\$69
195678	18 & up	TC	Sep8-29	11:00AM-12:00PM	4	Su	\$69
195676	18 & up	TC	Sep9-30	6:00PM-7:00PM	4	M	\$69
195679	18 & up	TC	Oct2-30	6:00PM-7:00PM	5	Th	\$89
199077	18 & up	TC	Oct5-26	9:30AM-10:30AM	4	Sa	\$69
195680	18 & up	TC	Oct6-27	11:00AM-12:00PM	4	Su	\$69
195681	18 & up	TC	Oct7-28	6:00PM-7:00PM	4	M	\$69
199078	18 & up	TC	Nov2-23	9:30AM-10:30AM	4	Sa	\$69
195726	18 & up	TC	Nov3-24	11:00AM-12:00PM	4	Su	\$69
195727	18 & up	TC	Nov4-25	6:00PM-7:00PM	4	M	\$69
195728	18 & up	TC	Nov6-27	6:00PM-7:00PM	4	W	\$69
199877	18 & up	TC	Dec1-22	11:00AM-12:00PM	4	Su	\$69
199877	18 & up	TC	Dec2-16	6:00PM-7:00PM	3	M	\$55
199826	18 & up	TC	Dec5-19	6:00PM-7:00PM	3	Th	\$55
199079	18 & up	TC	Dec7-21	9:30AM-10:30AM	3	Sa	\$55

## Adults Intermediate Tennis Ages 18 & up

Intermediate tennis for students that have completed the Adult Beginner class or have little tennis experience. This class builds on the stroke production from the beginner class and introduces tactical and match play.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
195729	18 & up	TC	Sep3-Oct1	7:00PM-8:00PM	5	Tu	\$89
199082	18 & up	TC	Sep5-26	6:00PM-7:00PM	4	Th	\$69
199127	18 & up	TC	Sep7-28	10:30AM-11:30AM	4	Sa	\$69
195730	18 & up	TC	Sep8-29	11:00AM-12:00PM	4	Su	\$69
195732	18 & up	TC	Oct1-29	7:00PM-8:00PM	5	Tu	\$89
199084	18 & up	TC	Oct3-24	6:00PM-7:00PM	4	Th	\$69
199128	18 & up	TC	Oct5-26	10:30AM-11:30AM	4	Sa	\$69
195731	18 & up	TC	Oct6-27	11:00AM-12:00PM	4	Su	\$69
199129	18 & up	TC	Nov2-23	10:30AM-11:30AM	4	Sa	\$69
199080	18 & up	TC	Nov3-24	11:00AM-12:00PM	4	Su	\$69
199081	18 & up	TC	Nov5-19	7:00PM-8:00PM	3	Tu	\$55
199086	18 & up	TC	Nov7-21	6:00PM-7:00PM	3	Th	\$55
199085	18 & up	TC	Dec1-22	11:00AM-12:00PM	4	Su	\$69
199083	18 & up	TC	Dec3-17	7:00PM-8:00PM	3	Tu	\$55
199126	18 & up	TC	Dec5-19	6:00PM-7:00PM	3	Th	\$55
199130	18 & up	TC	Dec7-28	10:30AM-11:30AM	4	Sa	\$69



## Adult Advanced Tennis

Ages 18 & up

This Class builds on our Intermediate class, in addition advanced strategies will be introduced! After this class you'll be on your way to the US Open!!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
199136	18 & up	TC	Sep4-25	7:00PM-8:00PM	4	W	\$69
199132	18 & up	TC	Sep9-30	7:00PM-8:00PM	4	M	\$69
199137	18 & up	TC	Oct2-30	7:00PM-8:00PM	5	W	\$89
199133	18 & up	TC	Oct7-28	7:00PM-8:00PM	4	M	\$69
199134	18 & up	TC	Nov4-25	7:00PM-8:00PM	4	M	\$69
199138	18 & up	TC	Nov6-20	7:00PM-8:00PM	3	W	\$55
199135	18 & up	TC	Dec2-16	7:00PM-8:00PM	3	M	\$55
199139	18 & up	TC	Dec4-18	7:00PM-8:00PM	3	W	\$55

## Adult Cardio Tennis Ages 18 & up NEW

Are you ready to burn calories and while playing tennis? This is your class! An intense high energy workout while playing tennis, what more can you ask for.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
199140	18 & up	TC	Sep3-24	6:00PM-7:00PM	4	Tu	\$69
199144	18 & up	TC	Sep5-26	7:00PM-8:00PM	4	Th	\$69
199141	18 & up	TC	Oct1-29	6:00PM-7:00PM	5	Tu	\$89
199145	18 & up	TC	Oct3-24	7:00PM-8:00PM	4	Th	\$69
199142	18 & up	TC	Nov5-19	6:00PM-7:00PM	3	Tu	\$55
199146	18 & up	TC	Nov7-21	7:00PM-8:00PM	3	Th	\$55
199143	18 & up	TC	Dec3-17	6:00PM-7:00PM	3	Tu	\$55
199147	18 & up	TC	Dec5-19	7:00PM-8:00PM	3	Th	\$55

## NEW LOCATION WARMSPRINGS

Fremont Tennis Academy comes to Warm Springs Community Center! FTA will be instructed by Fremont City Staff all of which have been extensively trained by Nigel Pugh – Fremont Tennis Center Supervisor. Nigel is a USTA National Coach Trainer and PTR coach trainer and examiner and Certified with USPTA & NorCal Board member, PTR (Adult, 11-17 ages and Junior), Tennis Coaches Australia and Australian Tennis Professional Coaches Association.

## Fremont Tennis Academy Red Ball 1

Ages 4-6

An Introductory program for the young athlete. Fundamental ball skills, movement and coordination exercises in a fun positive learning environment.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198926	4-6	WSCC	Sep3-24	3:45PM-4:30PM	4	Tu	\$49
199042	4-6	WSCC	Sep5-26	3:45PM-4:30PM	4	Th	\$49
199046	4-6	WSCC	Sep7-28	8:45AM-9:30AM	4	Sa	\$49
198927	4-6	WSCC	Oct1-29	3:45PM-4:30PM	5	Tu	\$59
199043	4-6	WSCC	Oct3-24	3:45PM-4:30PM	4	Th	\$49
199047	4-6	WSCC	Oct5-26	8:45AM-9:30AM	4	Sa	\$49
199048	4-6	WSCC	Nov2-23	8:45AM-9:30AM	4	Sa	\$49
198928	4-6	WSCC	Nov5-19	3:45PM-4:30PM	3	Tu	\$39
199044	4-6	WSCC	Nov7-21	3:45PM-4:30PM	3	Th	\$39
198929	4-6	WSCC	Dec3-17	3:45PM-4:30PM	3	Tu	\$39
199045	4-6	WSCC	Dec5-19	3:45PM-4:30PM	3	Th	\$39
199049	4-6	WSCC	Dec7-21	8:45AM-9:30AM	3	Sa	\$39

## Fremont Tennis Academy Red Ball 2

Ages 6-8

This class focuses on the stroke production development incorporating rally and live ball play in a fun positive learning environment.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198976	6-8	WSCC	Sep3-24	4:30PM-5:30PM	4	Tu	\$69
198980	6-8	WSCC	Sep5-26	4:30PM-5:30PM	4	Th	\$69
198984	6-8	WSCC	Sep7-28	9:30AM-10:30AM	4	Sa	\$69
198977	6-8	WSCC	Oct1-29	4:30PM-5:30PM	5	Tu	\$89
198981	6-8	WSCC	Oct3-24	4:30PM-5:30PM	4	Th	\$69
198985	6-8	WSCC	Oct5-26	9:30AM-10:30AM	4	Sa	\$69
198986	6-8	WSCC	Nov2-23	9:30AM-10:30AM	4	Sa	\$69
198978	6-8	WSCC	Nov5-19	4:30PM-5:30PM	3	Tu	\$55
198982	6-8	WSCC	Nov7-21	4:30PM-5:30PM	3	Th	\$55
198979	6-8	WSCC	Dec3-17	4:30PM-5:30PM	3	Tu	\$55
198983	6-8	WSCC	Dec5-19	4:30PM-5:30PM	3	Th	\$55
198987	6-8	WSCC	Dec7-21	9:30AM-10:30AM	3	Sa	\$55

## Fremont Tennis Academy Orange Ball

Ages 8-10

This Class is for the young player looking to develop stroke production and match play in a fun active learning environment.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198988	8-10	WSCC	Sep3-24	5:30PM-6:30PM	4	Tu	\$69
198992	8-10	WSCC	Sep5-26	5:30PM-6:30PM	4	Th	\$69
199038	8-10	WSCC	Sep7-28	10:30AM-11:30AM	4	Sa	\$69
198989	8-10	WSCC	Oct1-29	5:30PM-6:30PM	5	Tu	\$89
198994	8-10	WSCC	Oct3-24	5:30PM-6:30PM	4	Th	\$69
199039	8-10	WSCC	Oct5-26	10:30AM-11:30AM	4	Sa	\$69
199040	8-10	WSCC	Nov2-23	10:30AM-11:30AM	4	Sa	\$69
198990	8-10	WSCC	Nov5-19	5:30PM-6:30PM	3	Tu	\$55
198995	8-10	WSCC	Nov7-21	5:30PM-6:30PM	3	Th	\$55
198991	8-10	WSCC	Dec3-17	5:30PM-6:30PM	3	Tu	\$55
198996	8-10	WSCC	Dec5-19	5:30PM-6:30PM	3	Th	\$55
199041	8-10	WSCC	Dec7-21	10:30AM-11:30AM	3	Sa	\$55

## Adult Beginner

Ages 18 & up

Learn skills necessary to rally in the first hour of class with a progressive game based approach to tennis.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
199026	18 & up	WSCC	Sep3-24	6:30PM-7:30PM	4	Tu	\$69
199030	18 & up	WSCC	Sep7-28	11:30AM-12:30PM	4	Sa	\$69
199031	18 & up	WSCC	Oct5-26	11:30AM-12:30PM	4	Sa	\$69
199027	18 & up	WSCC	Oct8-Nov5	6:30PM-7:30PM	5	Tu	\$89
199032	18 & up	WSCC	Nov2-23	11:30AM-12:30PM	4	Sa	\$69
199028	18 & up	WSCC	Nov5-19	6:30PM-7:30PM	3	Tu	\$55
199033	18 & up	WSCC	Dec7-21	11:30AM-12:30PM	3	Sa	\$55
199029	18 & up	WSCC	Dec10-17	6:30PM-7:30PM	2	Tu	\$55

## Adult Intermediate Tennis Ages 18 & up

This class will focus on advanced techniques, shot making and footwork. Previous tennis experience is required.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
199034	18 & up	WSCC	Sep5-26	6:30PM-7:30PM	4	Tu	\$69
199035	18 & up	WSCC	Oct3-24	6:30PM-7:30PM	4	Th	\$69
199036	18 & up	WSCC	Nov7-21	6:30PM-7:30PM	3	Th	\$55
199037	18 & up	WSCC	Dec5-19	6:30PM-7:30PM	3	Th	\$55

## SPORTS, Continued

**CONIDI GRECH TENNIS**

Conidi Grech Tennis is led by Carol Conidi who is PTR Certified at the Professional level in Adult and Junior Development and Joe Grech who is certified by the USPTA. They have combined their efforts to develop junior tennis at the Fremont Tennis Center and offer a comprehensive program for kids ages 4-17. For more information about their academy style program for juniors, email Carol at [cjc10@aol.com](mailto:cjc10@aol.com) or visit our website at [www.conidigrechtennis.com](http://www.conidigrechtennis.com). No refunds or credits for missed days.

**Red Ball with Conidi Grech Tennis****Ages 4-8**

Learn to rally and play on an age appropriate court with age appropriate tennis balls. The ABC's: agility, balance, coordination and on court movement is taught through fun, high energy exercises and games! Solid FUNDamentals are emphasized in volley, ground strokes, and serve.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196028	4-6	TC	Sep7-28	10:00AM-10:45AM	4	Sa	\$75
196031	4-6	TC	Oct5-26	10:00AM-10:45AM	4	Sa	\$75
196178	4-6	TC	Nov2-23	10:00AM-10:45AM	4	Sa	\$75
196182	4-6	TC	Dec7-28	10:00AM-10:45AM	4	Sa	\$75
196026	5-8	TC	Sep3-24	4:00PM-5:00PM	4	Th	\$69
196029	5-8	TC	Sep5-26	4:00PM-5:00PM	4	Tu	\$69
196032	5-8	TC	Oct1-29	4:00PM-5:00PM	5	Tu	\$89
196033	5-8	TC	Oct3-31	4:00PM-5:00PM	5	Th	\$89
196176	5-8	TC	Nov5-26	4:00PM-5:00PM	4	Tu	\$69
196177	5-8	TC	Nov7-21	4:00PM-5:00PM	3	Th	\$55
196180	5-8	TC	Dec3-17	4:00PM-5:00PM	3	Tu	\$55
196181	5-8	TC	Dec5-19	4:00PM-5:00PM	3	Th	\$55
196027	6-8	TC	Sep7-28	10:45AM-11:45AM	4	Sa	\$75
196030	6-8	TC	Oct5-26	10:45AM-11:45AM	4	Sa	\$75
196179	6-8	TC	Nov2-23	10:45AM-11:45AM	4	Sa	\$75
196183	6-8	TC	Dec7-28	10:45AM-11:45AM	4	Sa	\$75

**Orange Ball with Conidi Grech Tennis****Ages 8-10**

This class is appropriate for 9-10 year olds and the 8 year old player that has mastered the Red Ball court. ABC's -agility, balance, coordination, court movement FUNDamentals of strokes and tactical play is emphasized.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196292	8-10	TC	Sep3-24	5:00PM-6:00PM	4	Tu	\$69
196293	8-10	TC	Sep5-26	5:00PM-6:00PM	4	Th	\$69
196297	8-10	TC	Oct1-29	5:00PM-6:00PM	5	Tu	\$89
196295	8-10	TC	Oct3-31	5:00PM-6:00PM	5	Th	\$89
196296	8-10	TC	Oct5-26	11:45AM-12:45PM	4	Sa	\$89
196306	8-10	TC	Nov2-23	11:45AM-12:45PM	4	Sa	\$75
196304	8-10	TC	Nov5-26	5:00PM-6:00PM	4	Tu	\$69
196305	8-10	TC	Nov7-21	5:00PM-6:00PM	3	Th	\$55
196294	8-10	TC	Nov9-30	11:45AM-12:45PM	4	Sa	\$75
196307	8-10	TC	Dec5-19	5:00PM-6:00PM	3	Th	\$55
196308	8-10	TC	Dec7-28	11:45AM-12:45PM	4	Sa	\$75

**Green Dot with Conidi Grech Tennis****Ages 11-13**

This class is appropriate for 11-13 year olds and the 10 year old player that has mastered the Orange Ball court. ABC's - agility, balance, coordination, court movement, FUNDamentals of strokes and tactical play is emphasized.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196102	10-13	TC	Sep3-24	5:00PM-6:00PM	4	Tu	\$69
196103	10-13	TC	Sep5-26	5:00PM-6:00PM	4	Th	\$69
196104	10-13	TC	Sep7-28	11:45AM-12:45PM	4	Sa	\$75
196106	10-13	TC	Oct1-29	5:00PM-6:00PM	5	Tu	\$89
196107	10-13	TC	Oct3-31	5:00PM-6:00PM	5	Th	\$89
196105	11-13	TC	Oct5-26	11:45AM-12:45PM	4	Sa	\$75
196130	10-13	TC	Nov2-23	11:45AM-12:45PM	4	Sa	\$75
196128	10-13	TC	Nov5-26	5:00PM-6:00PM	4	Tu	\$69
196129	10-13	TC	Nov7-21	5:00PM-6:00PM	3	Th	\$55
196131	10-13	TC	Dec3-17	5:00PM-6:00PM	3	Tu	\$55
196132	10-13	TC	Dec5-Dec19	5:00PM-6:00PM	3	Th	\$55
196133	10-13	TC	Dec7-28	11:45AM-12:45PM	4	Sa	\$75

**Jr. Group Clinics with Conidi Grech Tennis****Ages 11-17**

This class is appropriate for the 11-17 year old player that has mastered the Orange Ball court or Green Dot Ball and is ready to progress to the full size court and Green Dot Ball or Yellow Ball. Players 11-17 who have some previous tennis playing/instructional experience.

**Tournament Players** – Incorporate strategy and tactics with stroke production

**Ready for Match Play** – Learn strategy, tactics with stroke production

**Low Intermediates** – Learn basic technique, strategy, and tactics.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196108	10-17	TC	Sep3-24	6:00PM-7:30PM	4	Tu	\$99
196110	10-17	TC	Sep4-25	4:30PM-6:00PM	4	W	\$99
196112	10-17	TC	Sep5-26	6:00PM-7:30PM	4	Th	\$99
196113	10-17	TC	Sep6-27	4:30PM-6:00PM	4	F	\$99
196109	10-17	TC	Oct1-29	6:00PM-7:30PM	5	Tu	\$125
196111	10-17	TC	Oct2-30	4:30PM-6:00PM	5	W	\$125
196114	10-17	TC	Oct3-31	6:00PM-7:30PM	5	Th	\$125
196115	10-17	TC	Oct4-25	4:30PM-6:00PM	4	F	\$99
196126	10-17	TC	Nov1-22	4:30PM-6:00PM	4	F	\$99
196120	10-17	TC	Nov5-26	6:00PM-7:30PM	4	Tu	\$99
196122	10-17	TC	Nov6-27	4:30PM-6:00PM	4	W	\$99
196124	10-17	TC	Nov7-21	6:00PM-7:30PM	3	Th	\$75
196121	10-17	TC	Dec3-17	6:00PM-7:30PM	3	Tu	\$75
196123	10-17	TC	Dec4-18	4:30PM-6:00PM	3	W	\$75
196125	10-17	TC	Dec5-19	6:00PM-7:30PM	3	Th	\$75
196127	10-17	TC	Dec6-20	4:30PM-6:00PM	3	F	\$75

**Match Play with Conidi Grech Tennis****Ages 6-17**

Contact Conidi Grech at [cjc10@aol.com](mailto:cjc10@aol.com) for sign up procedure. Instructor permission is required for this class. This program is designed for juniors that can rally and serve consistently. The format will be singles and doubles match play. Red, orange green, yellow ball.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196116	6-17	TC	Sep7-21	5:00PM-6:30PM	4	Sa	\$45
196117	6-17	TC	Oct5-26	5:00PM-6:30PM	3	Sa	\$59
196118	6-17	TC	Nov2-23	5:00PM-6:30PM	4	Sa	\$59
196119	6-17	TC	Dec7-21	5:00PM-6:30PM	3	Sa	\$45

**Adult Beginner Clinic with Conidi Grech Tennis****Ages 18 & up**

This is a group class geared toward adult beginners. Focus will be on the fundamentals of tennis: basic strokes, tactics, and strategy for playing tennis. This class is taught by Conidi Grech Tennis instructor, Anish Kumar, who is PTR Certified in Adult Development.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
199576	18 & up	TC	Sep3-24	7:30PM-8:30pm	4	Tu	\$75
199626	18 & up	TC	Oct1-29	7:30PM-8:30pm	5	Tu	\$89
199627	18 & up	TC	Nov5-19	7:30PM-8:30pm	3	Tu	\$55
199628	18 & up	TC	Dec3-17	7:30PM-8:30pm	3	Tu	\$55

**Adult Drop in Clinic with Carol**

WED 7-8 PM \$18.



# MIKE WALTON TENNIS ACADEMY

Mike Walton Tennis Academy focuses on developing young athletes into tournament ready competitive players. All classes are taught by Mike Walton who is certified PTR instructor. Contact Mike on (408) 679-9647 or michaelwaltonta@hotmail.com. Junior Tennis with Mike Walton michaelwaltonta@hotmail.com

## Beginner Clinic

**Ages 6-8**

These sessions are for beginners. They will undergo fundamental drills, stroke techniques and simple game play with the Orange ball.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196276	6-8	TC	Sep4-30	3:30PM-4:30PM	8	M,W	\$145
196280	6-8	TC	Oct2-30	3:30PM-4:30PM	9	M,W	\$165
196284	6-8	TC	Nov4-27	3:30PM-4:30PM	7	M,W	\$129
196288	6-8	TC	Dec2-18	3:30PM-4:30PM	6	M,W	\$109

## Developmental Clinic

**Ages 8 & up**

This Clinic is for ages 8 and up who already have a grasp on the fundamentals of tennis. This class will introduce them to competitive play, basic strategies and footwork.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196277	8 & up	TC	Sep4-30	4:30PM-5:30PM	8	M,W	\$145
196281	8 & up	TC	Oct2-30	4:30PM-5:30PM	9	M,W	\$165
196285	8 & up	TC	Nov4-27	4:30PM-5:30PM	7	M,W	\$129
196289	8 & up	TC	Dec2-18	4:30PM-5:30PM	6	M,W	\$109

## Tournament Clinic

**Ages 10 & up**

This clinic is for students 10 and up who already have USTA Tournament experience. Training covers intensive drills, footwork and aggressive match play. At this level, fitness and mental training are large parts of the practice.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196278	10 & up	TC	Sep4-30	5:30PM-7:00PM	8	M,W	\$159
196282	10 & up	TC	Oct2-30	5:30PM-7:00PM	9	M,W	\$179
196286	10 & up	TC	Nov4-27	5:30PM-7:00PM	7	M,W	\$139
196290	10 & up	TC	Dec2-18	5:30PM-7:00PM	6	M,W	\$129

## USTA Junior Team Tennis League Red Ball

**Ages 6-8**

This is a Fremont City USTA match play program for ages 6-8. Players will receive USTA league shirt, 1 ball, wristband, and bag tag.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196726	6-8	TC	Sep13-Oct18	4:00PM-5:30PM	6	F	\$69
196727	6-8	TC	Nov1-Dec13	4:00PM-5:30PM	7	F	\$69

## USTA Junior Team Tennis Orange Ball

**Ages 8-10**

This is a Fremont City USTA match play program for ages 8-10. Players will receive USTA league shirt, 1 ball, wristband, and bag tag.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196728	8-10	TC	Sep13-Oct18	4:00PM-5:30PM	6	F	\$69
196729	8-10	TC	Nov1-Dec13	4:00PM-5:30PM	7	F	\$69

## USTA Junior Team Tennis Green Ball

**Ages 10-13**

This is a Fremont City USTA match play program for ages 9-12. Players will receive USTA league shirt, 1 ball, wristband, and bag tag.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196730	10-13	TC	Sep13-Oct18	4:00PM-5:30PM	6	F	\$69
196731	10-13	TC	Nov1-Dec13	4:00PM-5:30PM	7	F	\$69

## Advanced Tournament Clinic Ages 10 & up

This clinic is for students at the Open and Challenger level of USTA Tournament play.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196279	10 & up	TC	Sep4-30	7:00PM-8:30PM	8	M,W	\$159
196283	10 & up	TC	Oct2-30	7:00PM-8:30PM	9	M,W	\$179
196287	10 & up	TC	Nov4-27	7:00PM-8:30PM	7	M,W	\$139
196291	10 & up	TC	Dec2-18	7:00PM-8:30PM	6	M,W	\$129

## LOOKING FOR QUALITY PRIVATE LESSON INSTRUCTION?

Look no further than Fremont Tennis Center, whatever your age, experience or level of play, we have an instructor for you!

All instructors have experience and will deliver the quality you are looking for.

FREMONT TENNIS ACADEMY - \$55/hour, \$30/half hour  
MIKE WALTON (PTR) - \$65/hour, \$35/half hour  
JOE GRECH (USPTA) - \$65/hour, \$35/half hour  
CAROL CONIDI (PTR) - \$65/hour, \$35/half hour  
ANISH KUMAR (PTR) - \$55/hour, \$30/half hour

*For more information  
Contact Fremont Tennis Center  
(510) 790-5510.*

## VOLLEYBALL

*For more information,  
call (510) 791-4334*

### Volleyball

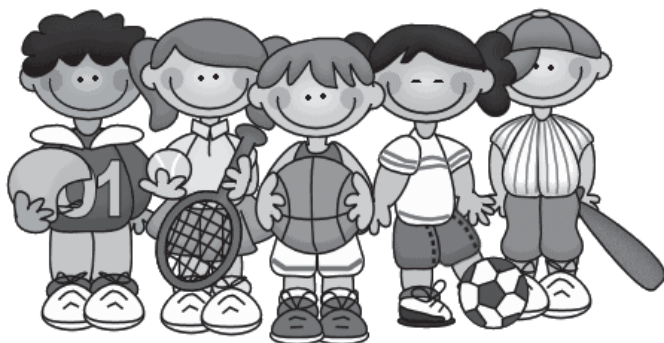
**Grades 6th-7th and 8th-9th**

This class is designed as a coed program for beginners and intermediate players. Youth will be taught by City of Fremont staff! We will focus on how to pass, set, and spike in a fun atmosphere. It is our goal to create an encouraging environment while establishing the importance of the basics and teamwork on the volleyball court. Our hopes are to excite young people about volleyball and prepare them to continue into the next grade levels. The atmosphere we create will be to improve skills and understand the role of each player. Participants will become proficient at the basics and can apply them in real game situations. No class Nov. 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196386	6th-7th	IRCC	Sep13-Oct18	5:00PM-6:00PM	6	F	\$99
196387	6th-7th	IRCC	Oct25-Dec6	5:00PM-6:00PM	6	F	\$99
196388	8th-9th	IRCC	Sep13-Oct18	6:00PM-7:30PM	6	F	\$109
196389	8th-9th	IRCC	Oct25-Dec6	6:00PM-7:30PM	6	F	\$109



## TOT SPORTS



### Parent and Child Sports Adventures

**Ages 18 months-3 years**

**For more information call (510) 791-4334**

This class has a variety of fun and lead-up activities with sports and games. Basketball, Soccer, Obstacle courses, Flag Tag, and Bubbles will keep you active with your little one. Kids will start to develop fine motor skills, socializing skills, and listening skills. One parent must attend and be ready to play! Sorry, no unregistered siblings. Fee is per parent/child pair. No class Oct. 25 and Nov. 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196471	18-3	CCC	Sep6-Oct11	10:30AM-11:15AM	6	F	\$65
196473	18-3	CCC	Sep7-Oct12	10:00AM-10:45AM	6	Sa	\$65
196472	18-3	CCC	Oct18-Dec6	10:30AM-11:15AM	6	F	\$65
196474	18-3	CCC	Oct19-Nov23	10:00AM-10:45AM	6	Sa	\$65

### Kick off Soccer

**Ages 3-5**

**For more information call (510) 791-4334**

This class has all the fun and excitement of dribbling obstacle courses, partner passing and shooting, and mini games, but that's not all. Kids will develop very basic skills in passing, dribbling, and team play, but also in fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy. No class Oct. 25 and Nov. 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196467	3-5	CCC	Sep4-Oct9	6:00PM-6:45PM	6	W	\$65
196463	3-5	CCC	Sep6-Oct11	1:00PM-1:45PM	6	F	\$65
196464	3-5	CCC	Sep6-Oct11	5:00PM-5:45PM	6	F	\$65
196469	3-5	WSSC	Sep7-Oct12	9:00AM-9:45AM	6	Sa	\$65
196468	3-5	CCC	Oct16-Nov20	6:00PM-6:45PM	6	W	\$65
196465	3-5	CCC	Oct18-Dec6	5:00PM-5:45PM	6	F	\$65
196466	3-5	CCC	Oct18-Dec6	1:00PM-1:45PM	6	F	\$65
196470	3-5	WSSC	Oct19-Nov23	9:00AM-9:45AM	6	Sa	\$65



### Rookie Sports and Games

**Ages 3-5**

**For more information call (510) 791-4334**

This class has a variety of fun with sports and games. Find out if basketball, soccer, or other activities will interest your little one. This multi-sport/activities class will emphasize fun with being active. Kids will develop fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy. No class Oct. 25 and Nov. 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196479	3-5	CCC	Sep4-Oct9	5:00PM-5:45PM	6	W	\$65
196475	3-5	CCC	Sep6-Oct11	6:00PM-6:45PM	6	F	\$65
196476	3-5	CCC	Sep7-Oct12	11:00AM-11:45AM	6	Sa	\$65
196480	3-5	CCC	Oct16-Nov20	5:00PM-5:45PM	6	W	\$65
196477	3-5	CCC	Oct18-Dec6	6:00PM-6:45PM	6	F	\$65
196478	3-5	CCC	Oct19-Nov23	11:00AM-11:45AM	6	Sa	\$65

### T-Ball League

**Ages 3-5**

**For more information, call (510) 790-5520**



This is a great introduction to the game of baseball/softball. We will cover the basics, teach the children to be part of a team, and demonstrate good sportsmanship! No score is kept - everyone is a winner! We will try to honor all requests for children to be placed on the same team. Requests must be made in writing and turned in at the time of registration, or after registration request may be sent to [msa@fremont.gov](mailto:msa@fremont.gov) (please include

the barcode) Games will be one-hour. Start time will vary each week. There will be a short parent meeting, Sept. 21 at 9 am, at Sigman Field, which is located at Centerville Community Park.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
195926	3-5	CCC	Sep28-Nov2	9:00AM-12:00PM	6	Sa	\$109

### Jump Start Basketball I

**Ages 3-5**

**For more information call (510) 791-4334**

This class has all the fun and excitement of dribble tag, mini games and PASS-ketball, but that's not all. Kids will develop very basic skills in passing, ball handling, and team play, but also in fine motor skills, socializing skills, and listening skills. Making new friends has never been so easy. No class Oct. 25 and Nov. 29.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196457	3-5	CCC	Sep6-Oct11	12:00PM-12:45PM	6	F	\$65
196458	3-5	CCC	Oct18-Dec6	12:00PM-12:45PM	6	F	\$65

**See Jump Start Basketball II  
Ages 5-7 page 25**

# TEENS & TWEENS

## Back to sCh00L 6th Grade Dance Party

6th Graders Only

For more information, please call (510) 494-4344

First 50 registered get a FREE COTTON CANDY or POPCORN. Come and hang with your friends and meet some new ones! We will have a DJ spinnin' discs, Large-screen Movies, \$1 Snacks/Drinks, Foosball, Ping Pong, Air Hockey and super fun contests-including a Dance-Off. Win prizes! Advance tickets are \$10 and are available in person until 4:30 p.m. the day before the dance at the main office or online until midnight Thursday, Oct. 3. 'At Door' tickets, if we have not sold out, will be \$12 and available at 6:30 p.m. Friday, Oct. 4. If you are paying at the door, your parent will need to sign you in as proof you are in 6th grade and live in or attend a school in Fremont. School dress codes must be followed. School dress codes must be followed. PARENTS: The confirmation receipt counts as the ticket!

BAR	AGE	LOC	DATE	TIME	DAY	FEE
194228	6th Graders	TNC	Oct4	7:00PM	F	\$10 in advance

## Drivers Education On-line Class

Ages 15 ½ - 17 ½

For more information, call (510) 494-4344

This course is an interactive, educational online course with the latest in animation, video and web technology. It sets the foundation for behind-the-wheel driver's training and is in accordance with the guidelines set by the California Department of Motor Vehicles. It covers the rules of the road, freeway driving, motorcycle and pedestrian safety, major causes of traffic collisions, alcohol & drugs, and much more. Upon successful completion, students will



receive a DMV-approved certificate of completion (OL237) via mail of their choice. This course is a requirement for teens to obtain their learner's permit and driver's license. After enrolling, please email teens@fremont.gov or call (510) 494-4344 and give the student's email or phone #. You will be contacted by the agency the next business day. The date/time listed is not the actual day of the class-since class is in your home it can be anytime.

BAR	LOC	FEE
194233	Your Home	\$59

## Got Talent?

Young people, now is a chance for your star to shine in our Fremont's Got Talent Show case! Check out: [www.fremont.gov/teens](http://www.fremont.gov/teens) for entry details.

## THEATER ARTS

For more information, call (510) 494-4322



## Fall 2013 Children's Repertory Theater Performances

Ages 5 & up

Come watch the Parks and Recreation's Children's Repertory Theatre perform the Fall Production. Support local theater! Doors open 1/2 hour before show time of 7:00 p.m. and 2:00 p.m. These shows are for ages 6 & up. Tickets ONLY \$5 per person.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197176	5 & up	TNC	Dec6	7:00PM-8:00PM	1	F	\$5
197177	5 & up	TNC	Dec7	2:00PM-3:00PM	1	Sa	\$5

## Children's Repertory Theater Fall 2013

Ages 6 & up

The Children's Repertory Theatre program gives youth an opportunity to learn all aspects of theater production at the recreation level — stage design, learning lines, costuming, etc. Your child will gain self-esteem while having fun! Director: Grant Ewing.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST FEE
195826	6 & up	TNC	Sep12-Dec5	6:00PM-7:30PM	12	Th	Ewing \$295



# TINY TOTS

For more information call (510) 494-4349

## EARLY FALL REGISTRATION

Open Enrollment: August 2, 2013 at 12:01AM online

## LATE FALL REGISTRATION

Priority Registration: 10/1/13-10/16/13

Transfer Day: Thursday, 10/17/13

Open Enrollment: October 18, 2013 at 12:01AM online

## Parent & Child Preschool Ages 12-18 Mo

This class is a first introduction to a Tiny Tot preschool setting for infants and toddlers. One parent and their child participate in activities together that include movement, music, storytelling and circle time activities. Sorry, no siblings.

EARLY FALL									
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	
195387	12-18	LCCC	Sep5-Nov7	9:00AM-10:15AM	10	Th	Sheetu	\$129	
LATE FALL									
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	
197654	12-18	LCCC	Nov14-Jan30	9:00AM-10:15AM	9	Th	Sheetu	\$119	

## Parent & Child Preschool Ages 18-24 Mo

Play and learn with your child in a creative environment. One parent and their child participate in activities together that include group activities, art and cooking projects, music and movement. Sorry, no siblings.

EARLY FALL									
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	
195388	18-24	LCCC	Sep5-Nov7	10:45AM-12:00PM	10	Th	Sheetu	\$129	
195389	18-24	CPGB	Sep10-Nov5	9:00AM-10:15AM	9	Tu	Cherryl	\$119	
195390	18-24	WSPGB	Sep5-Nov7	9:00AM-10:15AM	10	Th	Vicki	\$129	
LATE FALL									
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	
197655	18-24	LCCC	Nov14-Jan30	10:45AM-12:00PM	9	Th	Sheetu	\$119	
197656	18-24	CPGB	Nov12-Jan28	9:00AM-10:15AM	9	Tu	Cherryl	\$119	
197658	18-24	WSPGB	Nov14-Jan30	9:00AM-10:15AM	9	Th	Vicki	\$119	

## Parent & Child Preschool Ages 2-3

Play and learn with your child in a creative environment. One parent and their child participate together in activities that include group activities, computer games, art and cooking projects, music and movement. Children enrolled in 3 hour classes must bring snack.

EARLY FALL									
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	
195398	2-3	IRCC	Sep4-Nov6	5:45PM-7:00PM	10	W	Nena	\$129	
195626	2-3	CPGB	Sep5-Nov7	9:00AM-10:15AM	10	Th	Cherryl	\$129	
195397	2-3	CPGB	Sep5-Nov7	10:45AM-12:00PM	19	Tu,Th	Cherryl	\$239	
195396	2-3	WSPGB	Sep5-Nov7	10:45AM-12:00PM	10	Th	Cherryl	\$129	
195399	2-3	CCC	Sep6-Nov8	1:00PM-2:30PM	10	F	Nena	\$149	
195400	2-3	IRCC	Sep6-Nov8	1:00PM-2:30PM	10	F	Cherryl	\$149	
195392	2-3	LCCC	Sep10-Nov5	9:00AM-12:00PM	9	Tu	Sheetu	\$259	
195395	2-3	WSCC	Sep10-Nov5	9:00AM-12:00PM	9	Tu	Vicki	\$259	
LATE FALL									
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	
197729	2-3	LCCC	Nov12-Jan28	9:00AM-12:00PM	9	Tu	Sheetu	\$259	
197732	2-3	WSPGB	Nov12-Jan28	9:00AM-12:00PM	9	Tu	Vicki	\$259	
197733	2-3	CPGB	Nov12-Jan30	10:45AM-12:00PM	18	Tu,Th	Cherryl	\$229	
197734	2-3	IRCC	Nov13-Jan29	5:45PM-7:00PM	9	W	Nena	\$119	
197736	2-3	CPGB	Nov14-Jan30	9:00AM-10:15AM	9	Th	Cherryl	\$119	
197731	2-3	WSPGB	Nov14-Jan30	10:45AM-12:00PM	9	Th	Vicki	\$119	
197827	2-3	CCC	Nov15-Jan31	1:00PM-2:30PM	9	F	Nena	\$139	
197789	2-3	IRCC	Nov15-Jan31	1:00PM-2:30PM	9	F	Cherryl	\$139	

## WINTER REGISTRATION

Priority Registration: 1/2/14-1/15/14

Transfer Day: Thursday, 1/16/14

Open Enrollment: Friday, January 17, 2014 at 12:01AM online

## SPRING REGISTRATION

Priority Registration: 2/25/14-3/12/14

Transfer Day: Thursday, 3/13/14

Open Enrollment: Friday, March 14, 2014 at 12:01AM online

## Enrichment Ages 33 months-5 years

This well balanced enrichment program includes exposure to pre-phonics, math concepts, science, dramatics, motor movement, arts and crafts, music plus field trips! Children must be toilet trained. Bring a snack to all classes.

EARLY FALL									
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	
195081	33-5	CPGB	Sep4-Nov8	9:00AM-12:00PM	29	M,W,F	Sonal	\$599	
195082	33-5	WSPGB	Sep4-Nov8	9:00AM-12:00PM	29	M,W,F	Vicki	\$599	
195079	33-5	CCC	Sep4-Nov6	12:30PM-3:15PM	19	M,W	Jennifer	\$369	
195077	33-5	IRCC	Sep4-Nov6	12:30PM-3:15PM	19	M,W	Grace	\$369	
195076	33-5	CCC	Sep5-Nov7	9:00AM-12:00PM	19	Tu,Th	Jennifer	\$399	
195083	33-5	NPC	Sep5-Nov7	9:00AM-12:00PM	19	Tu,Th	Ellen	\$399	
195080	33-5	IRCC	Sep5-Nov7	9:00AM-12:00PM	16	Tu,Th	Grace	\$399	
195078	33-5	LCCC	Sep5-Nov7	12:30PM-3:15PM	19	Tu,Th	Sheetu	\$369	
195084	33-5	WSCC	Sep5-Nov7	9:00AM-12:00PM	19	Tu,Th	Reem	\$399	

LATE FALL									
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	
197793	33-5	CCC	Nov12-Jan30	9:00AM-12:00PM	18	Tu,Th	Jennifer	\$379	
197820	33-5	IRCC	Nov12-Jan30	9:00AM-12:00PM	18	Tu,Th	Grace	\$379	
197809	33-5	LCCC	Nov12-Jan30	12:30PM-3:15PM	18	Tu,Th	Sheetu	\$349	
197825	33-5	NPC	Nov12-Jan30	9:00AM-12:00PM	18	Tu,Th	Ellen	\$379	
197826	33-5	WSCC	Nov12-Jan30	9:00AM-12:00PM	18	Tu,Th	Reem	\$379	
197800	33-5	IRCC	Nov13-Jan29	12:30PM-3:15PM	16	M,W	Grace	\$315	
197812	33-5	CCC	Nov13-Jan29	12:30PM-3:15PM	16	M,W	Jennifer	\$315	
197821	33-5	CPGB	Nov13-Jan31	9:00AM-12:00PM	25	M,W,F	Sonal	\$519	
197824	33-5	WSPGB	Nov13-Jan31	9:00AM-12:00PM	25	M,W,F	Vicki	\$519	

## Pre-K Ages 4-5 years

Children must have turned 4 years old by October 1, 2013 for 4-5 class for the Fall Session. Proof of age is required. Pre-K classes incorporate kindergarten readiness skills by exposing the student to phonics, pre-writing, science, and math concepts. Along with songs and story telling your child will enjoy a well-balanced program, plus field trips. Bring a snack to all classes. A student may not enroll in more than 12 hrs per week.

EARLY FALL									
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	
195376	4-5	CCC	Sep4-Nov8	9:00AM-12:00PM	29	M,W,F	Jennifer	\$639	
195377	4-5	CCC	Sep5-Nov7	12:30PM-3:15PM	19	Tu,Th	Jennifer	\$395	
195378	4-5	IRCC	Sep5-Nov7	12:30PM-3:15PM	19	Tu,Th	Grace	\$395	
195379	4-5	WSCC	Sep4-Nov8	9:00AM-12:00PM	29	M,W,F	Reem	\$639	
195380	4-5	IRCC	Sep4-Nov8	9:00AM-12:00PM	29	M,W,F	Grace	\$639	
195381	4-5	NPC	Sep4-Nov8	9:00AM-12:00PM	29	M,W,F	Ellen	\$639	
195382	4-5	LCCC	Sep4-Nov8	9:00AM-12:00PM	29	M,W,F	Sheetu	\$639	

LATE FALL									
BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE	
197831	4-5	CCC	Nov12-Jan30	12:30PM-3:15PM	18	Tu,Th	Jennifer	\$375	
197832	4-5	IRCC	Nov12-Jan30	12:30PM-3:15PM	20	Tu,Th	Grace	\$375	
197830	4-5	CCC	Nov13-Jan31	9:00AM-12:00PM	25	M,W,F	Jennifer	\$555	
197833	4-5	WSCC	Nov13-Jan31	9:00AM-12:00PM	25	M,W,F	Reem	\$639	
197834	4-5	IRCC	Nov13-Jan31	9:00AM-12:00PM	25	M,W,F	Grace	\$555	
197835	4-5	NPC	Nov13-Jan31	9:00AM-12:00PM	25	M,W,F	Ellen	\$555	
197836	4-5	LCCC	Nov13-Jan31	9:00AM-12:00PM	25	M,W,F	Sheetu	\$555	

The following Tiny Tot classes are not subjected to the 12 hour/week limit.

## Progressive Tots on Phonics

Ages 3-5

This class combines the nationally acclaimed Hooked on Phonics Learn to Read program in a language rich environment with language play (songs, word games, rhymes etc.) and storybooks. Hooked on Phonics award-winning programs are based on scientific research and align with the National Reading Standards of the No Child Left Behind Act. Your child will learn valuable tools to learn to read. Children should possess language skills and know their alphabet. As the class grows and your child learns, the class will be broken into groups based on their ability, beginner, intermediate or advanced. \*Please note: Child must have the ability to sit and focus during this class.

### EARLY FALL

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198638	3-5	WSPGB	Sep4-Nov6	1:00PM-2:00PM	19	M,W	\$185
198700	3-5	CCC	Sep4-Nov6	4:00PM-5:00PM	19	M,W	\$185
198636	3-5	IRCC	Sep5-Nov7	9:00AM-10:00AM	19	Tu,Th	\$185
198640	3-5	NPC	Sep5-Nov7	2:00PM-3:00PM	19	Tu,Th	\$185
198634	3-5	CCC	Sep5-Nov7	4:00PM-5:00PM	19	Tu,Th	\$185

### LATE FALL

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198637	3-5	IRCC	Nov12-Jan30	9:00AM-10:00AM	19	Tu,Th	\$185
198641	3-5	NPC	Nov12-Jan30	2:00PM-3:00PM	18	Tu,Th	\$165
198635	3-5	CCC	Nov12-Jan30	4:00PM-5:00PM	18	Tu,Th	\$185
198639	3-5	WSCC	Nov13-Jan29	1:00PM-2:00PM	16	M,W	\$165
198701	3-5	CCC	Nov13-Jan29	4:00PM-5:00PM	16	M,W	\$185

## Tiny Tots Pre-K Literacy

Ages 42 mo-5yr or 4-5

This literacy class has similar elements to our popular Tiny Tots Pre-K classes, with an emphasis on reading readiness and literacy development. Children will develop literacy skills and readiness through children's literature, sequencing, storytelling and artistic expression, music and more. Proof of age is required for all 4-5 year old Pre-K literacy classes (must turn 4 by Oct. 1, 2013). This is a priority class.

### EARLY FALL

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195386	42-5yr	LCCC	Sep4-Nov6	12:30PM-3:15PM	19	M,W	Sheetu	\$409
195476	42-5yr	NPC	Sep4-Nov6	12:30PM-3:15PM	19	M,W	Ellen	\$409
195384	42-5yr	WSCC	Sep4-Nov6	12:30PM-3:15PM	19	M,W	Cindy	\$409
195385	42-5yr	CPGB	Sep4-Nov8	12:30PM-3:15PM	29	M,W,F	Sonal	\$599
195383	4-5	WSCC	Sep5-Nov7	12:30PM-3:15PM	19	Tu,Th	Jennifer L.	\$409

### LATE FALL

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198331	4-5	WSCC	Nov12-Jan30	12:30PM-3:15PM	18	Tu,Th	Jennifer L.	\$389
198332	42-5yr	WSCC	Nov13-Jan29	12:30PM-3:15PM	16	M,W	Cindy	\$345
198333	42-5yr	CPGB	Nov13-Jan31	12:30PM-3:15PM	25	M,W,F	Sonal	\$539
198334	42-5yr	LCCC	Nov13-Jan29	12:30PM-3:15PM	16	M,W	Sheetu	\$345
198336	42-5yr	NPC	Nov13-Jan29	12:30PM-3:15PM	16	M,W	Ellen	\$345

## Preschool Math!

Ages 3-6

This class is to introduce your preschooler to the world of math! Patterns, numbers and vocabulary all the components that your child will need to be ready for school! This class will give your child a great jump in building a foundation in Math!

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198327	3-6	WSPGB	Sep4-Nov6	1:00PM-2:00PM	19	M,W	\$199
198328	3-6	IRCC	Sep5-Nov7	10:15AM-11:15AM	19	Tu,Th	\$209
198326	3-6	NPC	Sep5-Nov7	12:30PM-1:30PM	19	Tu,Th	\$199
198698	3-6	IRCC	Nov12-Jan30	10:15AM-11:15AM	19	Tu,Th	\$209
198696	3-6	NPC	Nov12-Jan30	12:30PM-1:30PM	19	Tu,Th	\$199
198697	3-6	WSPGB	Nov13-Jan29	1:00PM-2:00PM	16	M,W	\$199

## Tiny Tot Science

Ages 4-6

This class is to introduce your preschooler to the world of science in a fun and hands on way. We'll explore basic science concepts in physics, chemistry and biology through age appropriate experiments, games and projects. This class will give your child the opportunity to experience the science that is a part of their world.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198642	4-6	WSCC	Sep20-Oct11	1:00PM-2:15PM	4	F	\$65
198643	4-6	WSCC	Oct25-Nov15	1:00PM-2:15PM	4	F	\$65

## TINY TOTS JUST FOR FUN

### Horse Fun on the Farm!

Ages 3-5

For more information, call (510) 791-4318

PLEASE NOTE: Course no longer held at T Bear Ranch. New location is Chaparral Ranch. DO NOT USE GPS! Visit [www.chaparralcorporation.com](http://www.chaparralcorporation.com) for directions. Old MacDonald had a farm e-i-e-i-o! And on this farm he had a horse...with parent in hand, preschoolers can learn horsemanship! We will learn to halter, feed, curry, dandee, hoof pick, mount, dismount, walk, turn, whoa, and enjoy a basic ride on a horse. Children will learn how to introduce themselves to these majestic animals! All participants and parents must wear long pants and close-toed shoes and bring a bike helmet.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197226	3-5	CR	Sep7-28	11:00AM-12:00PM	4	Sa	Rhonda Mott	\$95
197227	3-5	CR	Oct5-26	11:00AM-12:00PM	4	Sa	Rhonda Mott	\$95
197228	3-5	CR	Nov2-23	11:00AM-12:00PM	4	Sa	Rhonda Mott	\$95

## Thanksgiving Break Fun Days!

Ages 4-7

For more information, call (510) 494-4349

Have some fun with your favorite Tiny Tots staff. Mom and Dad can take the opportunity to do some shopping and make the holiday meal while the kids will be cooking and making some special art to decorate your holiday table.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198646	4-7	NPC	Nov25,26	10:00AM-2:00PM	2	M,Tu	\$79
198647	4-7	WSCC	Nov25,26	10:00AM-2:00PM	2	M,Tu	\$79

## Discovery Cove Drop In Child Care

For more information  
call (510) 574-2010 or (510) 494-4381

Do you need some time for yourself? Do you have shopping, errands or appointments that you would rather do without the kids? Never fear, Discovery Cove is here! Discovery Cove offers drop-in, hourly childcare. Children can visit the center up to 12 hours a week. You can relax and enjoy your outing knowing that your children are experiencing a wonderful time filled with activities. Call for reservations.

Discovery Cove Family Resource Center  
39155 Liberty, Suite H850

Hours: Monday – Friday,  
8:30 a.m.–5:00 p.m.

Ages: 2-10,  
\$7.00 per hour

# FALL THANKSGIVING BREAK CAMPS

## ACADEMIC ENRICHMENT

NOV. 25-27

### By The Book — Cloudy w/a Chance of Meatballs

Ages 5-8

For more information, call (510) 494-4344

So you know the books and you love them—we will have some fun with Grandpa and his family and all the adventures involving playful food! Food focused fun will be the main theme of this camp including arts and crafts, games and physical science experiments! By The Book Camps explore the world of books and reading through entertaining educational and interactive projects focused around a specific well-known book and similar subject matter. While the focus is fun, there will be a connection with elementary school curriculum through use of vocabulary words and language arts activities to reinforce knowledge and skill building. Bring a lunch. Registrants may also enroll in Central Park Extended Care from 8-9 a.m. BAR 197602 and 3-6:30 p.m. BAR 197603.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197528	5-8	TNC	Nov25,26,27	9:00AM-3:00PM	3	M,Tu,W	\$99

### LEKHA PUBLISHER



### Combo Creative Writing and Essay Writing

Ages 7-13

For more information, call (510)494-4349

This is a combination (all day) camp combining the Creative Writing and Essay Writing Camps. \$25 material fees of payable to instructor first day of camp. Registrants may also enroll in Central Park Extended Care from 8-9 a.m. BAR 197602 and 3-6:30 p.m. BAR 197603

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198286	7-13	CPVSC	Nov25,26,27	9:00AM-3:00PM	3	M,Tu,W	Lekha	\$245

### PLAY-WELL — Tech Super Heroes

Ages 5-7 NEW

For more information, call (510) 791-4318

Save the world with LEGO® Super Heroes! Build the hideouts and vehicles of your favorite caped crusaders and learn what makes them not only Super Heroes, but Super Hero Engineers! An experienced Play Well instructor guides young heroes as they design, build, and save a city where ingenuity and imagination can solve any conflict. Registrants may also enroll in Central Park Extended Care from 8-9 a.m. BAR 197602.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198690	5-7	TNC	Nov25,26,27	9:00AM-12:00PM	3	M,Tu,W	Play-Well	\$159

### COMMUNICATION ACADEMY

For more information, call (408) 777-8876 or visit [communicationacademy.com](http://communicationacademy.com).

### Essay Writing: Word Choice and Fluency

Ages 8-11

Students learn to bring their writing into focus, developing and communicating messages effectively using advanced writing skills. Literary devices such as metaphor and simile, vocabulary, and accurate word usage are applied towards communicating specific messages through their writing. Taught at age appropriate level. \$25 material fee due at first class.



BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198059	8-11	IRCC	Nov25,26,27	9:00AM-11:30AM	3	M,Tu,W	CA	\$185

### Public Speaking & Essay Writing

Ages 8-11

Save 10% (\$35) when you enroll in full day camps which combine two fun, back-to-back camps from Communication Academy. Parents maintain peace-of-mind by dropping children off only once for an extended period of time so students can learn two important skills in one sitting. Don't delay on this fantastic opportunity. Students bring own lunch and supervised by teacher. \$40 material fee due at first class.



BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198063	8-11	IRCC	Nov25,26,27	9:00AM-3:00PM	3	M,Tu,W	CA	\$329

### Public Speaking: Team Leadership

Ages 8-11

Team Leaderships instills team-management skills by teaching students how to direct for the stage and screen. Public speaking and management leadership combine in the challenging discipline of directing for television, movies, and commercials. Includes access to film production equipment. Taught at age appropriate level. \$15 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198062	8-11	IRCC	Nov25,26,27	12:30PM-3:00PM	3	M,Tu,W	CA	\$185



## ART CAMPS

For more information, call (510) 494-4322

### Art is Love

Ages 5-7 NEW

Your child is invited to a two day art, Mixed Media Workshop during the Winter Break. Your child will sculpt a geometric form with wooden shapes, build an art book of paper maché, and paint a treasure box. This class encourages creativity and exploration and lots of fun! Instructor Mrs. Christina, B.F.A, Studio Art.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
196609	5-7	WSSC	Nov25,26	9:00AM-12:00PM	2	M,Tu	Mrs. Christina	\$89

### Cartooning on the Cutting Edge

Ages 6-12

Spend the week honing your cartooning skills. You will learn how to draw all kinds of cartoons, including manga and graphic novel illustrations. Learn about head and body proportion and how to create motion in your cartoons. If you are into drawing and cartooning, don't miss this opportunity! Bring a snack and water.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197140	6-12	SHP	Nov25,26,27	9:00AM-12:00PM	3	M,Tu,W	Green	\$99

### Art Studio Camp

Ages 11-14 NEW

In this art studio students will learn the basics of drawing including composition, line, value, shadows, perspective, color, as well as learn proportions of figures and animals. Students will also have the opportunity to draw from nature and study trees. Techniques will be studied from historical and modern artists from around the world. At the end of our final session students will have the opportunity to hold an impromptu gallery showing for family and friends. Extended care is available from 4-6:30p.m. BAR 197130.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197139	11-14	SHP	Nov25,26,27	1:00PM-4:00PM	3	M,Tu,W	Amanda	\$119

### Young Rembrandts-Card Making

Ages 7-13 NEW

Create your own special greeting cards while learning to draw a wonderful variety of still life drawings the YR way. Highlights and shading will enhance each drawing. Join us for three days of challenging lessons as we refine our drawing skills and create cards. No prior experience needed. \$15 material fee due at first class includes all supplies. No extended care is available.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198533	7-13	CCC	Nov25,26,27	9:00AM-12:00PM	3	M,Tu,W	Young Rembrandts	\$99

## JUST FOR FUN CAMPS

### 3 Day Chess Fun Camp

Ages 5-13

For more information, call (510) 791-4318

In this 3 day camp students will learn all about timed chess, new and unusual openings and early opening traps. Students on the 1st day will play blitz and bullet chess while learning tricks about clocks and speed chess. This day will be more involved with playing than instruction. On the 2nd day we will instruct heavily on unusual openings and traps that will leave your mom, dad and friends curious where you learned these great tricks! The 3rd day will be fun day with students playing blitz, bullet, bughouse and more chess games created by U.S. Chess Mates. This camp will have your child playing better chess while keeping a smile on their face! All students will receive prizes and awards.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
198676	5-13	WSSC	Nov25,26,27	9:00AM-12:00PM	3	M,Tu,W	US Chess Mates	\$119

### Magic Wizard Camp

Ages 6-10

For more information, call (510) 494-4322

Get ready for afternoons full of magic! Discover how to make an object appear or disappear and 'how to read a mind'. Magic Camp will teach you the basics! Future magicians will gain skills through an encouraging step-by-step approach while gaining self-esteem. Have fun while learning from a qualified magician who has a teaching credential and a Masters in Theater Arts. Each camper will receive his/her own box of tricks and wand. Bring a snack. Extended Care is available from 4:30-6:30 p.m. BAR 197131. \$15 lab fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
195876	6-10	OHAC	Nov25,26,27	1:30PM-4:30PM	3	M,Tu,W	Wertman	\$79

### Ranger's Book of Badges

Ages 6-10

For more information, call (510) 790-5541

Based on the wildly popular iPhone App-Bartleby's Book of Buttons, this new camp will feature daily adventures where children will unlock the mysteries of nature and Central Park. Kids will solve puzzles, learn about the local natural wonders of Fremont and Central Park, and set out on daily adventures in order to earn Ranger Badges toward building a lifetime love and understanding of nature. Registrants may also enroll in Central Park Extended Care from 8-9 a.m. BAR 197602 and 3-6:30 p.m. BAR 197603.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196626	6-10	CWEC	Nov25,26,27	9:00AM-3:00PM	3	M,Tu,W	\$109

### Creative Dramatics

Ages 7-12

For more information, call (510) 494-4322

The world of theater is an exciting and magnificent place for young actors! In this camp, your child will learn to be more self-confident, assured and creative through dramatics, games, and participatory experience! Each week the group will engage in all aspects of theater-determining the script to be used, making their own costumes, backdrops, and props! At the end of camp, actors will perform for parents, family and friends the final day of camp. Registrants may also enroll in Central Park Extended Care from 8-9 a.m. BAR 197602 and 3-6:30 p.m. BAR 197603.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197126	7-12	TNC	Nov25,26,27	9:00AM-3:00PM	3	M,Tu,W	Ewing	\$99

## JUST FOR FUN CAMPS, Continued

### Hunger Games

Ages 8-12

For more information, call (510) 790-5546

May the odds be ever in your favor! Based on the popular book and movie series! Kids will represent the Districts of Panem here at the Capital (CENTRAL PARK). Kids will learn different skills like Katniss Everdeen to survive the trials of Capital Arena! They'll create traps, build fire 'cook', discover the local wildlife, build shelters, and compete in daily challenges to survive the game. There is before and after care available for this camp. Registrants may also enroll in Central Park Extended Care from 8-9 a.m. BAR 197602 and 3-6:30 p.m. BAR 197603.



BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196625	8-12	FCC	Nov25,26,27	9:00AM-3:00PM	3	M,Tu,W	\$109

### Young Riders Horsemanship Camp

Ages 8-14

For more information, call (510) 791-4318

How the west was won...Come join us and our horses on a journey through history. Embrace the ranch experience as you learn to ride, dance at our hoedown, sing at our camp fire and mosey along on a hay ride. No prior riding experience is required. A packet of camp information, including directions, will be mailed to you prior to camp. Bring a lunch. Aftercare is available til 5:00 p.m. at \$15.00 per hour. Please contact instructor Rhonda Mott on the first day of camp for more information.



BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
197232	8-14	CR	Nov25,26,27	9:00AM-2:00PM	3	M,Tu,W	Rhonda Mott	\$239

### Sewing & Stitchery Camp

Ages 10-16

For more information, call (510) 494-4322

Learn basic hand sewing and stitchery skills creating quilting samples, counted cross stitch projects (X shaped stitches to form images) AND MORE! Boys and girls, join the fun! \$6 material fee due at first class.

BAR	AGE	LOC	DATE	TIME	#	DAY	INST	FEE
199131	10-16	OHAC	Nov25,26,27	9:00AM-12:00PM	3	M,Tu,W	Benoit	\$119



## SPORTS CAMPS

### Pee Wee Sports

Ages 4-7

For more information, call (510) 790-5520

Come join us for sports fun! We'll touch on a number of sports and start teaching the fundamentals. Sports may include soccer, t-ball, baseball, softball, football, lacrosse, hockey, basketball, and playground games. Wear tennis shoes and dress for sports.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196950	4-7	CPSBC	Nov25,26,27	8:00AM-12:00PM	3	M,Tu,W	\$65

### Holiday Indoor Sports Jam

Ages 5-12

For more information, call (510) 791-4334

Indoor Sports Jam is the perfect way to spend the holiday with your friends! ISJ is a Full Day or Half Day option sports camp and is a fun way to play a variety of sports with friends throughout the day and to meet new friends, while jammin' to music! Basketball, Badminton, Volleyball, Soccer, Kickball, Baseball, and Dodgeball are just some of the sports we will play. Come enjoy the holiday weeks of great sports fun with our friendly staff! Children are split up by ages and skill level. We will also have an arts 'n' craft portion of the day and watch a movie for about 30 mins/per day/per AM and PM session. Bring a snack for the AM and PM, along with a lunch if you are attending the Full Day. Don't forget your water, and don't miss out on hangin' with your friends! Wear athletic clothing and shoes. Registrants may also enroll in Irvington Extended Care from 8-9 a.m. BAR 196394 and 4-6:00 p.m. BAR 196395

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196426	5-12	IRCC	Nov25,26,27	9:00AM-4:00PM	3	M,Tu,W	\$115
196428	7-12	IRCC	Nov25,26,27	9:00AM-12:00PM	3	M,Tu,W	\$64
196429	5-6	IRCC	Nov25,26,27	1:00PM-4:00PM	3	M,Tu,W	\$64

### Thanksgiving Break Tennis Camp

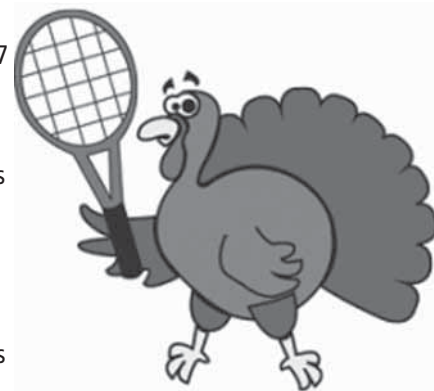
Ages 5-17

For more information, call (510) 790-5510

Campers will be using age appropriate tennis balls and court size. 5-7 years old- Red Ball on 36 ft court, 8-10 years old- Orange Ball on a 60 ft court, 11-12 years old- Green Dot Ball on regular tennis court. 13-17 years old- Regular tennis ball on regular size court. Focus will be on strokes, rules and singles and doubles match play.

Campers should wear sturdy tennis shoe (no black soles). Bring lunch (full day) and a racquet. Registrants may also enroll in Central Park Extended Care from 8-9 a.m. BAR 196983 and 3-6:30 p.m. BAR 196984.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
198335	5-18	TC	Nov25,26,27	9:00AM-12:00PM	3	M,Tu,W	\$135
198337	5-18	TC	Nov25,26,27	9:00AM-3:00PM	3	M,Tu,W	\$225



## Rock Climbing & Games

Ages 6-15

For more information, call (510) 791-4334

Encourage-Challenge-Reward! Join City Beach for the adventure camp of a lifetime! Our expert Camp Counselors provide a fun and safe environment for your child to learn and grow with an emphasis on fun. They will climb in our world class indoor Rock Gym (no experience necessary), participate in kid-friendly facilitated games and activities, and build self-esteem and lasting friendships. City Beach will make sure your child can't wait to jump in the car in the morning, and we'll be here to greet them! Activities include: rock climbing, air hockey, basketball, volleyball, facilitated games, foosball, billiards, ping pong, ropes course, crafts, badminton, bocce ball, and more! Healthy snacks and t-shirts provided. All day participants will need to pack a lunch or have the option of purchasing an additional, healthy meal plan through City Beach. There is no after-care. Charges will be assessed by City Beach for late pickups. No class Dec. 24, 25, 31 and Jan 1.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196403	6-15	CB	Nov25,26,27	9:00AM-4:30PM	3	M,Tu,W	\$229
196404	6-15	CB	Nov25,26,27	9:00AM-12:30PM	3	M,Tu,W	\$149

## Sports of all Sorts All Day

Ages 8-12

For more information, call (510) 790-5520

This is the place to be! Sports both indoors and outdoors plus trips to the Animal Shelter, Golf driving range, Aqua Adventure with arts and crafts, movies; board and video games. Bring a lunch (except Friday will have a Barbeque for all). Registrants may also enroll in Central Park Extended Care from 3-6:30 p.m. BAR 196984.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196939	8-12	CPSBC	Nov25,26,27	8:00AM-3:00PM	3	M,Tu,W	\$119

## Sports of all Sorts — Half Day

Ages 8-12

For more information, call (510) 790-5520

We'll play a wide variety of sports including football, soccer, basketball, baseball, softball, lacrosse, street hockey, frisbee golf and more! Dress for play.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196928	8-12	CPSBC	Nov25,26,27	8:00AM-12:00PM	3	M,Tu,W	\$65



# EXTENDED CARE AND FREE LUNCH SUPERVISION

## Central Park

Ages 6-14

## Fremont Community Center

For more information, call (510) 494-4344

If you need a few more hours of care for your child, then this is the program for your family! Our dedicated staff will keep your child engaged in a variety of activities prior to and after the main camp experience they are attending this week in Central Park. Lots of options for your busy schedule: Monday through Wednesday 8:00-9:00 am; 3:00-6:30 p.m.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197602	6-14	FCC	Nov25,26,27	8:00AM-9:00AM	3	M,Tu,W	\$15
197603	6-14	FCC	Nov25,26,27	3:00PM-6:30PM	3	M,Tu,W	\$39

## Extended Care — Art

Ages 6-14

For more information, call (510) 494-4332

These extended care options are for parents who need care for their children from 8:00-9:00 a.m. and/or 4:00-6:30 p.m. for art camps.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197130	6-14	SHP	Nov25,26,27	4:00PM-6:30PM	3	M,Tu,W	\$29
197131	6-10	OHAC	Nov25,26,27	4:30PM-6:30PM	3	M,Tu,W	\$19

## Supervised Lunch — Art

Ages 6-10

For more information, call (510) 494-4322

If you are looking for a safe supervised place for your loved one to have their lunch, between morning and afternoon art camps, sign up for this FREE lunch supervision. Please select the appropriate date and location for your child's camp. Bring a lunch.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
197136	6-10	OHAC	Nov25,26,27	12:00PM-1:30PM	3	M,Tu,W	\$0
197137	6-10	SHP	Nov25,26,27	12:00PM-1:00PM	3	M,Tu,W	\$0

## Supervised Lunch Hour — Irvington

Ages 5-12

For more information, call (510) 791-4334

For children signed up for both Indoor Sports Jam and LEGO® camps. This lunch hour is designed for the children that are combining the two camps and need supervision between 12 p.m. and 1 p.m.. Bring a lunch.

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196400	5-12	IRCC	Nov25,26,27	12:00PM-1:00PM	3	M,Tu,W	\$0

## Extended Care — Irvington Indoor Sports Jam

Ages 5-12

For more information, call (510) 791-4334

This extended care option is designed for those parents who need morning/afternoon care for your child. Morning care is from 8 a.m.-9 a.m., and afternoon care is from 4 p.m.-6 p.m.. If your child is registered for Indoor Sports Jam camps

BAR	AGE	LOC	DATE	TIME	#	DAY	FEE
196394	5-12	IRCC	Nov25,26,27	8:00AM-9:00AM	3	M,Tu,W	\$15
196395	5-12	IRCC	Nov25,26,27	4:00PM-6:00PM	3	M,Tu,W	\$25







## RECREATION COMMISSION

Meets first Wednesday  
of every month at 7 p.m.  
Council Chambers  
3300 Capitol Ave Building A

John Christman, Chair

Larry Thompson, Vice Chair

### Commission Members:

John Herndon  
Frank Pirrone  
Pavan Vedere  
Laura Winter  
Vacant

Community Services Director  
Annabell Holland

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## CITY COUNCIL

Meets first, second, and third  
Tuesday of each month at 7 p.m.  
Additional meeting may be needed,  
and with proper noticing special  
meetings will be held.  
Council Chambers  
3300 Capitol Ave, Building A

Bill Harrison, Mayor

Anu Natarajan, Vice Mayor

### Councilmembers:

Suzanne Lee Chan  
Vinnie Bacon  
Raj Salwan

### City Manager

Fred Diaz

**For City Council agendas,**  
call (510) 284-4060

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## Community Services Department Advisory Bodies

Patterson House Advisory Board  
(510) 494-4451

Youth Advisory Commission  
(510) 494-4344

## CLASS LOCATIONS

### COMMUNITY CENTERS

CCC	Centerville Community Ctr. ....	3355 Country Dr., Fremont 94536	(510) 791-4324
CPGB	Centerville Community Ctr. Playground Bldg. ....	3355 Country Dr., Fremont 94536	(510) 791-4324
FCC	Fremont Community Ctr. ....	40204 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
FRC	Family Resource Ctr. ....	39155 Liberty Ave., Fremont 94538	(510) 574-2000
IRCC	Irvington Community Ctr. (Wally Pond) ....	41885 Blacow Rd., Fremont 94538	(510) 791-4334
LCCC	Los Cerritos Community Ctr. ....	3377 Alder Ave., Fremont 94536	(510) 791-4351
NPC	Niles Program Ctr. ....	470 School St., Fremont 94536	N/A
OHAC	Olive Hyde Art Ctr. ....	123 Washington Blvd., Fremont 94539	(510) 494-4322
TNC	Teen Ctr. ....	39770 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
WSCC	Warm Springs Community Ctr. ....	47300 Fernald St., Fremont 94539	(510) 791-4318
WSPGB	Warm Springs Community Ctr. Playground Bldg. ....	47300 Fernald St., Fremont 94539	(510) 791-4352

### PARKS/FACILITIES AT THE PARKS

AHF	Ardenwood Historical Farm/Patterson House ....	34600 Ardenwood Blvd., Fremont 94555	(510) 791-4196
AAW	Aqua Adventure Waterpark ....	40500 Paseo Padre Parkway, Fremont 94538	(510) 494-4331
CPPP	Central Park Performance Pavilion ....	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
CWEC	Clean Water Education Center (Central Park) ....	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
CPVSC	Central Park Visitor Services Ctr. ....	39770 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
CPSBC	Central Park Softball Complex ....	1110 Stevenson Blvd., Fremont 94538	(510) 790-5520
CPSC	Central Park Soccer Complex ....	1110 Stevenson Blvd., Fremont 94538	(510) 790-5520
CCP	Centerville Community Park ....	3355 Country Dr., Fremont 94536	(510) 791-4324
FPES	Forest Park Elementary School ....	34400 Maybird Circle, Fremont, 94555	(510) 713-0141
FPGPC	Fremont Park Golf and Practice Ctr. ....	39751 Stevenson Pl., Fremont 94539	(510) 790-1919
FSP	Fremont Skate Park. ....	40000 Paseo Padre Parkway	(510) 790-5541
LE	Lake Elizabeth ....	40000 Paseo Padre Parkway, Fremont 94538	(510) 790-5541
IRCP	Irvington Community Park ....	41885 Blacow Rd., Fremont 94538	(510) 791-4334
NGCP	Northgate Community Park. ....	Paseo Padre Parkway & Milton, Fremont 94555	N/A
NP	Nordvik Park ....	Ardenwood Blvd., Fremont 94555	N/A
SHP	Shinn Historic Park & Arboretum ....	1251 Peralta Blvd., Fremont 94536	(510) 790-5541
SPHP	Sylvester P. Harvey Park ....	3850 Grand Lake Dr., Fremont 94555	N/A
TC	Fremont Tennis Ctr. ....	1110 Stevenson Blvd., Fremont 94538	(510) 790-5510
VAHP	Vallejo Adobe Historical Park. ....	36500 Niles Blvd., Fremont 94536	N/A
WSCP	Warm Springs Community Park ....	47300 Fernald St., Fremont 94539	(510) 791-4318

### OTHER LOCATIONS

ASAF	American Swim Academy, Fremont ....	4150 Technology Dr., (off Auto Mall Parkway) Fremont 94538	(510) 657-7946
ASAN	American Swim Academy, Newark. ....	37400 Cedar Blvd., Newark 94560	(510) 794-7946
CB	City Beach ....	4020 Technology Pl., Fremont 94538	(510) 651-2500
CMM	Color Me Mine. ....	37324 Fremont Blvd., Fremont	
CR	Chaparral Ranch. .... (do not GPS) ....	for directions visit <a href="http://www.chaparralcorporation.com">www.chaparralcorporation.com</a>	(925) 321-1759
DGA	Demaray's Gymnastics Academy ....	40511 Albrae St., Fremont 94538	(510) 661-0576
FFTC	Fremont Fire Tactical Training Center ....	7200 Stevenson Blvd, 94539	
FRC	Family Resource Center ....	39155 Liberty Street, Fremont	
LVS	LensVisions Studio ....	37408 Joseph St., Fremont 94536	(510) 599-1259
MAA	Martial Arts America ....	4040 Papazian Way, Fremont 94538	(510) 490-8300
MAM	Melody Academy of Music ....	1972 Driscoll Rd. Suite #5, Fremont 94539	(510) 656-3489
MPF	Mission Peak Fitness ....	3755 Washington Blvd. #102, Fremont 94538	(510) 226-7325
NESFM	Niles Essanay Silent Film Museum. ....	37417 Niles Blvd., Fremont 94536	N/A
NVMH	Niles Veterans Memorial Hall. ....	37154 2nd St., Fremont 94536	N/A
PRDO	Parks & Recreation Department Office. ....	3300 Capitol Ave, Bldg B, Fremont 94538	(510) 494-4300
SC	Suiju's Coffee ....	3602 Thornton Ave., Fremont 94536	(510) 742-8880
SF	SnapFitness ....	43480 Mission Blvd., Ste #160, Fremont 94539	(510) 226-7627
SIF	Sharks Ice of Fremont ....	44388 Old Warm Springs Blvd, Fremont 94538	(510) 623-7200
Tule	Tule Ponds at Tyson Lagoon ....	1999 Walnut Ave., Fremont 94538	N/A

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City of Fremont Community Services  
3300 Capitol Avenue , Building B  
P.O. Box 5006  
Fremont, CA 94537-5006

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# FALL CAMPS

See pages 38-41



**TRICK OR TREAT  
ON SAFETY  
STREET** Pg 3



**TENNIS**  
Pgs 30-33



**TINY TOTS** Pgs 36-37

  
**Fremont**

**REGISTER  
ONLINE  
NOW!**

*Registration information  
on page 43.*



The City of Fremont does not discriminate on the basis of disability. Reasonable auxiliary aids are provided upon request to persons with disabilities to afford equal opportunity to services, programs and activities.

Inquiries may be forwarded to  
PO Box 5006, Fremont, CA 94537  
(510) 494-4862

**REGISTER ONLINE AT [WWW.REGEREC.COM](http://WWW.REGEREC.COM)**